



Sunrise Birding LLC

PANAMA

Trip Report October 24 – November 6, 2023



Photos: Violet-capped Hummingbird (Gina); Rosy Thrush-Tanager (Steve); Spectacled Owl (Gina); Group on top of Canopy Tower (Gina); dinner at the Canopy Lodge in El Valle

Panama - 2023

24rd Oct – 06th Nov 2023

HIGHLIGHTS

Either for rarity value, excellent views or simply a group favourite.

- Rosy Thrush Tanager
- Rufous-vented Ground Cuckoo
- Blue Cotinga
- American Pygmy Kingfisher
- Great Jacamar
- Pair of Tropical Screech-Owls
- Streak-chested Antpitta
- Purple-throated Fruitcrow
- White-tipped Sicklebill
- Song Wren
- Green Shrike-Vireo
- Black-chested Jay
- Rufous-winged Tanager
- Cinnamon Woodpecker
- Checker-throated Stipplethroat
- Black-and-white Owl
- Dana's balcony birding !!!
- Black-crowned Antpitta
- Rufous Motmot
- White-necked Puffbirds
- Panama Flycatcher
- All 3 Species of Honeycreeper
- 20 Species of Typical Antbirds
- 42 Species of Tyrant Flycatcher
- All 5 Species of Manakin
- All 5 Species of Toucan
- All 5 Species of Motmot
- All 6 Species of Trogon
- Spectacled Owl
- White Hawk
- Crane Hawk
- Double-toothed Kite
- Black Hawk Eagle
- Ornate Hawk Eagle
- Black Vultures (3 million +)
- Turkey Vulture (3 million +)
- Broad-winged Hawk 50,000
- Swainson's Hawk 75,000
- Zone-tailed Hawks
- Mississippi Kites
- Bat Falcon
- King Vulture
- Night Monkey
- Olingo
- Kinkajou
- Northern Tamandua
- Woolley Opossum
- 2 species of Sloth
- Geoffroy's Tamarins
- Boat trip on the Canal
- The Unique Canopy Tower

SUMMARY:

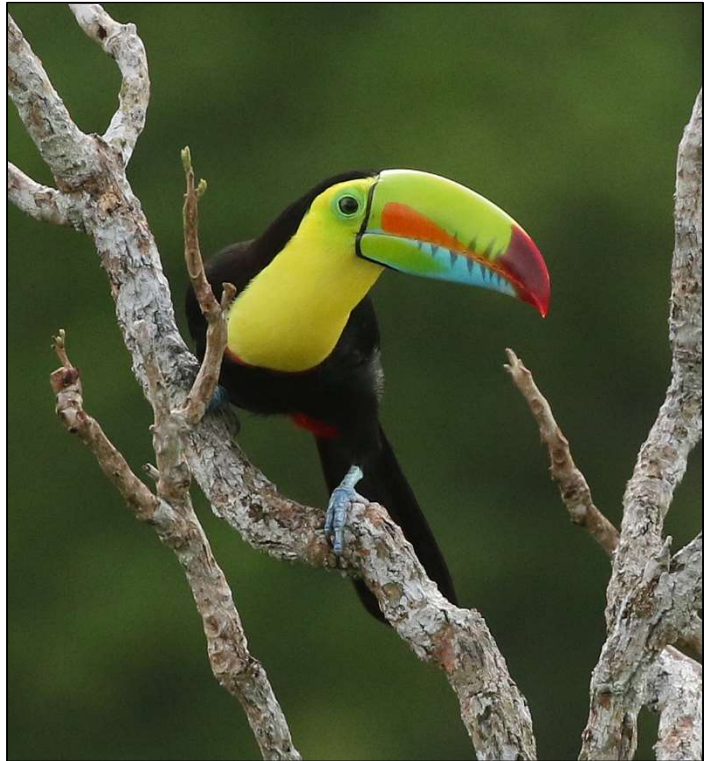
Our tour started somewhat different than expected. With many local Panamanians unhappy with a new mining contract signed by their president, they wanted to call attention to it by protesting. And this they did well by blocking roads, but it meant we could not get to the Canopy Camp in the Darien. So, we rejigged our plans and everything worked out wonderfully as we saw so many great birds with the help of our Canopy family and guides. All of the guides were exceptional and patient and focused on our group seeing as many of Panama's special birds as possible. Our group was also very special, fitting in with an ever-changing itinerary and timings. The lodging at the **Canopy Tower** was unique and enjoyed by everyone, and the Canopy Lodge was simply luxury in the jungle. One of the main reasons for the timing of this tour was to connect with the southward raptor migration. We were not to be disappointed as during two of our days at the Tower, we witnessed one of the world's truly amazing avian spectacles. There were literally millions of raptors passing by and swirling up into huge 'kettles' of thousands or tens of thousands of birds. We estimated in those two days around 6 million birds and trust me, that's hard to count! We added some wonderful mammals and a very productive night drive. There were butterflies, lizards, frogs and moths and so much more. Oh, and the hummingbird garden visit was simply divine. What a trip with a wonderful group of people!



Day 1 Canopy Tower - 24th Oct

Today was our first full day in Panama and the official start of the tour. Some people had arrived a day or two early so had already listed quite a few birds from the hotel garden. But sometimes things happen and our tour didn't quite start as we had hoped! Panama was in protest about the president who had signed a deal to illegally mine the country for the next 40 years. Most of the population were against this as the destruction on the environment and other factors were not wanted. Hence, there were many road blocks meant to cause disruption and try and change the president's decision. What this meant for us and all other travellers and tourists, is that we were unable to get to some planned destinations. For us, it meant that we could not get to the Canopy Camp in the Darien by road. We tried our best but there was no way to bypass the road blocks, so we had to turn around and, with some quick logistical juggling, we headed to the Canopy Tower.

Upon arrival we made our way to the top of the Tower to the restaurant and then on to the top observation platform for some coffee and cake while breakfast was prepared. From the stunning roof top view over the forest canopy and beyond, we started seeing birds. **Keel-billed Toucans** showed well and a couple of bright Blue Cotingas were spotted in some distant trees. They might have been far away but they still shone like blue light bulbs. A perched Double-toothed Kite was scoped alongside a Scaled Pigeon and, above us, Band-tailed, Short-tailed, and Lesser Swallow-tailed Swifts whizzed back and forth. In the close tree tops, we had Palm and Blue-gray Tanagers, Scarlet Tanager, and some Red-eyed Vireos. A Mississippi Kite then flew past and a Short-tailed Hawk perched in a tree top. We then scoped a Collared Aracari and also Masked Tityra. Both Blue Dacnis and Green Honeycreeper appeared, and then a group of **Geoffroy's Tamarins** came in to feed on some bananas that had been put out.



