



COSTA RICA

TRIP REPORT

February 22 – March 6, 2010





Sunrise Birding, LLC

In association with Birdseekers

COSTA RICA – Easy!

February 22 – March 6, 2010

TRIP REPORT

Leaders: Gina Nichol & Steve Bird

HIGHLIGHTS: Either for rarity value, an endemic, excellent views or simply a group favorite.

- Resplendent Quetzal
- Scarlet Macaw
- American Pygmy Kingfisher
- Mangrove Hummingbird
- Northern Royal Flycatcher
- Zeledonia
- Great Green Macaw
- Coppery-headed Emerald
- Fiery-throated hummingbird
- Spot-breasted Wren
- Silvery-fronted Tapaculo
- Sungrebe
- Tropical Screech-Owl
- Flame-throated Warbler
- Red-capped Manakin
- Costa Rican Pygmy-Owl
- Silvery-throated Jay
- Northern Tamandua

SUMMARY:

Our tour began at the exquisite Hotel Bougainvillea gardens where we got to grips with some of the more common Costa Rican species. A **Tropical Screech Owl** was a nice find in the bamboo and our first views of **Grayish Saltator**, **Hoffman's Woodpecker**, **Vaux's Swift**, **Blue-crowned Motmot** and two **Ferruginous Pygmy-owls** got us off to a great start. We moved on toward the Pacific coast and stopped off for the **Black-and-white Owls** that frequent a local town park. They did not disappoint, looking down at us (or were they sleeping!) from the large trees in the middle of the square.

Moving on to the dry Guanacaste area the heat was already building. As we worked along a dirt road, we found **Stripe-headed Sparrows**; a very confiding **Turquoise-browed Motmot** perched on a mossy tree, and a pair of **White-lored Gnatcatchers** that showed well on another close tree. A **Lineated Woodpecker** peered at us out of a nest hole and we wondered whether it was on brooding eggs or just escaping the mid-day heat. We then found several flycatchers including **Great-crested**, **Streaked** and **Yellow-bellied**. A **Violaceous Trogon** put on a good show while **Squirrel Cuckoo** was much appreciated and a **Mangrove Cuckoo** was an unexpected find. A **Gray Hawk** was seen flying over and our last bird of the area before departing was **Nutting's Flycatcher**, a specialty of the dry area.

We moved on toward the coast arriving at our hilltop restaurant just in time for lunch. There was no way we were going remain seated with a group of ten **Scarlet**



Costa Rican Pygmy-Owl



Volcano Junco

Macaws flying around. We dashed to see them fly past and then turn around to eventually alight in some tree tops offering good views. A flowering tree next to the dining area held several **Baltimore Orioles** while outside we found a couple of **Western Tanagers** and a few **Steely-vented Hummingbirds** just above the car park. After our lunch we birded the surrounding area and soon found **Yellow-bellied Elaenia**, **Social** and **Gray-capped**, and **Piratic Flycatchers**, **Red-legged Honeycreeper**, **Yellow-throated Euphonias**, and **Brown-crested Flycatcher**. On a grassy hillside, there were **Black-striped Sparrows** and **Yellow-faced Grassquits** and above our heads we had **Rose-breasted Grosbeak** and **White-winged Becard**. A couple of **King Vultures** circled high overhead leaving us wanting better views which we got later in the trip. It began to rain so we moved on to our lovely resort hotel right on the coast. As the sun was setting, we went to a golden sandy beach to look at **Magnificent Frigatebirds**, **Brown Pelicans**, **Spotted Sandpiper**, and an **Osprey** with a fish as well as a few more **Baltimore Orioles** and some **Hoffman's Woodpeckers** working the dead trees nearby. It was dark by the time we headed back to our rooms further delayed by a troop of **White-faced Capuchin** monkeys moving through the trees near the road.



American Pygmy-Kingfisher



Black-capped Flycatcher

The next morning we were out early enjoying fabulous looks at **Scarlet Macaws**. Our prebreakfast birding also yielded **Black-hooded Antshrike**, some **Orange-chinned Parakeets** feeding in the top of a flowering tree, **Crested Guan**, and **Rose-throated Becards** above our heads. We headed back up the hill just below where we had lunch yesterday and had superb views of **King Vultures** flying right over our heads. **Ruby-throated Hummingbirds** whizzed by while some of us were intrigued by a tree covered with small **Cicadas** whose droppings sounded like rain falling. A very handsome **Slaty-tailed Trogon** was perched right out along the road for great views as we made our way back down the hill for lunch.



Northern Royal Flycatcher

After lunch we went on our boat ride of the Tarcole River. On the way to the dock, we stopped by a small pond that held **Boat-billed Heron**, a couple of **Wood Storks**, and **Gray-necked Wood Rail** all showing fairly well. On the boat, we saw several species of heron very well including **Little Blue**, **Bare-throated Tigerheron**, and **Green Heron**, as well as **Roseate Spoonbill**, **White Ibis**, **Amazon Kingfisher**, **Brown Pelican**, **Black-bellied**, **Semi-palmated**, and **Wilson's**

Plover, Willet, Ruddy Turnstone, Western Sandpiper, Osprey, and Mangrove Black Hawks.

We cruised up a small mangrove-lined tributary where we picked up several specialty species including **Mangrove Warbler, Prothonotary Warbler, and American Pygmy Kingfisher.** **Ringed and Green Kingfishers** showed well as we worked our way back to the main river channel. The sun was beginning to set as we cruised up the main channel continuing to add **Boat-billed Heron, Yellow-naped Parrot, Yellow-crowned Night Heron, and Purple Gallinule.** In a shallow area, there were several **Central American Crocodiles** their eyes piercing the water surface and looking quite menacing. A few **Solitary Sandpipers** were seen along the shore and at one point we pulled up to a sandy beach where a **Double-striped Thick-knee** was roosting. On the way back down the river, we saw several **Yellow-headed Caracaras** and **Black-necked Stilts,** and more **Anhingas.** The sky was lit with gorgeous sunset hues as **Lesser Nighthawks** began to appear above our heads flying along the river and hawking insects. The evening was magical as we made our way back to the dock.

The next morning was spent at Carara National Park, an excellent reserve that, if timed right and worked slowly, can offer exceptional birding. Just in from the parking lot were some skulky **Orange-billed Sparrows** and both **Northern Waterthrush** and **Gray-chested Dove** were all seen on the main track. Further on we had great views of **Northern Bentbill** and, with patience, a **Slate-headed Tody-flycatcher.** A **Rufous-and white Wren** showed briefly in a dense tangle. Above our heads, we watched **Blue-throated Goldentails** and **Purple-crowned Fairies** feeding on blossoms in the tree tops. A **Band-tailed Barbthroat** was perched nearby allowing nice views. We also managed varying views of **Dot-winged Antwren, Black-hooded Antshrike, Dusky Antbird** and a very confiding **Chestnut-backed Antbird.** We took a smaller trail into the interior of the forest which yielded **White-whiskered Puffbird** right above our heads, some **White-shouldered Tanagers,** and a **Wedge-billed Woodcreeper.** A pair of **Baird's Trogons** showed well for us creating a distraction from the **Collared Peccaries** that were making their way through the forest not far from us. We came back out on the main trail to find a **Collared Forest Falcon** perched at an odd angle on a large tree trunk. A **Cocoa Woodcreeper** showed briefly and then a pair of **Royal Flycatchers** put on a magnificent show for us right



Crimson-collared Tanager



Fiery-throated Hummingbird



Mangrove Hummingbird

along the trail. A **Violet Sabrewing** posed nicely for us and we also saw **Black-headed Trogons**, **Rufous Piha**, and a stunning little **Golden-crowned Spadebill**. On our return, we watched a few **Carmine Skimmer** dragonflies and marvelled at the variety of unique plants around us. As a finale to the morning, we got fabulous looks at a pair of **Pale-billed Woodpecker** working up some large trunks. Fantastic!

We returned to the hotel for lunch where a band of **White-faced Capuchin** monkeys surveyed the restaurant from the rafters. The band grew larger and more fidgety until finally one of the workers put out a supply of bananas for them drawing them away from the dining room. This also attracted **White-nosed Coatis** and a large **Ctenosaur** and their antics entertained us as we finished our meal. After lunch we went back to Carara and birded the Figure Eight Trail. We started of with a small flock that held several flycatchers, **Rose-throated Becard**, **Yellow-throated Vireo** and **Buff-throated Saltator**. A **Great Tinamou** was seen close to the trail and a **Ruddy Quail-dove** disappeared into the forest floor. We made our way to a small stream to see **Blue-capped Manakins** coming in to bathe. A **Red-capped Manakin** showed very briefly and a **Buff-throated Foliage Gleaner** was seen. As the sun was setting we made our way out to the road where our trusty driver Ramon was waiting for us.

On our last morning at the coast, we visited the mangroves before breakfast and got fabulously close views of the endangered and highly localized endemic **Mangrove Hummingbird** thanks to Susan. We also picked up **Red-lored Parrots**, **Northern Scrub Flycatcher**, and a **Northern-beardless Tyrannulet**. **Steely-vented Hummingbirds** and **Green-breasted Mangos** were feeding in the flowering trees and offered bright views in the morning sun. From here we headed toward the Talamanca Mountains in interior Costa Rica toward the famous Cerro de la Muerte. As we ascended in elevation, we encountered mist, then rain and a stop for lunch at Quetzal Paradise was a welcome respite. Despite the rain, the incredibly close views of up to 40 **Fiery-throated Hummingbirds** around the feeders were mesmerizing. The feeders were just outside the restaurant and they buzzed with this stunning little gem which breeds only in the mountains of Costa Rica and western Panama. Amazing! **Magnificent Hummingbirds** and **Green Violetears** were also vying for position at the feeders and occasionally a tiny **Volcano Hummingbird** (another regional endemic)



Collared Aracari



White-nosed Coatis



Long-tailed Silky-flycatcher

would drift in with its bee-like flight for a quick nectar drink. Through the fog, we got our first views of **Long-tailed Silky Flycatchers** on the tree tops and **Mountain Robin** was also seen. After lunch we ascended into the Valley of the Quetzals stopping at a Miriam's, a favorite spot to check what was in her garden. The fuchsia shrubs were blooming right off her deck and a **Volcano Hummingbird** was taking advantage of it allowing great views. There were **Flame-colored Tanagers** in the trees and **Large-footed** and **Yellow-thighed Finches** foraging on the ground. A **Yellow-bellied Siskin** flew into the fuchsia at the far end of the deck and we had excellent views of **Long-tailed Silky-flycatchers** feeding on some berries in a large tree just down the hill. There were plenty of **Sooty Robins** around and a small flock of very active **Sooty-capped Bush Tanagers**. Later on, we boarded the bus and continued down into the valley. The weather was improving so we decided to walk a bit picking up **Black-capped Flycatcher**, **Tufted Flycatcher**, **Wilson's Warbler**, **Black-throated Green Warbler** and our first **Acorn Woodpeckers**. To our delight, a female **Resplendent Quetzal** was seen and we looked forward to our chance to see the stunning male tomorrow.

On Friday, February 26, before breakfast we went to look for **Resplendent Quetzals** and the perfect weather conditions had us eye to eye with one of the most beautiful birds in the world. Up to four males and two females posed for us at eye level in moss-laden avocado tree eliciting delight and hundreds of camera clicks. This really was as good as it gets!! Triumphant, we returned for breakfast with memories we will cherish forever.

Later in the morning, we took a walk through the gardens of our lovely lodge and found **Long-tailed Silky-flycatchers**, **Acorn Woodpeckers**, and a pair of **Spangle-cheeked Tanagers**. **Wilson's Warblers** were present as were **Brown-capped Vireo** and **Spot-crowned Woodcreeper** and the highlight was superb looks at **Flame-throated Warblers**. A few **Swallow-tailed Kites** were soaring above the horizon as we made our way out to the main road. We walked the road along the Savegre River and found a well camouflaged **Black-capped Flycatcher** nest near the road. There were **Mountain Elaenia**, **Ochraceous Wren**, and a few **Stripe-tailed hummingbirds** around. An **American Dipper** showed well and there were brief views of **Torrent Tyrannulet** and **Louisiana Waterthrush**. We left the main road to continue along the river and found a **Tufted Flycatcher** on a nest dangling over the river. A



White-faced Capuchin



Red-eyed Tree Frog



Flame-colored Tanager

manic flock moved through in front of us that held **Spangle-cheeked Tanagers**, **Ruddy Treerunners**, **Silver-throated Tanager**, **Common Bush Tanager**, **Black-faced Warblers**, **Collared Redstarts**, **Gray-breasted Wood Wren**, and **Yellowish Flycatcher**. It was frenetic birding for several minutes. Phew! We returned for lunch and some time at the hummingbird feeders which attracted **Magnificent Hummingbird**, **Green Violetear**, **White-throated Mountain Gem**, the lovely **Scintillant Hummingbird**, **Volcano Hummingbird** and **Slaty Flowerpiercer**. Our afternoon walk produced good looks at **Ruddy-capped Nightingale Thrush** and **Black Phoebe** and a striking **Emerald Toucanet**. As the sun set, we drove up out of the valley staked out a spot for **Dusky Nightjar**. In a few minutes, a bird flew in and landed on a post! Fantastic!

The next morning most of us went up the hill to the towering oak forest above the lodge. Above our heads, we could hear an owl calling and then Gina spotted a **Costa Rican Pygmy-Owl** perched mid-level above the track. We enjoyed good scope views of the bird and then continued up the trail. At one point, we could hear **Silvery-throated Jays** up in the canopy but try as we may we could not see them. With perseverance and after about 40 minutes, we found the birds and this time everyone got views which included seeing the blue sheen and the silvery-white throat. Moving back down the trail, we then got crippling views of a **Silvery-fronted Tapaculo** as it worked through the undergrowth to appear in the leaf litter just a couple of feet in front of us. Unbelievable! We shared the bird with another group of birders moving down the trail behind us and they were most appreciative. We slowly made our way back to the beginning of the trail once again hearing the **Costa Rican Pygmy Owl**. This time it was perched low and right in the open giving absolutely stunning views and the best Steve have ever seen in 17 Costa Rica tours! After a hundred or more photos, we continued down the hill astonished at our good luck this morning. Birding continued with **Collared Redstarts**, **Yellow-thighed Finches**, **Ruddy-capped Nightingale Thrushes**, a brief **Lineated Foliage-gleaner**, **Ruddy Treerunners**, **Sooty-capped Bush Tanagers**, **Acorn Woodpeckers**, **Spot-crowned Woodcreeper** and a fabulous **Resplendent Quetzal**! Just as we got back to the lodge, it began to rain heavy. It seemed that luck was with us on all counts today!

After lunch we decided to brave the rain and try the high paramo. When we arrived it was a little misty but dry and



Crested Guan



Stripe-tailed Hummingbird



Birding from the bus

surprisingly calm. We soon found a **Volcano Junco** that posed very nicely for us. As we moved down the hill and it began to rain. It did not let up so we drove to another area where we walked the beginning of a trail and saw many **Large-footed Finches**, plus two separate views of the amazing little **Zeledonia**. Fabulous!