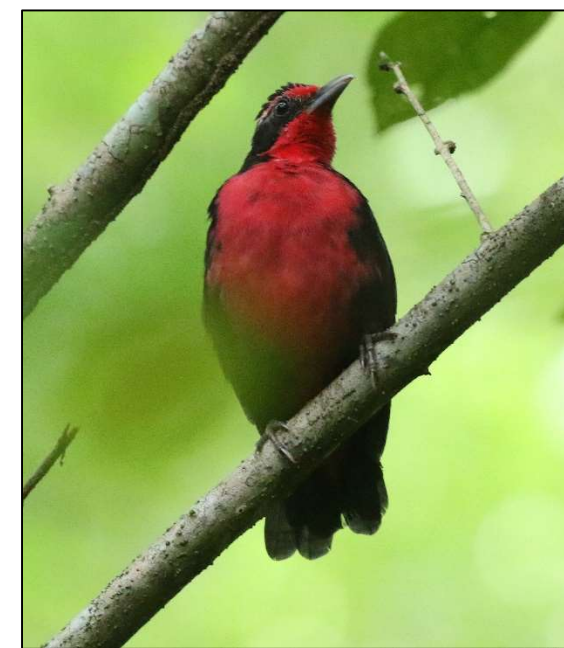
After all that excitement, we were ready for breakfast. A couple of Mantled Howler monkeys were spotted in a tree from the restaurant window and after another look from the roof top we set off for a short walk along Semaphore Hill, the entrance road to the Tower. Immediately distracted by the hummingbird feeders, we noted 7 species busily flying to and from their sugar water heaven. Most numerous were the gorgeous Violet-bellied Hummingbirds, followed by White-necked Jacobin, Blue-chested and Snowy-bellied Hummingbirds, Long-billed and Stripe-throated Hermits plus a White-vented Plumeleteer. There were quite a few nice butterflies feeding on the flowering bushes and in a nearby fruiting tree we watched Green Honeycreeper, several Blue Dacnis and some Scarlet Tanagers.

We then set off on a walk down the road. A Central American Agouti was seen as well as a group of White-nosed Coatis. Birds such as Eastern Wood Pewee, Acadian and Olive-sided Flycatchers were spotted, as well as

Black-hooded Antshrike, four Brown-capped Tyrannulets together, and some showy Dot-winged Antwrens. A Fasciated Antshrike showed, as well as Velvety Manakin (female), Cocoa Woodcreeper, and a Southern Bentbill. As we slowly moved on a Hoffmann's Two-toed Sloth was seen hanging upside down in a Cecropia tree, and then Plain-brown Woodcreeper, Rufous-breasted Wren, some nice Spotted Antbirds and a Long-billed (Trilling) Gnatwren were all seen.

Eventually we were picked up by the Tower's open top bus and we made our way back up toward the Tower. Steve spotted a **White-whiskered Puffbird** as we drove along, so a quick stop had us looking at two of these motionless birds. Back at the Tower, we had some lunch and then a little time off so we could relax after our very early start.

Later in the afternoon we met up and drove to Gamboa Resort and on to the La Chunga Trail. We parked up, and no sooner than we got out of the bus, birds starting appearing everywhere. Flame-rumped and Scarlet-backed Tanagers fed in a flowering bush. A Yellow-crowned Tyrannulet showed well, as did Cinnamon Becard, Common Tody-Flycatcher, Variable Seed-eater, plus good comparisons of Social and the very similar Rusty-margined



Flycatchers. We stayed here with the birds and soon added Red-crowned Woodpecker, Plain-colored Tanager, and Buff-throated Saltator. Moving on to the water's edge we spotted lots of adult and young Wattled Jacanas, Green and Little Blue Herons, some distant flying Black-bellied Whistling Ducks and three Blue-winged Teal. A Yellow-headed Caracara flew past and way in the distance a Cocoli Heron was spotted. We then walked back and along the road, where a Cinnamon Woodpecker was scoped and Orange-chinned Parakeets fed by a termite mound.

Then, the challenge was on! One of Panama's most tricky birds to see, a **Rosy Thrush Tanager** was heard calling. After some thorough searching we eventually spotted this elusive bird way back in the thickets. Some diligent positioning of the scopes allowed us some great views of the male singing away. Behind us Black-bellied Wrens were spotted before we made our way back to the bus and then back to the Riande Hotel. All in all, an unprecedented day that started off bad but ended with a huge

number of wonderful birds seen. Let's see what's in store for us tomorrow!!!

Day 2 Cerro Azul 25th Oct

Today after breakfast we set off to Cerro Azul. Our first stop by the information centre soon had us looking at a flowering Inga tree that was swarming with day-flying Sunset (Urania) Moths, a bright blue moth that is often mistaken for a butterfly. We then found a Tennessee Warbler and a Fulvous-vented Euphonia. A Violet-headed Hummingbird proved just a bit too elusive in the flowering tree, but Crimson-backed Tanager showed well, and on a post, a nice Black-striped Sparrow posed for us. A Gartered Trogon slowly made its way toward us and was eventually seen by everyone, while Variable Seedeaters and Southern Rough-winged Swallow plus flybys of six Red-lored Parrots kept us busy.

We then moved on to Cerro Jefe where we were soon getting to grips with a lot of bird activity all around one bush. An Isthmian Wren gave brief views alongside Rufous-capped Warbler and a Mistletoe Tyrannulet. A



Merlin flew in and perched in a tree so as to allow us great scope views, and then, as we started walking up the main trail, a Black Hawk-Eagle could be heard calling and eventually after being whistled at by Carlos it appeared circling above. We continued walking and hit a crazy mixed flock of birds that including an elusive Carmoil's Tanager, a couple of very smart Speckled Tanagers, gorgeous Black-and-yellow Tanagers, a superb **Rufous-winged Tanager**, and a Bay-headed Tanager. It was certainly exciting, fast paced birding!

From here we made our way to a private residence belonging to Linda and Jerry Harrison. In the back of their house, outside with comfy chairs lined up, we were in awe of the huge numbers of hummingbirds coming into their feeders. Slowly we worked our way through the countless White-necked Jacobins and Crowned Woodnymphs to find our target **Violet-capped Hummingbird**, a near endemic species. There were also smaller numbers of Snowy-bellied Hummingbirds, both

White-vented and Bronze-tailed Plumeleeters, Long-billed Hermit, Green Hermit, and Blue-chested Hummingbirds. Red-legged, Green and **Shining Honeycreepers** showed well right in front of us and we got great looks at both male and female Hepatic Tanager. Some Yellow-faced Grassquits came in and a Broad-billed



Motmot allowed some photos. We had a great time and a fabulous lunch, before leaving our wonderful hosts after lunch.