The next day, Sunday, February 28, we left Savegre early and headed toward the Caribbean lowlands. On the way up out of the valley, we had **Black Guan** very close to the bus feeding on fuchsia berries. It began to rain heavy and we just managed to pass Braulio Carrillo, before the road was closed due to a landslide. It was still raining so we had to abandon our plan to go into the forest and instead try to get somewhere a little drier. We checked an area alongside a river and by this time the rain was easing. As we entered the area, a **Roadside Hawk** was seen and as we birded along the road, we picked up **Broad-winged Hawk**, **Montezuma Oropendolas**, **Collared Aracaris**, **Gray-rumped Swifts** and a distant **Semiplumbeous Hawk** on top of a tree. In the trees right above us there were several **Olive-backed Euphonias** and a nearby tangle held two **Band-backed Wrens**. We went to lunch at our favorite roadside restaurant and then headed toward our lodge. Stopping again as the rain eased, Ramon spotted 4 **Green Ibis** in a tree. We spent some time looking over a large marsh which had **Great Egrets**, **Little Blue Herons**, **Black-bellied Whistling Ducks** and **Purple Gallinules** and got good looks at **Olive-crowned Yellowthroat** and excellent views of **Nicaraguan Seedfinch**. A **White-throated Crake** encouraged some of us to get our feet wet (up to our knees!) but remained hidden even though it seemed to be within arm's reach. We then drove to entrance road of La Selva Biological Station for the last hour of the afternoon and walked the very quiet road but managed to see both **Montezuma** and **Chestnut-headed Oropendolas** feeding in a flowering tree. There were also **Red-lored Parrots** and **Orange-chinned Parakeets** around as well as a very confiding **Tropical Pewee**.

At 6 AM the next day, we assembled at the lodge feeders and were treated to great views of several species including **Red-throated Ant-tanager**, **Golden-hooded Tanager**, **Collared Aracari**, **Summer Tanager**, **Passerini's Tanager**, **Buff-throated** and **Black-throated Saltator**, and **Black-cheeked Woodpecker**. Not a bad show before breakfast! After breakfast, we set off for a day at La Selva Biological Station. We walked the entrance road and soon found a flock containing a



Doing the list



Arenal Hanging Bridges



Arenal feeders



pair of **Fasciated Antshrikes**, **Long-billed Gnatwren**, **Yellow Tyrannulet**, and **Plain-colored Tanager**. Our guide Roger joined us as we continued on the entrance road and found a nice **Black-throated Trogon**, **Barred Antshrike** and a pair of **Great Antshrikes**. There were **Gray-rumped Swifts** overhead, as well as a few **Lesser Swallow-tailed Swifts** and we spent some time trying to sort them out. A **Short-tailed Hawk** distracted us briefly and **White-fronted Parrot** was seen as well as **Orange-chinned** and **Olive-throated Parakeet**. Several **Green Iguanas** hanging in the trees, **Brown-throated Three-toed Sloth** and **Common Tody Flycatcher**. We entered the reserve proper and walked across bridge over the Sarapiquí River to an open garden and found a tree full of **Olive-backed Euphonias** with a few **White-collared Manakins** mixed in. A **Bronze-tailed/Red-footed Plumeleteer** was seen well in some heliconias and there were **Silver-throated Tanagers** and **Lesser Greenlets** around. We walked into the forest and got close views of **Great Tinamou** as Roger put the scope on two **Crested Owls** roosting in a palm tree. As we headed back a **Black Hawk Eagle** flew over and we picked up **Black-capped** and **Masked Tityras**. A **Rufous Motmot** capped off the morning and then we were treated to a great picnic prepared by Ramon much to the envy of the other reserve visitors!

After lunch we drove to another area of the reserve and birded some open fields. Along the edge of the forest we had good views of **Rufous-winged Woodpeckers** and as we walked a farm road we found **Yellow Tyrannulets**, **Variable Seedeaters** and **Blue-black Grassquits**. We began to notice large kettles of vultures apparently lifting up on thermals and travelling northward. It was an amazing site as literally hundreds of birds were rising in several separate kettles. We worked our way back to the forest and added **Long-tailed tyrant**, **Bright-rumped Attila**, and **Chestnut-mandibled Toucan**. The trail leading through the reserve was quiet except for a **Little Tinamou** that ran across track behind us. Some **Crested Guans** moved through the trees and a **Violaceous Trogon** was seen. As daylight was beginning to fade we arrived at our earlier picnic area and boarded to bus back to our lodge.

A Monday morning spent birding in Costa Rica is far better than work and before breakfast we again gathered at the lodge feeders to enjoy the show. Once again, **Red-throated Ant-tanager**, **Golden-hooded Tanager**, **Summer Tanager**, **Passerini's Tanager** and **Black-cheeked Woodpecker** were seen as well as five **Collared**



Great Curassow



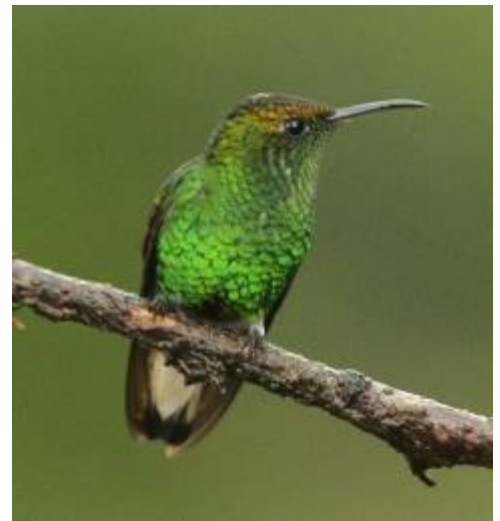
Golden-hooded Tanager



Black-faced Solitaire

Aracaris, and three species of **Saltator**. The landslide was now cleared so we drove to Braullio Carrillo. Our walk in the forest was very quiet with varying views of **White-breasted Wood Wren** and **Bay-headed Tanager** and a noisy flock of **Tawny-crested Tanagers**. We heard both **Nightingale Wren** and **Black-headed Nightingale-thrush** but neither showed. Our next stop was a disused butterfly farm and we were soon watching **Violet-headed Hummingbirds** buzzing around the Vervain and had a brief look at a **Black-crested Coquette** that also came into the purple flowers. Way up in the sky above us were three **King Vultures** and a **Great Black-hawk**. We then checked a river for **Fasciated Tiger-heron** with no luck. We returned to lodge for lunch and then walked the trails through the garden. To our surprise, we found both **Strawberry** and **Green-and-black Poison Dart Frogs** during the day (which saved us a bit of time on a night outing). Around the garden ponds were **Spectacled Caiman** and several birds including a pair of **Rufous-tailed Jacamars**, **White-collared Manakins**, a **Long-tailed Tyrant** and a flock of **Red-throated Ant-tanagers**. Later in the afternoon, we drove to a nearby river where we watched the spectacle of four **Great Green Macaws** flying over head. Amazing! We scoped both **Chestnut-mandibled** and **Keel-billed Toucans** feeding in some distant trees. A **Short-tailed Hawk** flew over and as we scanned the river we found a **Fasciated Tiger-heron** on the river boulders. *Finally!* A **Louisiana Waterthrush** was also seen along the river edge and as we walked back toward the bus, a **Peregrine Falcon** landed on a bare tree across the river. After dinner, some of us were treated to a nice **Red-eyed Tree Frog** sat on a heliconia leaf along a path at the lodge.

The next day, we had an early departure for our boat trip on the Sarapiquí River. We departed the dock in the rain, grateful for the cover on the boat. **Mangrove Swallows** seemed to follow us as we made our way up the river which was swollen from the recent days of rain. Our boat driver was keen and knew exactly what we were after and soon found a superb little **Sungrebe** moving slowly against the shore. The bird showed fantastically for us and now they we had seen our main quarry, we enjoyed other species including **Dusky-faced Tanagers**, **Buff-rumped Warbler**, and several **Green Kingfishers**. There were also a few **Spectacled Caiman** around as well as **Green Basilisks** and several **Green Iguanas** hanging in the trees. Thankfully, our boatman had managed to keep us mostly dry and when we got off the boat, we departed the area toward Arenal. As we drove through an expansive agricultural area we picked up



Copper-headed Emerald



Scarlet Macaws



Northern Tamandua

Red-breasted Blackbirds, Eastern Meadowlarks and Red-winged Blackbirds in the farm fields. At our lunch stop we were greeted by a very tame **Crested Guan** and we had good views of a soaring **White Hawk** and more **Swallow-tailed Kites**. After lunch, we continued on toward Arenal Observatory Lodge turning off the main road to ascend the volcano. Birding along the way, we picked up **Laughing Falcon, Gray Hawk**, and had close looks at some handsome **White-throated Magpie-jays**. A group of **Gray-headed Chachalacas** showed well and an **Olive-green Woodpecker** was seen. We continued up to our lodge at the base of the volcano and soon found ourselves on the veranda overlooking the feeders where we could study **Pale-vented Thrush, Crimson-collared Tanagers and Hepatic Tanagers. Montezuma Oropendolas** were around as well, obviously in charge of the feeders and clearing them when they wanted to feed. The volcano was covered in cloud but obviously active as evidenced by the thundering rumble of falling boulders which continued through the night!

Some of us were up before breakfast the next morning looking at the feeders which held **Blue-gray Tanager, Clay-colored Thrush and Montezuma Oropendola**. Moving on the ground below there was a showy **Buff-rumped Warbler** and a **Southern House Wren**. After breakfast, we walked the gardens and found **White-breasted Wood Wren, Dusky Antbird**, several **Gray-headed Chachalacas**, and **Violet-headed Hummingbird**. A woodland flock held **White-ruffed Manakin, Smoky-brown Woodpecker**, and a very close **Chestnut-sided Warbler**. After lunch, we drove road to an area near Arenal Lake that produced **White-throated Thrush, Gray-crowned Yellowthroat, Slaty Spinetail**, several **Baltimore Orioles**, and a **Purple-crowned Fairy**. There were a few skulkers around that proved difficult but most of us managed varying views of **Black-throated Wren and Bay Wren**.

The next morning we added **Emerald Tanager** to our feeder list and the bird showed well when it finally showed. After breakfast, we drove to Arenal Hanging Bridges. It was raining as we set off on our walk over the 15 suspension bridges. We moved slowly along the trail and were passed by many “hikers” enjoying their rainforest experience at top speed. A birding couple came up behind us with their guide and as we watched for a **Stripe-breasted Wren**, their guide advised them, “It’s a small, brown bird and hard to see so just forget about it!” We were stunned and quite amused with this (feeling bad for the birders!) and a few minutes after they



Resplendent Quetzal



Emerald Tanager

passed, we were treated to fairly decent views of the bird. Birding the trail also yielded **Slaty Antwren**, **Thrush-like Schiffornis**, **Broad-billed Motmot**, **Tawny-faced Gnatwren**, **Mantled Howler Monkeys**, **Spotted Antbird**, **Brown Violetear**, and as we came back out into the open area near the entrance a few **Yellow-faced Grassquits** were seen. After lunch at the lodge, we added several **Swallows** to our list with **Cliff**, **Northern Rough-winged** and **Blue-and-White**. In the afternoon, we went out in the rain again and found **Ringed** and **Amazon Kingfisher**, **Yellow-bellied Flycatcher**, **Mourning Warbler**, and **Tropical Parula**. All the while, the volcano rumbled in the background but unfortunately never showed more than a few lava rocks rolling down below the cloud level.

The next morning at the feeders, the **Emerald Tanager** was back as new birds included **Red-legged Honeycreeper** and **Scarlet-thighed Dacnis**. After breakfast, we birded the gardens and found a pair of Great **Curassows** feeding in the grass at the edge of the forest. A **Northern Tamandua** ran through the garden allowing amazing views and **Keel-billed Toucan** and **Great Antshrike** were seen well.

We departed the lodge stopping new spot just down the hill which overlooked Arenal Lake and offered good views of **Pied-billed Grebes** out swimming and diving in the lake. As we watched the grebes, a **Neotropical Otter** appeared and worked along the entire edge of the lake in our view. In the meantime, Ramon was fending off a too-tame **White-nosed Coati** that would have boarded our bus if allowed. Below us in the marsh, there was an **Olive-crowned Yellowthroat** and to our surprise, nice views of **White-throated Flycatcher**. A **White-throated Crake** was again heard and again remained hidden. Despite that, the birding here was good and we will revisit the area on future trips.

We drove to the town of La Fortuna for lunch and as we finished we found another **Fasciated Tiger-heron** in the river that flowed behind the restaurant. Heading back to San Jose, we stopped at a new butterfly garden and spent some time at their hummingbird gallery which was visited by no less than nine species during our visit. The prize here was the endemic **Coppery-headed Emerald** but we also got up close and personal views of **White-bellied Mountain Gem**, **Purple-throated Mountain Gem**, **Green Hermit**, **Violet-crowned Woodnymph**, and **Violet Sabrewing** which got gasps of delight from the crowd each time it appeared. We continued on and



Rufous-naped Wren



White-collared Manakin



Picnic at La Selva

arrived in San Jose at sunset and enjoyed a lovely last meal together before our impending departure the next day.

It was a pleasure for both of us to lead this tour even after so many trips to Costa Rica where there is always something new and exciting to see. The group was a joy to travel with and we appreciated their enthusiasm and sense of humor and all were rewarded with some amazing views of birds and several remarkable birding experiences. Thank you all for a great trip!

Gina and Steve



Sunrise Birding, LLC
PO Box 274, Cos Cob, CT 06807 USA
+203 453-6724
<http://www.sunrisebirding.com>
gina@sunrisebirding.com



Tarcole River mangroves



Red-throated Ant Tanager



Magnificent and Fiery-throated Hummingbirds



Sunrise Birding, LLC

In association with Birdseekers

COSTA RICA – Easy!

February 22 – March 6, 2010

SPECIES LIST

Leaders: Gina Nichol & Steve Bird

#	SPECIES	Scientific Name	No of days out of 13 recorded	Highest daily count C= Common LC = Locally Common H.= Heard only N/C= No count
1.	Great Tinamou	<i>Tinamus major</i>	2	4
2.	Little Tinamou	<i>Crypturellus soui</i>	1	1
3.	Pied-billed Grebe	<i>Podilymbus podiceps</i>	1	3
4.	Neotropic Cormorant	<i>Phalacrocorax brasilianus</i>	3	LC
5.	Anhinga	<i>Anhinga anhinga</i>	4	6
6.	Brown Pelican	<i>Pelecanus occidentalis</i>	3	300
7.	Magnificent Frigatebird	<i>Fregata magnificens</i>	4	60
8.	Tricolored Heron	<i>Egretta tricolor</i>	1	10
9.	Little Blue Heron	<i>Egretta caerulea</i>	4	10
10.	Snowy Egret	<i>Egretta thula</i>	2	40
11.	Great Blue Heron	<i>Ardea herodias herodias [cinerea]</i>	3	LC
12.	Great Egret	<i>Egretta alba</i>	7	C
13.	Cattle Egret	<i>Bubulcus ibis</i>	11	C
14.	Green Heron	<i>Butorides virescens [striatus]</i>	5	8
15.	Yellow-crowned Night-heron	<i>Nyctanassa violacea</i>	1	6
16.	Boat-billed Heron	<i>Cochlearius cochlearia</i>	1	6
17.	Bare-throated Tiger-heron	<i>Tigrisoma mexicanum</i>	3	3
18.	Fasciated Tiger-heron	<i>Tigrisoma fasciatum</i>	4	1
19.	Wood Stork	<i>Mycteria americana</i>	2	20
20.	White Ibis	<i>Eudocimus albus</i>	2	LC
21.	Green Ibis	<i>Mesembrinibis cayennensis</i>	2	4
22.	Roseate Spoonbill	<i>Ajaia ajaja</i>	2	2
23.	Black-bellied Whistling-duck	<i>Dendrocygna autumnalis</i>	3	8
24.	Muscovy Duck	<i>Cairina moschata</i>	2	3
25.	Blue-winged Teal	<i>Anas discors</i>	1	6
26.	Black Vulture	<i>Coragyps atratus</i>	13	C
27.	Turkey Vulture	<i>Cathartes aura</i>	13	C
28.	King Vulture	<i>Sarcoramphus papa</i>	3	6
29.	Gray-headed Kite	<i>Leptodon cayanensis</i>	1	1
30.	American Swallow-tailed Kite	<i>Elanoides forficatus</i>	6	7
31.	White-tailed Kite	<i>Elanus leucurus [caeruleus]</i>	1	2
32.	Bay-winged (Harris's) Hawk	<i>Parabuteo unicinctus</i>	1	2
33.	Semiplumbeous Hawk	<i>Leucopternis semiplumbea</i>	4	1
34.	Common Black-hawk	<i>Buteogallus anthracinus</i>	1	3
35.	Mangrove Black-hawk	<i>Buteogallus subtilis [anthracinus]</i>	2	LC
36.	Great Black-hawk	<i>Buteogallus urubitinga</i>	1	1
37.	Gray Hawk	<i>Asturina plagiata [nitida]</i>	8	2
38.	Roadside Hawk	<i>Buteo magnirostris</i>	4	NC
39.	Broad-winged Hawk	<i>Buteo platypterus</i>	5	2
40.	Short-tailed Hawk	<i>Buteo brachyurus</i>	2	2
41.	Red-tailed Hawk	<i>Buteo jamaicensis</i>	1	1