A couple of stops were unsuccessful for Striped-cheeked



Woodpecker, but we did pick up lots of Bay-breasted Warblers, and other species we had already seen many times today. An Olivaceous Woodcreeper was new for the trip and a Scarlet-thighed Dacnis was only seen by one or two of us. We continued on to a bridge over a stream where a Buff-rumped Warbler was seen, as well as a Northern Waterthrush, several Black Phoebes and a difficult Blue-headed Parrot. We then made our way back to the Riande Hotel for a comfort break. While in the car park we spotted Baltimore and Orchard Orioles, Tropical Mockingbirds, Lesser Goldfinch, Red-crowned Woodpecker, Gray-breasted Martin, a Black-throated Mango, Yellow-headed Caracara and a few distant Fork-tailed Flycatchers flying by. It was now time to get through the traffic and make our way to the Summit Hotel near Gamboa.

Day 3 *Summit Hotel Grounds - Summit Gardens - 26th Oct*

After breakfast we met up and went for a walk along one of the hotel trails towards the golf course. A pair of Bat Falcons started our day as we watched them perched on the top of the hotel roof. We then made our way down to a forested track. Dusky Antbirds were calling so we waited to try and get a glimpse. Other birds started appearing such as Forest Elaenia, Rufous-and-white Wren, some Golden-fronted Greenlets, Streaked Flycatcher, White-shouldered Tanager, and some Starry Night Cracker butterflies. Further along, we spotted a Rufescent Tiger-Heron on the edge of the golf course, but it soon flew off. We then had to work hard to get good looks at a White-winged Becard, but eventually it decided to pose for us. A little further on, on the golf course, we saw two Bat Falcons dashing around, Orange-chinned Parakeets were seen perched in the scopes, and Eastern Kingbirds were noted. Small 'kettles' of vultures started circling up, while the occasional Broad-winged Hawk was also seen. Bobby then found a fabulous Zone-tailed Hawk which gave great views overhead.

In the distance were six Southern Lapwings and then, as we enjoyed a drink, we got great close views of a pair of **Panama Flycatchers**. In the scrub at the edge of the forest were Buff-bellied Wren and a Streaked Flycatcher. It was time to head for lunch and as we made our way back, we saw more Starry Night Cracker butterflies and a second viewing of the Zone-tailed Hawk.

After lunch and a short rest we went out again but this time drove to the Summit Gardens. It had just rained heavy and birds were sat around trying to dry off. We found Pale-vented Pigeons, Fork-tailed Flycatchers, and a Piratic Flycatcher.

Further on into the park, we had a Crested Caracara, some Central America Agoutis, Red-crowned Woodpecker, and Yellow-rumped Cacique. Even further along, we got decent views of Masked Tityra, Orange-chinned Parakeets, and some Red-lored Parrots flew low over. As we made our way back to the van, a band of Collared Aracaris made an appearance and then, as our finale, a brilliant Blue Cotinga perched on a bare tree top for us all to enjoy!



Day 4 *Chagras River, Canal Boat Trip - Summit Ponds - 27th Oct*

Today after breakfast we headed towards Gamboa to set out on a boat trip on the Chagras River and Panama Canal. A few birds were seen around the dock including Mangrove Swallows, Great Blue Heron, Yellow-headed Caracara, and some Grey-breasted Martins. We boarded the boat and set off slowly across the open water towards the forest edge and areas of floating vegetation. We got superb looks at Snail Kites both perched and flying and both adult and immature birds. A Cooi Heron showed well and we also picked up Snowy Egret and Little Blue Herons. Cruising on we found Purple Gallinule, and hirundines that included Barn and Bank Swallows, Cliff Swallow, and more Grey-breasted Martins and Mangrove Swallows. We spotted a couple of Anhingas plus Spotted Sandpipers, **Wattled Jacanas** and a perched Osprey. Several Greater Anis showed well in the reeds, and we



compared both the greyer looking Striated to the more rufous Green Heron. We passed by Yellow-headed Caracaras perched a buoy, Brown Pelican, Magnificent Frigatebird and Laughing Gulls all flying past, with some Cabot/Sandwich Terns later on. An **American Crocodile** posed nicely or not so nicely on some rocks!



As we made our way back from the canal waters towards the Chagras River we started to see huge ‘kettles’ of raptors, mostly Black and Turkey Vultures with a few very distant Broad-winged Hawks and Swainson’s Hawks. We then returned to the hotel for lunch. After lunch and a short break, we met up and drove to the Summit Ponds. The first pond held Green Kingfishers and some Boat-billed Herons, while on the second pond we got Amazon and American Pygmy Kingfisher. In the forest we could hear a few birds, and managed to see Barred Antshrike, Golden-collared Manakins, and a couple of Red-throated Ant-tanagers. It was nearing dusk so time to watch the Red-lored Parrots coming in to roost in the tree tops before heading back.

Day 5 Summit Golf Grounds - Canopy Tower - Ammo Ponds 28th Oct

This morning we took a pre-breakfast walk towards the golf course, seeing Summer Tanager, Ruddy-tailed Flycatcher, two Red-eyed Vireos, and a Greenish Elaenia. At the golf course, we found a Lineated Woodpecker and nearby for comparison, a pair of Crimson-crested Woodpeckers. A wood pile held Buff-breasted Wrens.

We then returned and had breakfast, packed our bags and headed for the **Canopy Tower**.

On arrival, we headed up to the top to look out over the forest and beyond. After a while, Bobbie started to pick up some very distant ‘kettles’ of raptors. It took a while but eventually some passed by close enough to pick out distinctive features.

Mostly Black and Turkey Vultures were moving over the tower, but mixed

in were Broad-winged Hawks and Swainson’s Hawks. A single Mississippi Kite flew past and we had Short-tailed Hawk, Osprey, a Northern Harrier, four King Vultures, Black Hawk-Eagle and one right over our heads -



the thrill and experience we had all hoped for. After a few hours, we had estimated millions of raptors. In fact, we thought we had seen every single Turkey and Black Vulture that existed!! Counting the birds we saw yesterday and today we estimated 75,000 Swainson's Hawks and 50,000 Broad-winged Hawks, this was completely overwhelming! Throw in four species of Swift and it couldn't get any better!

In the afternoon, we took a short drive to the Ammo Ponds where we could rest our necks from looking up. Wattle Jacanas were easily seen, plus several Rufescent Tiger-Herons, Great Egrets and an immaculate Green Heron. We got fabulous looks at a pair of **Yellow-tailed Orioles**, and a close Yellow-headed Caracara, while hundreds of Gray-breasted Martins perched on the wires. What a day to remember!



Day 6 Metropolitan Park - Tower - Ammo Ponds - 29th Oct

This morning we had an early breakfast and then set off to Metropolitan Park in the heart of Panama City. On arrival, we started walking and soon heard Yellow-backed Oriole. As we tried to find this bird we got distracted by Crimson-crested Woodpecker, Whooping Motmot, and Slaty-tailed Trogon. A Lance-tailed Manakin was heard and eventually we saw the male perched in a tree. Southern Bentbill showed up and showed nicely.