42.	Black Hawk-eagle	<i>Spizaetus tyrannus</i>	1	1
43.	Osprey	<i>Pandion haliaetus</i>	4	2
44.	Crested Caracara	<i>Polyborus plancus</i>	6	2
45.	Yellow-headed Caracara	<i>Milvago chimachima</i>	4	8
46.	Laughing Falcon	<i>Herpetotheres cachinnans</i>	1	1
47.	Collared Forest-falcon	<i>Micrastur semitorquatus</i>	1	1
48.	Bat Falcon	<i>Falco rufigularis</i>	1	1
49.	Peregrine Falcon	<i>Falco peregrinus</i>	2	1
50.	Gray-headed Chachalaca	<i>Ortalis cinereiceps [garrula]</i>	4	6
51.	Crested Guan	<i>Penelope purpurascens</i>	7	3
52.	Black Guan	<i>Chamaepetes unicolor</i>	2	1
53.	Great Curassow	<i>Crax rubra</i>	2	2
54.	White-throated Crake	<i>Laterallus albigularis albigularis</i>	3	H
55.	Gray-necked Wood-rail	<i>Aramides cajanea</i>	2	1
56.	Purple Gallinule	<i>Porphyrio martinicus</i>	3	1
57.	Sungrebe	<i>Heliornis fulica</i>	1	1
58.	Northern Jacana	<i>Jacana spinosa</i>	4	50
59.	Black-necked Stilt	<i>Himantopus mexicanus [himantopus]</i>	1	30
60.	Double-striped Thick-knee	<i>Burhinus bistriatus</i>	1	1
61.	Southern Lapwing	<i>Vanellus chilensis</i>	1	3
62.	Black-bellied Plover	<i>Pluvialis squatarola</i>	1	2
63.	Semipalmated Plover	<i>Charadrius semipalmatus [hiaticula]</i>	1	10
64.	Wilson's Plover	<i>Charadrius wilsonia</i>	1	2
65.	Hudsonian Whimbrel	<i>Numenius phaeopus hudsonicus</i>	2	3
66.	Solitary Sandpiper	<i>Tringa solitaria</i>	2	1
67.	Spotted Sandpiper	<i>Actitis macularia</i>	7	20
68.	Willet	<i>Catoptrophorus semipalmatus</i>	1	2
69.	Ruddy Turnstone	<i>Arenaria interpres</i>	2	12
70.	Western Sandpiper	<i>Calidris mauri</i>	1	1
71.	Laughing Gull	<i>Larus atricilla</i>	1	20
72.	Royal Tern	<i>Sterna maxima</i>	2	LC
73.	Feral Pigeon	<i>Columba livia 'feral'</i>	1	NC
74.	Band-tailed Pigeon	<i>Columba fasciata</i>	2	10
75.	Pale-vented Pigeon	<i>Columba cayennensis</i>	5	NC
76.	Red-billed Pigeon	<i>Columba flavirostris</i>	5	NC
77.	Ruddy Pigeon	<i>Columba subvinacea</i>	1	1
78.	Short-billed Pigeon	<i>Columba nigrirostris</i>	3	4
79.	White-winged Dove	<i>Zenaida asiatica</i>	4	NC
80.	Inca Dove	<i>Columbina inca [squammata]</i>	4	4
81.	Ruddy Ground-dove	<i>Columbina talpacoti</i>	8	4
82.	White-tipped Dove	<i>Leptotila verreauxi</i>	8	4
83.	Gray-chested Dove	<i>Leptotila cassini</i>	2	2
84.	Ruddy Quail-dove	<i>Geotrygon montana</i>	1	1
85.	Great Green Macaw	<i>Ara ambigua [militaris]</i>	1	4
86.	Scarlet Macaw	<i>Ara macao</i>	4	20
87.	Crimson-fronted Parakeet	<i>Aratinga finschi</i>	1	30
88.	Olive-throated Parakeet	<i>Aratinga nana</i>	1	2
89.	Orange-fronted Parakeet	<i>Aratinga canicularis</i>	1	20
90.	Orange-chinned Parakeet	<i>Brotogeris jugularis</i>	6	NC
91.	White-crowned Parrot	<i>Pionus senilis</i>	4	4
92.	Red-lored Parrot	<i>Amazona autumnalis</i>	7	4
93.	Yellow-naped Parrot	<i>Amazona auropalliata [ochrocephala]</i>	1	4
94.	Mangrove Cuckoo	<i>Coccyzus minor</i>	1	1
95.	Squirrel Cuckoo	<i>Piaya cayana</i>	3	1
96.	Groove-billed Ani	<i>Crotophaga sulcirostris</i>	11	10
97.	Tropical Screech-owl	<i>Otus choliba</i>	1	1