Moving along we found a very nice pair of Green Shrike-vireos and a bunch of Swainson's Thrushes feeding in a berry tree. Next, we had a **Golden-crowned Spadebill** that perched on an open branch allowing fantastic views. A few Bay-breasted Warblers showed up before we made our way back to the tower for lunch.

It soon became apparent that lunch might get delayed as we made it to the roof top to be greeted

by swirling 'kettles' of thousands of **raptors**. This is what people wanted to see and we were certainly not disappointed, in fact the spectacle was so good it will live long in the memories of all of us who witnessed it. We had some very experienced raptor counters in our group but trying to count the huge number of birds we saw was near impossible. Over several hours our combined counts came to figures of around 3,000,000 Turkey and 3,000,000 Black Vultures, 75,000 Swainson's Hawk and 50,000 Broad-winged Hawks. Many came right overhead and allowed time to pick out plumage differences and get to grips with the flight structure of all these birds. Also seen were the odd Short-tailed Hawk, Cooper's Hawk, Northern Harrier, Merlin, Peregrine Falcon, and Mississippi Kite thrown in. And there was a most confiding Zone-tailed Hawk that must have been a resident



bird, as it returned many times to fly right in front of us. Time to catch our breath, I guess we did need to eat lunch!

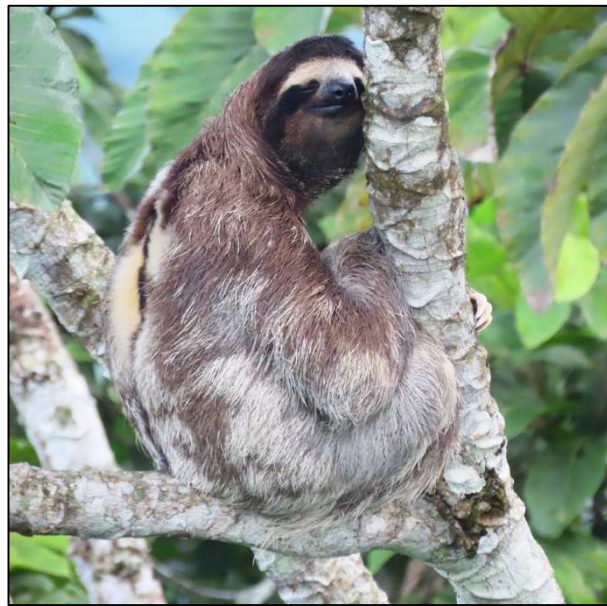


The stream of birds continued in lesser numbers in the early afternoon before we set off for a drive to the start of Pipeline Road. Here we watched Squirrel Cuckoo, Forest Elaenia, Acadian Flycatcher, Black-crowned Antshrike, Dot-winged Antwren, and Dusky Antbird, but a real highlight was fabulous views of a **White-bellied Antbird**. We headed back to the Tower and from the restaurant at dinner time we watched an Eastern Lowland Olingo, Kinkajou, and Derby's Woolly Opossum, the latter disappearing quickly.

With a clear night, we decided to do a night drive of Semaphore Hill. We slowly, and as quietly as we could, drove down the hill spotlighting as we went. A group of Night Monkey's showed wonderfully and we also found a roosting Great Tinamou, and then a Black-and-white Owl. Fabulous!

Day 7 Tower - Semaphore Road - 30th May

This morning we took coffee up to the roof where a good number of birds were active. An Olive-sided Flycatcher sat near an Eastern Wood Pewee for comparisons, a pair of Black-cheeked Woodpeckers came in for



close views, and we watched Golden-hooded Tanagers, Masked Tityra, White-browed Gnatcatcher, Keel-billed Toucans, and a very close Scarlet-rumped Cacique. A **Brown-throated Three-toed Sloth** showed well in one of the closest trees while Band-rumped and Short-tailed Swifts flew over. We then had breakfast before heading out downhill from the tower.

We took the open truck slowly and the first bird we saw was a White-whiskered Puffbird perched in a vine over the road. Further on, we stopped for Plain-brown Woodcreeper and Grey-headed Tanager as they can both follow ants which would be a good thing for us to find. We saw both birds well but no ant swarm. However, many more birds started to appear including Cinnamon Woodpecker, Russet-winged Schiffornis, Olivaceous Flatbill, a pair of **Spotted Antbirds**, and then a nice male Red-capped Manakin.

At the bottom by the car park, we had a tree that held White-flanked and Dot-winged Antwrens, Yellow-winged Flatbill, and White-shouldered Tanagers. A fruiting bush held Fulvous-vented Euphonias and Velvety Manakins and then we got brief views of a very vocal Chestnut-backed Antbird.

We then returned for lunch. After lunch, a little birding from the Tower roof produced some raptors, but after lunch numbers picked up with the presumed local Zone-tailed Hawk giving multiple flybys, A Short-tailed Hawk came by and we noted much smaller numbers than yesterday of both Black and Turkey Vulture and Broad-winged and Swainson's Hawks.



Later, we went out to revisit the Chagras Trail near Gamboa where we knew we could find different birds from our previous visit. Driving out of the Canopy Tower, we found a Crane Hawk sat in a tree, half way down the

hill. Arriving at Chagras we soon found a family group of Slate-tailed Trogons and one Black-tailed Trogon with them. We then found a stunning Yellow-backed Oriole. Moving into the forest trail we came across a little flock that held Golden-winged Warbler, Moustached Antwren, and Dot-winged Antwren. Nearby we worked hard to see a Jet Antbird which eventually showed itself, alongside a Mourning Warbler, and more looks at Yellow-backed Oriole, and a perched Stripe-throated Hermit. At dinner, a Derby's Woolly Opossum was seen again, and then after dinner our night drive proved difficult although we did manage to find a really difficult Choco Screech Owl. It was by the straight white vine with the kink in it!!!!

Day 8 Pipeline Road - 31st Oct

This morning, after a quick look from the Tower, we had breakfast and set off to the famous Pipeline Road. One of the first birds we found was an obliging Double-toothed Kite, a species that follows Capuchin Monkeys, and sure enough a group of rowdy White-faced Capuchins were nearby. We slowly walked the road finding



Black-striped Woodcreeper, Plain-brown and Wedge-billed Woodcreepers, and an Olivaceous Flatbill. The next difficult bird was a Scaly-throated Leaf-tosser that circled us about three times before Eric got it in his scope - great job! A group of seven Collared Aracaris flew around the tree tops and then we had excellent views of a Blue-black Grosbeak, Swainson's Thrush, and a White-tailed Trogon.

We moved on a little in the vehicles and stopped for snacks and coffee. Nearby, a group of **Purple-throated Fruitcrows** were heard and eventually came in and we got great views. Our next challenge was to see a Song Wren, and after some hard searching and fleeting glimpses, we just about all saw it pretty well. With it was a couple of Chestnut-backed Antbirds.

Moving on, we heard a Black-capped Pygmy Tyrant high in the tree tops and also a Moustached Antwren, which proved difficult to see.

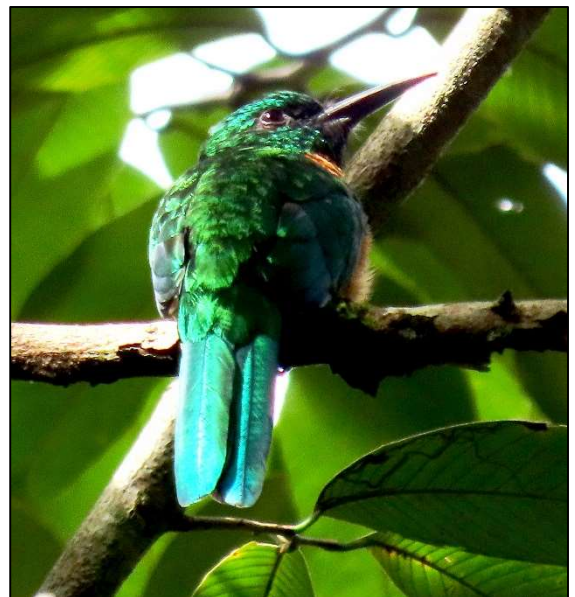
And yet another difficult bird showed fantastically as a Streak-chested Antpitta posed for everyone to admire, what fabulous views! Could things get better? Next up we found a small swarm of army ants, and frantically grabbing insects were several Spotted Antbirds and a single Bicolored Antbird moving around just a few feet away from us. In the trees above we had three male **Red-capped** and three male Velvety Manakins plus a bunch



of females flying back and forth and all birds giving excellent views! And yet again, we all managed fantastic views of another bird, the Checker-throated Stipplethroat.

We enjoyed a picnic lunch and watched a Long-tailed Helicopter Damselfly, plus several nice butterflies before starting the walk back. We found

White-flanked Antwrens which showed well followed by a Black-throated Trogon over the path. Finally, we had a very close Slaty-tailed Trogon and on a stop beside a muddy patch in the road, Carlos found one of the main targets, a shimmering **Great Jacamar**. What a day!!!



But it wasn't over yet! Today was Steve's birthday and the tower staff had baked an awesome cake. Carlos's lovely family joined us for dinner and the celebration.

Day 9 Rainforest Discovery Centre - 01st Nov

Today we set off before dawn to get to the Rainforest Discovery Centre tower before it got too hot. We soon arrived and climbed the spiral stairway



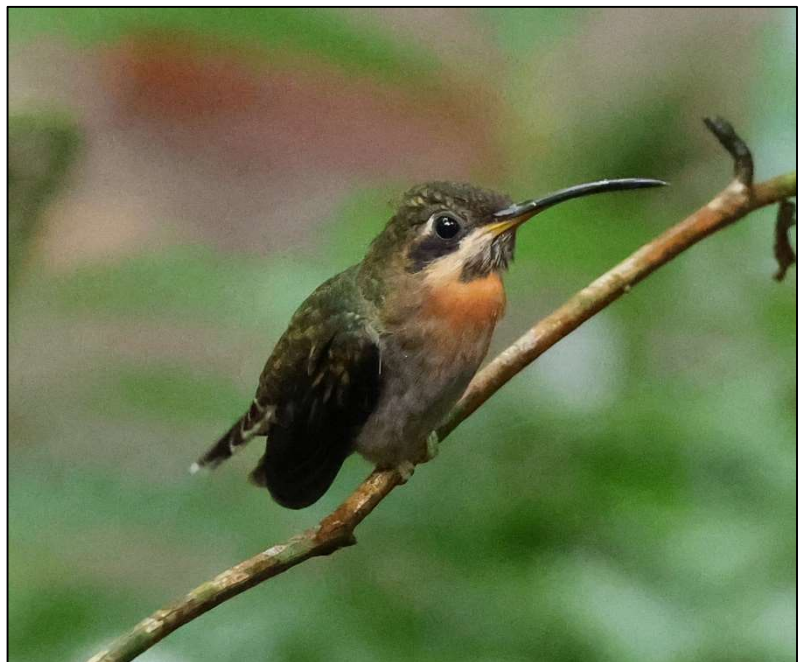
to the top of this 30-meter high, solidly built observation tower.

Overlooking the forest, we soon found plenty of Scaled Pigeons, **Red-**

lored Parrots, Keel-billed Toucans, and a fabulous perched Double-toothed Kite. We got brief looks at Slate-colored Grosbeak, some Golden-hooded Tanagers and all the while listening to the calls of several Green Shrike-vireos. The sun was out and the air was heating up and we were beginning to melt, so we headed down the tower passing a group of Slaty-tailed Trogons. At the bottom of the tower, everyone got to see a Black-faced Antthrush strutting around like a little chicken. Some of us saw a Green-and-black Poison Dart Frog and some interesting fungi.



At the Information Centre, we watched a bunch of hummingbirds and added a nice Band-tailed Barbthroat to our list. We then walked down to the lake, ticking a Grey-chested Dove calling in some thick foliage over our heads. Down by the water, we had a flock that included Red-throated Ant-tanagers, Fasciated Antshrike, and a showy Black-bellied Wren. A Grey-lined Hawk landed in a nearby tree and out on the lake were Lesser Kiskadee, Purple Gallinule, Green Heron, and an Osprey. As we walked back to the bus, a Streak-crowned Antvireo was spotted.



In the afternoon we drove to the Summit Gardens. We soon had a nice mixed flock that included Chestnut-sided, Black-and-white, Bay-breasted, and Yellow Warblers, Golden-fronted Greenlet, Buff-throated Saltator, Clay-coloured Thrushes and Summer Tanager. In another tree, we watched Masked Tityras, Orange-chinned Parakeets, and lots of Pale-vented Pigeons. Walking further into the gardens, we found a Crested Caracara, then some Black-crowned Tityras. Paul found a nice perched Common Black Hawk which was new for the trip. We then made our way back for our last night at the Canopy Tower.

Day 10 Canopy Lodge - Canopy Adventure - Los Mocas 02nd Nov

This morning we had to leave the Tower early in order to bypass road blocks to get us to Canopy Lodge. The plan worked perfectly and we arrived at the Lodge in time for breakfast. As we ate, Tino our guide pointed out some gorgeous Black-chested Jays and a Long-billed Starthroat feeding on some red flowers just across the stream. After settling into our fabulous rooms, we staked out a patch of flowering Heliconias and, after a fifteen-minute wait, a **White-tipped Sicklebill** came and started feeding. What a great start!