98.	Black-and-white Owl	<i>Strix nigrolineata [huhula]</i>	1	1
99.	Crested Owl	<i>Lophostrix cristata</i>	1	2
100	Costa Rican Pygmy-owl	<i>Glaucidium costaricansis</i>	1	1
101	Ferruginous Pygmy-owl	<i>Glaucidium brasilianum</i>	1	2
102	Lesser Nighthawk	<i>Chordeiles acutipennis</i>	1	60
103	White-collared Swift	<i>Streptoprocne zonoris</i>	3	100
104	Costa Rican Swift	<i>Chaetura spinicauda</i>	2	NC
105	Gray-rumped Swift	<i>Chaetura cinereiventris [phaeopygos]</i>	4	10
106	Vaux's Swift	<i>Chaetura vauxi [richmondi]</i>	1	20
107	Lesser Swallow-tailed Swift	<i>Panyptila cayennensis</i>	1	1
108	Band-tailed Barbthroat	<i>Threnetes ruckeri [leucurus]</i>	1	1
109	Green Hermit	<i>Phaethornis guy</i>	3	2
110	Western Long-tailed Hermit	<i>Phaethornis superciliosus</i>	2	1
111	Striped-throated Hermit	<i>Phaethornis longuemareus</i>	3	1
112	Scaly-breasted Hummingbird	<i>Phaeochroa cuvierii</i>	4	2
113	Violet Sabrewing	<i>Campylopterus hemileucurus</i>	3	2
114	White-necked Jacobin	<i>Florisuga mellivora</i>	1	2
115	Brown Violet-ear	<i>Colibri delphinae</i>	1	1
116	Green Violet-ear	<i>Colibri thalassinus</i>	4	10
117	Green-breasted Mango	<i>Anthracothorax prevostii</i>	2	1
118	Violet-headed Hummingbird	<i>Klais guimeti</i>	5	6
119	Black-crested Coquette	<i>Lophornis helenae</i>	1	1
120	Violet-crowned Woodnymph	<i>Thalurania colombica [furcata]</i>	1	1
121	Fiery-throated Hummingbird	<i>Panterpe insignis</i>	2	40
122	Blue-throated Goldentail	<i>Hylocharis eliciae</i>	2	1
123	Mangrove Hummingbird E	<i>Amazilia boucardi</i>	1	1
124	Steely-vented Hummingbird	<i>Amazilia saucerrottei</i>	2	1
125	Rufous-tailed Hummingbird	<i>Amazilia tzacatl</i>	12	NC
126	Stripe-tailed Hummingbird	<i>Eupherusa eximia</i>	1	LC
127	Coppery-headed Emerald E	<i>Elvira cupreiceps</i>	1	10
128	Red-footed Plumeleteer	<i>Chalybura urochrysis melanorrhhoa</i>	1	1
129	White-bellied Mountain-gem	<i>Lampornis hemileucus</i>	1	1
130	White-throated Mountain-gem	<i>Lampornis cinereicauda</i>	4	2
131	Purple-throated Mountain-gem	<i>Lampornis calolaema [castaneiventris]</i>	1	3
132	Green-crowned Brilliant	<i>Heliodoxa jacula</i>	1	4
133	Magnificent Hummingbird	<i>Eugenes fulgens</i>	4	20
134	Purple-crowned Fairy	<i>Heliothryx barroti [aurita]</i>	3	2
135	Ruby-throated Hummingbird	<i>Archilochus colubris</i>	2	1
136	Volcano Hummingbird	<i>Selasphorus flammula torridus</i>	4	3
137	Scintillant Hummingbird	<i>Selasphorus scintilla</i>	4	3
138	Resplendent Quetzal	<i>Pharomachrus mocinno</i>	3	10
139	Slaty-tailed Trogon	<i>Trogon massena</i>	2	1
140	Baird's Trogon	<i>Trogon bairdii [viridis]</i>	1	2
141	Black-headed Trogon	<i>Trogon melanocephalus</i>	1	1
142	Black-throated Trogon	<i>Trogon rufus</i>	2	1
143	Violaceous Trogon	<i>Trogon violaceus</i>	3	1
144	Ringed Kingfisher	<i>Ceryle torquata</i>	4	3
145	Amazon Kingfisher	<i>Chloroceryle amazona</i>	6	1
146	Green Kingfisher	<i>Chloroceryle americana</i>	3	3
147	American Pygmy Kingfisher	<i>Chloroceryle aenea</i>	2	1
148	Broad-billed Motmot	<i>Electron platyrhynchum</i>	2	2
149	Turquoise-browed Motmot	<i>Eumomota superciliosa</i>	3	2
150	Rufous Motmot	<i>Baryphthengus martii [ruficapillus]</i>	1	1
151	Blue-crowned Motmot	<i>Momotus momota</i>	2	2
152	Rufous-tailed Jacamar	<i>Galbula ruficauda</i>	1	2
153	White-whiskered Puffbird	<i>Malacoptila panamensis</i>	1	1

154	Emerald Toucanet	<i>Aulacorhynchus prasinus</i>	2	1
155	Collared Aracari	<i>Pteroglossus torquatus</i>	3	6
156	Keel-billed Toucan	<i>Ramphastos sulfuratus</i>	4	2
157	Chestnut-mandibled Toucan	<i>Ramphastos swainsonii [ambiguus]</i>	9	3
158	Acorn Woodpecker	<i>Melanerpes formicivorus</i>	3	3
159	Black-cheeked Woodpecker	<i>Melanerpes pucherani</i>	7	2
160	Hoffmanns' Woodpecker	<i>Melanerpes hoffmannii [aurifrons]</i>	4	6
161	Hairy Woodpecker	<i>Picoides villosus</i>	1	H
162	Smoky-brown Woodpecker	<i>Veniliornis fumigatus</i>	1	1
163	Rufous-winged Woodpecker	<i>Piculus simplex</i>	2	2
164	Golden-olive Woodpecker	<i>Piculus rubiginosus</i>	1	1
165	Lineated Woodpecker	<i>Dryocopus lineatus</i>	2	1
166	Pale-billed Woodpecker	<i>Campephilus guatemalensis</i>	1	1
167	Tawny-winged Woodcreeper	<i>Dendrocincla anabatina</i>	1	1
168	Wedge-billed Woodcreeper	<i>Glyphorhynchus spirurus</i>	2	1
169	Cocoa Woodcreeper (Buff-throated)	<i>Xiphorhynchus susurrans</i>	3	1
170	Streak-headed Woodcreeper	<i>Lepidocolaptes souleyetii</i>	6	1
171	Spot-crowned Woodcreeper	<i>Lepidocolaptes affinis</i>	2	1
172	Ruddy Treerunner	<i>Margarornis rubiginosus</i>	2	4
173	Lineated Foliage-gleaner	<i>Syndactyla subalaris</i>	1	1
174	Buff-throated Foliage-gleaner	<i>Automolus ochrolaemus</i>	1	1
175	Plain Xenops	<i>Xenops minutus</i>	3	1
176	Fasciated Antshrike	<i>Cymbilaimus lineatus</i>	1	3
177	Great Antshrike	<i>Taraba major</i>	2	2
178	Barred Antshrike	<i>Thamnophilus doliatus</i>	1	1
179	Black-hooded Antshrike	<i>Thamnophilus bridgesi</i>	2	4
180	Slaty Antwren	<i>Myrmotherula schisticolor</i>	1	1
181	Dot-winged Antwren	<i>Microrhoptias quixensis</i>	1	6
182	Dusky Antbird	<i>Cercomacra tyrannina</i>	2	2
183	Chestnut-backed Antbird	<i>Myrmeciza exsul</i>	1	5
184	Spotted Antbird	<i>Hylophylax naevioides</i>	1	5
185	Fulvous-bellied Antpitta	<i>Hylopezus dives [fulviventris]</i>	2	H
186	Silvery-fronted Tapaculo	<i>Scytalopus argentifrons</i>	1	1
187	Rufous Piha	<i>Lipaugus unirufus</i>	1	1
188	Red-capped Manakin	<i>Pipra mentalis</i>	1	2
189	Blue-crowned Manakin	<i>Pipra coronata</i>	1	3
190	Long-tailed Manakin	<i>Chiroxiphia linearis [pareola]</i>	1	H
191	White-ruffed Manakin	<i>Corapipo altera [leucorrhoea]</i>	1	1
192	White-collared Manakin	<i>Manacus candei [manacus]</i>	2	3
193	Ochre-bellied Flycatcher	<i>Mionectes oleagineus</i>	2	1
194	Slate-headed Tody-Tyrant	<i>Todirostrum sylvia</i>	2	1
195	Common Tody-flycatcher	<i>Todirostrum cinereum</i>	5	2
196	Paltry Tyrannulet	<i>Zimmerius vilissimus</i>	3	1
197	Northern Beardless-tyrannulet	<i>Camptostoma imberbe</i>	1	1
198	Yellow Tyrannulet	<i>Capsiempis flaveola</i>	1	3
199	Northern Scrub-flycatcher	<i>Sublegatus arenarum [modestus]</i>	1	1
200	Yellow-bellied Elaenia	<i>Elaenia flavogaster</i>	2	2
201	Mountain Elaenia	<i>Elaenia frantzii</i>	2	1
202	Torrent Tyrannulet	<i>Serpophaga cinerea</i>	1	1
203	Scale-crested Pygmy-tyrant	<i>Lophotriccus pileatus</i>	2	1
204	Northern Bentbill	<i>Oncostoma cinereigulare</i>	1	1
205	Yellow-olive Flycatcher	<i>Tolmomyias sulphurescens</i>	1	1
206	Golden-crowned Spadebill	<i>Platyrinchus coronatus</i>	1	1
207	Northern Royal-flycatcher	<i>Onychorhynchus coronatus mexicanus</i>	1	3
208	Ruddy-tailed Flycatcher	<i>Myiobius erythrurus</i>	1	1

209	Tufted Flycatcher	<i>Mitrephanes phaeocercus</i>	2	1
210	Tropical Pewee	<i>Contopus cinereus</i>	1	1
211	Yellow-bellied Flycatcher	<i>Empidonax flaviventris</i>	3	1
212	White-throated Flycatcher	<i>Empidonax albicularis</i>	2	1
213	Yellowish Flycatcher	<i>Empidonax flavescens [difficilis]</i>	2	3
214	Black-capped Flycatcher	<i>Empidonax atriceps</i>	2	1
215	Black Phoebe	<i>Sayornis nigricans</i>	3	1
216	Long-tailed Tyrant	<i>Colonia colonus</i>	2	2
217	Bright-rumped Attila	<i>Attila spadiceus</i>	2	2
218	Dusky-capped Flycatcher	<i>Myiarchus tuberculifer</i>	4	1
219	Nutting's Flycatcher	<i>Myiarchus nuttingi</i>	1	1
220	Great Crested Flycatcher	<i>Myiarchus crinitus</i>	2	1
221	Brown-crested Flycatcher	<i>Myiarchus tyrannulus</i>	1	1
222	Tropical Kingbird	<i>Tyrannus melancholicus</i>	12	C
223	Boat-billed Flycatcher	<i>Megarynchus pitangua</i>	3	1
224	Streaked Flycatcher	<i>Myiodynastes maculatus</i>	3	3
225	Social Flycatcher	<i>Myiozetetes similis</i>	7	NC
226	Gray-capped Flycatcher	<i>Myiozetetes granadensis</i>	5	NC
227	Piratic Flycatcher	<i>Legatus leucophaeus</i>	1	1
228	Great Kiskadee	<i>Pitangus sulphuratus</i>	11	NC
229	Thrushlike Schiffornis	<i>Schiffornis turdinus</i>	1	1
230	Barred Becard	<i>Pachyramphus versicolor</i>	1	1
231	Cinnamon Becard	<i>Pachyramphus cinnamomeus [castaneus]</i>	1	1
232	White-winged Becard	<i>Pachyramphus polychopterus</i>	1	1
233	Rose-throated Becard	<i>Pachyramphus aglaiae</i>	3	4
234	Masked Tityra	<i>Tityra semifasciata</i>	5	5
235	Black-crowned Tityra	<i>Tityra inquisitor</i>	1	2
236	Mangrove Swallow	<i>Tachycineta albilinea</i>	4	30
237	Gray-breasted Martin	<i>Progne chalybea [subis]</i>	1	1
238	Blue-and-white Swallow	<i>Notiochelidon cyanoleuca</i>	9	NC
239	Northern Rough-winged Swallow	<i>Stelgidopteryx serripennis</i>	1	2
240	Southern Rough-winged Swallow	<i>Stelgidopteryx ruficollis</i>	6	NC
241	Barn Swallow	<i>Hirundo rustica</i>	1	60
242	Cliff Swallow	<i>Hirundo pyrrhonota</i>	1	6
243	Long-tailed Silky-flycatcher	<i>Ptilogonys caudatus</i>	4	10
244	American Dipper	<i>Cinclus mexicanus</i>	2	2
245	Rufous-naped Wren	<i>Campylorhynchus rufinucha</i>	3	8
246	Band-backed Wren	<i>Campylorhynchus zonatus</i>	4	2
247	Black-throated Wren	<i>Thryothorus atrogularis</i>	2	1
248	Riverside Wren	<i>Thryothorus semibadius [nigricapillus]</i>	1	1
249	Bay Wren	<i>Thryothorus nigricapillus</i>	1	1
250	Stripe-breasted Wren	<i>Thryothorus thoracicus</i>	2	1
251	Rufous-and-white Wren	<i>Thryothorus rufalbus</i>	2	2
252	Southern House Wren	<i>Troglodytes aedon musculus</i>	6	NC
253	Ochraceous Wren	<i>Troglodytes ochraceus [solstitialis]</i>	2	2
254	White-breasted Wood-wren	<i>Henicorhina leucosticta</i>	3	1
255	Gray-breasted Wood-wren	<i>Henicorhina leucophrys</i>	2	2
256	Northern Nightingale Wren	<i>Microcerculus philomela</i>	2	H
257	Whistling Wren	<i>Microcerculus marginatus luscini</i>	1	H
258	Black-faced Solitaire	<i>Myadestes melanops [ralloides]</i>	2	3
259	Black-billed Nightingale-thrush	<i>Catharus gracilirostris</i>	1	4
260	Ruddy-capped Nightingale-thrush	<i>Catharus frantzii</i>	2	6
261	Black-headed Nightingale-thrush	<i>Catharus mexicanus</i>	1	H
262	Wood Thrush	<i>Catharus mustelinus</i>	2	1
263	Sooty Thrush	<i>Turdus nigrescens</i>	3	10
264	Mountain Thrush	<i>Turdus plebejus [ignobilis]</i>	3	2

265	Pale-vented Thrush	<i>Turdus obsoletus [fumigatus]</i>	1	1
266	Clay-colored Thrush	<i>Turdus grayi</i>	13	NC
267	White-throated Thrush	<i>Turdus assimilis [albicollis]</i>	1	1
268	Tawny-faced Gnatwren	<i>Microbates cinereiventris</i>	1	1
269	Long-billed Gnatwren	<i>Ramphocaenus melanurus</i>	1	1
270	White-lored Gnatcatcher	<i>Polioptila albiloris</i>	1	2
271	Tropical Gnatcatcher	<i>Polioptila plumbea</i>	2	2
272	Silvery-throated Jay	<i>Cyanolyca argentigula</i>	1	5
273	Brown Jay	<i>Psilorhinus morio</i>	4	12
274	White-throated Magpie-jay	<i>Calocitta formosa</i>	1	3
275	Rufous-browed Peppershrike	<i>Cyclarhis gujanensis</i>	2	H
276	Yellow-throated Vireo	<i>Vireo flavifrons</i>	1	1
277	Philadelphia Vireo	<i>Vireo philadelphicus</i>	2	1
278	Tawny-crowned Greenlet	<i>Hylophilus ochraceiceps</i>	1	1
279	Lesser Greenlet	<i>Hylophilus decurtatus</i>	2	2
280	Yellow-bellied Siskin	<i>Carduelis xanthogastra</i>	2	1
281	Golden-winged Warbler	<i>Vermivora chrysoptera</i>	1	1
282	Tennessee Warbler	<i>Vermivora peregrina</i>	7	3
283	Tropical Parula	<i>Parula pitiayumi [americana]</i>	3	3
284	Flame-throated Warbler	<i>Parula gutturalis</i>	2	4
285	Yellow Warbler	<i>Dendroica petechia</i>	5	NC
286	Mangrove Warbler	<i>Dendroica petechia erithachorides</i>	1	3
287	Chestnut-sided Warbler	<i>Dendroica pensylvanica</i>	10	4
288	Black-throated Green Warbler	<i>Dendroica virens</i>	2	1
289	Black-and-white Warbler	<i>Mniotilta varia</i>	3	1
290	American Redstart	<i>Setophaga ruticilla</i>	1	H
291	Prothonotary Warbler	<i>Protonotaria citrea</i>	1	2
292	Northern Waterthrush	<i>Seiurus noveboracensis</i>	5	1
293	Louisiana Waterthrush	<i>Seiurus motacilla</i>	1	1
294	Mourning Warbler	<i>Oporornis philadelphia</i>	1	1
295	Olive-crowned Yellowthroat	<i>Geothlypis semiflava</i>	2	1
296	Gray-crowned Yellowthroat	<i>Geothlypis poliocephala</i>	1	1
297	Wilson's Warbler	<i>Wilsonia pusilla</i>	6	4
298	Collared Redstart	<i>Myioborus torquatus</i>	3	4
299	Rufous-capped Warbler	<i>Basileuterus rufifrons delatirii</i>	1	2
300	Black-cheeked Warbler	<i>Basileuterus melanogenys</i>	1	2
301	Buff-rumped Warbler	<i>Basileuterus fulvicauda [rivularis]</i>	5	2
302	Zeledonia	<i>Zeledonia coronata</i>	1	1
303	Bananaquit	<i>Coereba flaveola</i>	5	1
304	Common Bush-tanager	<i>Chlorospingus ophthalmicus</i>	1	LC
305	Sooty-capped Bush-tanager	<i>Chlorospingus pileatus</i>	3	6
306	Dusky-faced Tanager	<i>Mitrospingus cassinii</i>	1	6
307	Olive Tanager	<i>Chlorothraupis carmioli [olivacea]</i>	1	8
308	Gray-headed Tanager	<i>Eucometis penicillata</i>	1	2
309	White-shouldered Tanager	<i>Tachyphonus luctuosus</i>	1	6
310	Tawny-crested Tanager	<i>Tachyphonus delatirii</i>	1	4
311	White-lined Tanager	<i>Tachyphonus rufus</i>	1	2
312	Red-throated Ant-tanager	<i>Habia fuscicauda</i>	3	4
313	Flame-colored Tanager	<i>Piranga bidentata</i>	3	4
314	Hepatic Tanager	<i>Piranga flava</i>	2	2
315	Summer Tanager	<i>Piranga rubra</i>	6	1
316	Western Tanager	<i>Piranga ludoviciana</i>	2	3
317	Crimson-collared Tanager	<i>Ramphocelus sanguinolentus</i>	5	2
318	Passerini's Tanager	<i>Ramphocelus passerinii</i>	7	NC
319	Blue-gray Tanager	<i>Thraupis episcopus [sayaca]</i>	10	C
320	Palm Tanager	<i>Thraupis palmarum</i>	8	2