We then checked out the fruit feeders where Bananaquit, Rufous Motmot, and Panama Flycatcher were seen. A walk through the gardens got us great looks at Buff-rumped Warblers, plus Tawny-capped Euphonia, and a very obliging Bay Wren. A Chestnut-capped Warbler showed and Tino found us a Striped (Talamanca) Rocket Frog. We then walked the road to the nearby Canopy Adventure. Along the way we spotted Olive-sided Flycatcher and a very photogenic Broad-billed Motmot. At the Canopy Adventure, we walked one of the trails and soon found a mixed flock that held Red-crowned Ant-tanagers, Black-tailed Myiobius, and Eye-ringed Flatbill. Further along the trail, we got fantastic looks at the often very elusive **Tody Motmot**. This tiny bird almost always hides in a dark area of thick scrub or bamboo. But it came out in the open (relative open!) for us. We then took a look at a nice waterfall before returning to the lodge in time for lunch.



After lunch, some people had returned to their rooms for a relax before our afternoon excursion, but things instantly changed as Tino came running into the restaurant saying he had just found the 'Holy Grail' of Central American birds, a Rufous-vented Ground Cuckoo. Those that were still around, gathered

themselves, their optics and boots and quickly followed him to an area just 50 metres away from the lodge where the bird was somewhat visible in the thick undergrowth on the other side of a stream. Meanwhile, Steve ran around the rooms shouting to anyone that could hear him, to come quickly. Soon we were all gathered and trying desperately to get a glimpse of this mega rare bird. A climb down into or beside the stream itself allowed some better views, but hey, any views of a Ground Cuckoo is something to be highly excited about.

Afterwards, we got a little delayed by rain. Once it let up, we met and drove to the Los Mocas trail. Here we walked a short distance and were soon watching a large young **Spectacled Owl**, who also watched us! After this we continued and spotted Mourning and Golden-winged Warblers. Above us, a Black Hawk-Eagle circled around calling and Tino called back to it. Once again, we could hear a special bird calling, and Tino manoeuvred his scope so we could all see a Rosy Thrush-Tanager sat deep inside a dark-leaved tree. Another great end to a fab day!



Day 11 Canopy Lodge - Las Minas - Cara Iguana - 03rd Nov

Today we were distracted from breakfast by a Purple-crowned Fairy feeding briefly on the flowers above the fruit feeders. Also, on the feeders were three Dusky-faced Tanagers and nearby an Orange-billed Sparrow skulked on the ground. A Green Kingfisher was well seen from the stream bridge.



After breakfast, we then set off uphill to a trail near the chicken farm. At the start of the trail, a nice male Golden-collared Manakin shone like a flashlight from within the dark leaves. Then a Barred Forest Falcon dashed across the track allowing pretty good flight views. Meanwhile, back in the bushes there was a White-breasted Wood-Wren, Canada Warbler, and among a moving flock we picked out Red-crowned Ant-tanager, Canada and Mourning Warblers, Barred Antshrike, and Spotted Woodcreeper. Higher up the track, we found Silver-throated Tanager and a pair of Scarlet-thighed Dacnis, while a Scaly-throated Leaf-tosser gave us the run around. And further on there was a small fruiting tree with Emerald and Silver-throated Tanagers, Tawny-capped Euphonia, a Checker-throated Stipplethroat, a Spot-crowned Antwreio, and Rufous Mourner. Heading back down, we found Plain Antwreio, Scale-crested Pygmy-tyrant, Russet Antshrike, a brief Chestnut-capped Brush-finch, and a Plain Xenops. Time for lunch and a little rest back at the lodge.

In the afternoon, we set off a short distance through millionaire avenue !! to an area called Cara Iguana. We birded the quiet road finding our first Streaked Saltators of the trip, plus Common Tody Flycatcher, and a Blackburnian Warbler. Further down the road, we found a Guanacaste tree that held American Redstart, Black-throated Green Warbler, Tennessee Warbler, and Bay-breasted Warbler. We heard two Rosy Thrush-Tanagers, and further along we got great looks at several Collared Aracaris and a perched Roadside Hawk. We still had one bird to get and as we made our way back, we heard it call, and then working hard, we eventually got great views of a **Lesson's Motmot**. Back at the lodge just before dinner, a Tropical Screech Owl was heard and seen by just a couple from our group.

Day 12 Finca Candelario - Mata Ahogado - 04th Nov

After breakfast this morning we headed out to Finca Candelario, a private property with some nice forest trails. We parked up beside a fruiting tree that pulled in Blue-grey Tanagers, Clay-coloured Thrushes, Plain-coloured Tanagers, and Tennessee Warblers. As we walked past the small fields being farmed, we saw close up Southern Lapwings and a few Smooth-billed Anis. Once inside the forest, we worked to find the mixed feeding flocks. A Black-throated Trogon showed well and we found Spot-crowned Antwreio, Long-billed (Trilling) Gnatwren, and some better views of Chestnut-capped Brush-finch. A Scaly-throated Leaf-tosser was seen and all too brief glimpses of two Tawny-faced Gnatwrens. But the prize of this place had to go to the Black-crowned Antpitta which unbelievably came hopping out of the forest onto the track, running toward us and then perching on a log just 6 feet away! Wow! That was pretty amazing.



Next up was a noisy group of Tawny-crested Tanagers that appeared. And following them were Checker-throated Stipplethroat, Slaty Antwren, and a distant Sulphur-rumped Flycatcher. It began to quieten down but



we still found a showy Black-throated Trogon and then, after some patient waiting, a Dull-mantled Antbird put on a nice show. It was time to leave but not before a last roadside stop which had us looking at a roosting pair of **Tropical Screech Owls**. They were sat together and one was a gray morph and the other the much rarer rufous morph.

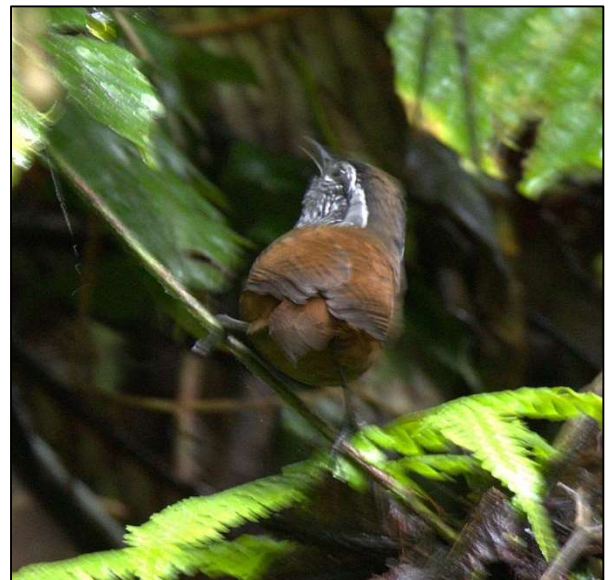
After lunch and a rest, our afternoon excursion took us to Mata Ahogado and Eric's Garden feeders. Along the way, our driver spotted a very nice White Hawk which we all got out and scoped. A Roadside Hawk was also seen. We moved on and walked a short section of road, seeing Crested and Chestnut-headed Oropendolas, before taking our seats in Eric's back yard where we were entertained at his feeders. Many Thick-billed Euphonias competed with **Red-legged Honeycreepers**, Blue-grey Tanagers, and Clay-coloured Thrushes. Tennessee Warblers fed on the bananas and then a Lesson's Motmot



appeared, showing much more easily than the one we saw yesterday. The feeders hosted Buff-throated Saltators, Flame-rumped Tanagers, a Cocoa Woodcreeper, and Black-striped Sparrow, along with White-lined, Crimson-backed and Summer Tanagers, Prothonotary Warbler plus a Panama Flycatcher. Just before we left this magical spot, we scoped a Black-headed Saltator.

Day 13 *Altos del Maria* - 05th Nov

This morning after breakfast we set off to Altos del Maria, a private estate with some very nice homes set within the forest. Our first stop on this misty morning found us a Northern Emerald Toucanet, plus Black-and-yellow Tanager, Silver-throated Tanager, Blackburnian Warbler, and some Common Chlorospingus. A **Gray-breasted Wood Wren** gave some exceptional views. Our next stop found us another very obliging bird, a White-throated Spadebill, plus Spotted Barbtail and Pale-vented Thrush. Ochraceous Wrens put on a good performance and, at our next stop, we found the orange-bellied form of Collared Trogon finishing our list of all the trogons in Panama. Above us, an Ornate Hawk-eagle circled offering great flight views and next up was a pair of difficult to see Yellow-eared Toucanets, always a tricky species. One of our drivers found a perched Green-crowned Brilliant and then nearby a Green Thorntail adding two new hummingbirds to our list. We drove a short distance where Moyo had a flowering Inga tree attracting more hummingbirds. As we watched, an immature Snowcap came in to feed and then a male and female Green Thorntail perched on a dead twig. Down by a pond, we enjoyed our picnic lunch in the company of Neotropic Cormorants, Green Kingfisher, and a Green Heron. After lunch, a short walk saw a posing Roadside Hawk. Moving to another area, we got great looks at a Tufted Flycatcher and to finish off our day, a tiny Smoky-brown Woodpecker.



Day 14 Early departure and back to Panama City - 06th Nov

This morning we had to rise very early in order to return to Panama City and avoid any road blocks. Once again, the plan worked flawlessly and we got to the city hotel in time for breakfast. While a few of us birded the gardens seeing Carib Grackles flying over, Streaked Flycatcher, Roadside Hawk and some tanagers, the rest of the group prepared to leave for the airport.

It had been a wonderful trip, not without its problems, all of which were resolved or avoided by our wonderful Canopy family crew and guides. Thank you everyone for your understanding and your great attitude to what turned out to be an incredible birding experience. And to all our local guides, Carlos, Tino, and Eric, you are the best !

Photos by Steve Bird except - Golden-crowned Spadebill, Tropical Screech-Owls (Rubina), Raptors, Red-capped Manakin, White-tipped Sicklebill, (Paul Wolter), White-bellied Antbird, Tody Motmot, Lesson's Motmot, (Carlos Bethancourt), Brown-throated Three-toed Sloth, Spotted Antbird, Purple-throated Fruitcrow, Red-lored Parrot, Great Jacamar, Spectacled Owl, Red-legged Honeycreeper, (Gina) Band-tailed Barbthroat, Gray-breasted Wood Wren – Ton Schat.

Gina & Steve

BIRDLIST FOR PANAMA 2023

A = Number of species recorded on tour

B = Number of days out of 14 recorded C = Highest daily count seen

H = Days Heard Only N/C = No Count C = Common

This list follows IOC WORLD BIRD LIST v (13.1) as such names may be different from some other taxonomy's

A	SPECIES	E = Endemic	SCIENTIFIC NAME	B	C	H
1	Great Tinamou		<i>Tinamus major</i>	6	1	5
2	Little Tinamou		<i>Crypturellus bicolor</i>	1		1
3	Black-bellied Whistling-Duck		<i>Dendrocygna autumnalis</i>	5	12	
4	Blue-winged Teal		<i>Spatula discors</i>	2	3	
5	Gray-headed Chachalaca		<i>Ortalis cinereiceps</i>	4	6	
6	Rock Pigeon		<i>Columba livia</i>	5	N/C	
7	Pale-vented Pigeon		<i>Patagioenas cayennensis</i>	8	20+	
8	Scaled Pigeon		<i>Patagioenas speciosa</i>	4	10	
9	Ruddy Ground Dove		<i>Geotrygon montana</i>	9	8	
10	White-tipped Dove		<i>Leptotila verreauxi</i>	8	2	
11	Gray-chested Dove		<i>Leptotila cassinii</i>	1	1	
12	Greater Ani		<i>Crotophaga major</i>	2	6	
13	Smooth-billed Ani		<i>Crotophaga ani</i>	2	4	
14	Rufous-vented Ground-Cuckoo		<i>Neomorphus geoffroyi</i>	1	1	
15	Squirrel Cuckoo		<i>Playa cayana</i>	6	2	2
16	Band-rumped Swift		<i>Chaetura spinicaudus</i>	7	8	
17	Chimney Swift		<i>Chaetura pelagica</i>	7	20	
18	Short-tailed Swift		<i>Chaetura brachyura</i>	7	4	
19	Lesser Swallow-tailed Swift		<i>Panyptila cayennensis</i>	8	4	
20	White-necked Jacobin		<i>Florisuga mellivora</i>	7	20	
21	White-tipped Sicklebill		<i>Eutoxeres aquila</i>	2	1	
22	Band-tailed Barbthroat		<i>Threnetes ruckeri</i>	1	1	
23	Green Hermit		<i>Phaethornis guy</i>	5	2	
24	Long-billed Hermit		<i>Phaethornis longirostris</i>	9	2	