321	Yellow-throated Euphonia	<i>Euphonia hirundinacea</i>	1	3
322	Olive-backed Euphonia	<i>Euphonia gouldi</i>	3	10
323	Plain-colored Tanager	<i>Tangara inornata</i>	1	2
324	Emerald Tanager	<i>Tangara florida</i>	2	1
325	Silver-throated Tanager	<i>Tangara icterocephala</i>	3	2
326	Bay-headed Tanager	<i>Tangara gyrola</i>	3	2
327	Rufous-winged Tanager	<i>Tangara lavinia</i>	1	2
328	Golden-hooded Tanager	<i>Tangara larvata [nigrocincta]</i>	4	NC
329	Spangle-cheeked Tanager	<i>Tangara dowii</i>	1	4
330	Scarlet-thighed Dacnis	<i>Dacnis venusta</i>	1	1
331	Blue Dacnis	<i>Dacnis cayana</i>	1	2
332	Green Honeycreeper	<i>Chlorophanes spiza</i>	6	NC
333	Red-legged Honeycreeper	<i>Cyanerpes cyaneus</i>	9	2
334	Rufous-collared Sparrow	<i>Zonotrichia capensis</i>	7	NC
335	Volcano Junco	<i>Junco vulcani</i>	1	1
336	Stripe-headed Sparrow	<i>Aimophila ruficauda</i>	1	3
337	White-eared Ground-sparrow	<i>Melospiza leucotis</i>	1	1
338	Orange-billed Sparrow	<i>Arremon aurantirostris</i>	1	2
339	Black-striped Sparrow	<i>Arremonops conirostris</i>	4	8
340	Large-footed Finch	<i>Pezopetes capitalis</i>	2	1
341	Yellow-thighed Finch	<i>Pselliophorus tibialis</i>	4	LC
342	Blue-black Grassquit	<i>Volatinia jacarina</i>	6	2
343	Variable Seedeater	<i>Sporophila americana</i>	7	NC
344	White-collared Seedeater	<i>Sporophila torqueola moreletii</i>	1	1
345	Nicaraguan Seed-finch	<i>Oryzoborus nuttingi</i>	1	4
346	Yellow-faced Grassquit	<i>Tiaris olivacea</i>	6	1
347	Slaty Flower-piercer	<i>Diglossa plumbea [baritula]</i>	3	1
348	Rose-breasted Grosbeak	<i>Pheucticus ludovicianus</i>	2	1
349	Black-faced Grosbeak	<i>Caryothraustes poliogaster [canadensis]</i>	1	5
350	Black-headed Saltator	<i>Saltator atriceps</i>	2	1
351	Buff-throated Saltator	<i>Saltator maximus</i>	7	4
352	Grayish Saltator	<i>Saltator coerulescens</i>	3	1
353	Blue-black Grosbeak	<i>Cyanocompsa cyanooides</i>	1	1
354	Chestnut-headed Oropendola	<i>Psarocolius wagleri</i>	1	10
355	Montezuma Oropendola	<i>Gymnostinops montezuma</i>	8	NC
356	Scarlet-rumped Cacique	<i>Cacicus uropygialis</i>	1	2
357	Baltimore Oriole	<i>Icterus galbula</i>	9	NC
358	Black-cowled Oriole	<i>Icterus dominicensis</i>	4	2
359	Red-winged Blackbird	<i>Agelaius phoeniceus</i>	1	10
360	Red-breasted Blackbird	<i>Leistes militaris</i>	1	1
361	Eastern Meadowlark	<i>Sturnella magna</i>	1	6
362	Melodious Blackbird	<i>Dives dives</i>	2	2
363	Great-tailed Grackle	<i>Quiscalus mexicanus</i>	9	C
364	Bronzed Cowbird	<i>Molothrus aeneus</i>	4	NC

MAMMALS	Scientific Name		
Neotropic Otter	<i>Lutra longicaudis</i>	1	1
Northern Tamandua	<i>Tamandua mexicana</i>	1	1
White-nosed Coati	<i>Nasua narica</i>	7	30
Variiegated Squirrel	<i>Sciurus variegatoides</i>	5	NC
Red-tailed Squirrel	<i>Sciurus granatensis</i>	2	NC
Mountain Squirrel	<i>Syntheosciurus brochus</i>	3	1
Tayra	<i>Eira barbara</i>	1	1
Central American Agouti	<i>Dasyprocta punctata</i>	1	2
Northern Raccoon	<i>Procyon lotor</i>	1	1

Collared Peccary	<i>Tayassu tajacu</i>	2	2
Brown-throated Three-toed Sloth	<i>Bradypus variegates</i>	1	1
Mantled Howler Monkey	<i>Alouatta palliata</i>	6	4
White-faced Capuchin	<i>Cebus capucinus</i>	3	30
Dice's Cottontail	<i>Sylvilagus dicei</i>	1	2

REPTILES/AMPHIBIANS	Scientific Name		
Ctenosaur	<i>Ctenosaura similis</i>	3	NC
Green Iguana	<i>Iguana iguana</i>	7	C
Basilisk (pacific)	<i>Basiliscus basiliscus</i>	4	NC
Brown Forest Skink	<i>Sphenomorphus cherriei</i>	1	1
Tropical House Gecko	<i>Hemidactylus frenatus</i>	3	LC
Red-eyed Tree Frog	<i>Agalychnis callidryas</i>	1	1
Green and Black Poison-dart Frog	<i>Colostethus nubicola</i>	1	2
Strawberry Poison-dart Frog	<i>Dendrobates pumilio</i>	2	4
Central American Crocodile	<i>Crocodylus acutus</i>	3	5
Spectacled Caiman	<i>Caiman crocodylus</i>	2	2
Harlequin Frog	?	2	1

OTHER SPECIES	Scientific Name
Katydid	<i>Tettigoniidae sp</i>
Monarch	<i>Danaus plexippus</i>
Blue Morpho	<i>Morpho peleides</i>
Owl Butterfly	<i>Caligo eurilochus sulanus</i>
Leaf-cutter Ant	<i>Atta cephalotes</i>
Helicopter Damselfly	<i>Megaloprepus sp</i>
Carmine Skimmer	



Sunrise Birding, LLC

PO Box 274, Cos Cob, CT 06807 USA

+203 453-6724

<http://www.sunrisebirding.com>

gina@sunrisebirding.com