25	Stripe-throated Hermit	<i>Phaethornis anthophilus</i>	9	2	
26	Purple-crowned Fairy	<i>Heliodytes barroti</i>	1	1	
27	Black-throated Mango	<i>Anthracothorax nigricollis</i>	1	1	
28	Green Thorntail	<i>Discosura conversii</i>	1	3	
29	Green-crowned Brilliant	<i>Heliodoxa jacula</i>	1	1	
30	Long-billed Starthroat	<i>Heliomaster longirostris</i>	1	1	
31	Violet-headed Hummingbird	<i>Klais guimeti</i>	1	1	
32	Bronze-tailed Plumeleteer	<i>Chalybura urochrysis</i>	1	1	
33	White-vented Plumeleteer	<i>Chalybura buffoni</i>	5	1	
34	Crowned Woodnymph	<i>Thalurania colombica</i>	6	10	
35	Snowcap	<i>Microchera albocoronata</i>	1	1	
36	Violet-capped Hummingbird	<i>Goldmania violiceps</i>	1	2	
37	Snowy-bellied Hummingbird	<i>Saucerottia edward</i>	9	5	
38	Rufous-tailed Hummingbird	<i>Amazilia tzacati</i>	9	4	
39	Blue-chested Hummingbird	<i>Polyerata amabilis</i>	7	4	
40	Violet-bellied Hummingbird	<i>Chlorestes julie</i>	7	12	
41	Gray-cowled Wood-Rail	<i>Aramides cajaneus</i>	1	1	
42	Purple Gallinule	<i>Porphyrio martinicus</i>	3	6	
43	White-throated Crake	<i>Laterallus albigularis</i>	1	1	3
44	Limpkin	<i>Aramus guarauna</i>			1
45	Southern Lapwing	<i>Vanellus chilensis</i>	6	6	
46	Wattled Jacana	<i>Jacana jacana</i>	6	10	
47	Spotted Sandpiper	<i>Actitis macularius</i>	2	6	
48	Solitary Sandpiper	<i>Tringa solitaria</i>	1	2	
49	Laughing Gull	<i>Leucophaeus atricilla</i>	1	3	
50	Franklin's Gull	<i>Leucophaeus pipixcan</i>	1	1	
51	Royal Tern	<i>Thalasseus maximus</i>	2	12	
52	Cabot's (Sandwich) Tern	<i>Thalasseus acuflavidus</i>	1	6	
53	Wood Stork	<i>Mycteria americana</i>	2	63	
54	Magnificent Frigatebird	<i>Fregata magnificens</i>	8	4	
55	Anhinga	<i>Anhinga anhinga</i>	4	3	
56	Neotropic Cormorant	<i>Nannopterum brasilianum</i>	3	2	
57	Brown Pelican	<i>Pelecanus occidentalis</i>	1	2	
58	Rufescent Tiger-Heron	<i>Tigrisoma lineatum</i>	6	4	
59	Great Blue Heron	<i>Ardea herodias</i>	2	1	
60	Cocoi Heron	<i>Ardea cocoi</i>	3	1	
61	Great Egret	<i>Ardea alba</i>	8	6	
62	Snowy Egret	<i>Egretta thula</i>	1	3	
63	Little Blue Heron	<i>Egretta caerulea</i>	3	8	
64	Western Cattle Egret	<i>Bubulcus ibis</i>	8	8	
65	Green Heron	<i>Butorides virescens</i>	6	2	
66	Striated Heron	<i>Butorides striata</i>	2	3	
67	Boat-billed Heron	<i>Cochlearius cochlearius</i>	1	2	
68	King Vulture	<i>Sarcoramphus papa</i>	4	4	
69	Black Vulture	<i>Coragyps atratus</i>	13	3,000,000	
70	Turkey Vulture	<i>Cathartes aura</i>	13	3,000,000	
71	Lesser Yellow-headed Vulture	<i>Cathartes burrovianus</i>	1	1	
72	Black Hawk-Eagle	<i>Spizaetus tyrannus</i>	3	1	
73	Ornate Hawk-Eagle	<i>Spizaetus ornatus</i>	1	1	

74	Double-toothed Kite	<i>Harpagus bidentatus</i>	4	1	
75	Northern Harrier	<i>Circus hudsonius</i>	2	1	
76	Cooper's Hawk	<i>Accipiter cooperii</i>	1	2	
77	Mississippi Kite	<i>Ictinia mississippiensis</i>	3	1	
78	Crane Hawk	<i>Geranospiza caerulescens</i>	2	1	
79	Snail Kite	<i>Rostrhamus sociabilis</i>	1	6	
80	Common Black Hawk	<i>Buteogallus anthracinus</i>	1	1	
81	Great Black Hawk	<i>Buteogallus urubitinga</i>	1	1	
82	Roadside Hawk	<i>Rupornis magnirostris</i>	5	1	
83	White Hawk	<i>Pseudastur albicollis</i>	1	1	
84	Gray-lined Hawk	<i>Buteo nitidus</i>	2	2	
85	Broad-winged Hawk	<i>Buteo platypterus</i>	11	50,000	
86	Swainson's Hawk	<i>Buteo swainsoni</i>	6	75,000	
87	Zone-tailed Hawk	<i>Buteo albonotatus</i>	3	1	
88	Osprey	<i>Pandion haliaetus</i>	1	1	
89	Tropical Screech-Owl	<i>Megascops choliba</i>	2	2	1
90	Choco Screech-Owl	<i>Megascops centralis</i>	1	1	1
91	Spectacled Owl	<i>Pulsatrix perspicillata</i>	1	2	
92	Mottled Owl	<i>Ciccaba virgata</i>	1		1
93	Black-and-white Owl	<i>Ciccaba nigrolineata</i>	1	1	1
94	Slaty-tailed Trogon	<i>Trogon massena</i>	6	5	
95	Black-tailed Trogon	<i>Trogon melanurus</i>	2	1	1
96	White-tailed Trogon	<i>Trogon chionurus</i>	2	1	
97	Gartered Trogon	<i>Trogon caligatus</i>	4	1	
98	Black-throated Trogon	<i>Trogon rufus</i>	2	2	1
99	Collared Trogon	<i>Trogon collaris</i>	1	3	
100	Tody Motmot	<i>Hylomanes momotula</i>	1	1	
101	Lesson's Motmot	<i>Momotus lessonii</i>	2	2	
102	Whooping Motmot	<i>Momotus subrufescens</i>	2	1	
103	Rufous Motmot	<i>Baryphthengus martii</i>	7	2	
104	Broad-billed Motmot	<i>Electron platyrhynchum</i>	4	1	
105	Ringed Kingfisher	<i>Megaceryle torquate</i>	2	3	
106	Amazon Kingfisher	<i>Chloroceryle amazona</i>	1	2	
107	American Pygmy Kingfisher	<i>Chloroceryle aena</i>	1	1	
108	Green Kingfisher	<i>Chloroceryle americana</i>	4	2	
109	White-necked Puffbird	<i>Notharchus hyperrhynchus</i>	2	3	
110	White-whiskered Puffbird	<i>Malacoptila panamensis</i>	3	2	
111	Great Jacamar	<i>Jacamerops aureus</i>	1	1	
112	Spot-crowned Barbet	<i>Capito maculicoronatus</i>	2	2	
113	Northern Emerald Toucanet	<i>Aulacorhynchus prasinus</i>	1	3	
114	Collared Aracari	<i>Pteroglossus torquatus</i>	8	7	
115	Yellow-eared Toucanet	<i>Selenidera spectabilis</i>	1	2	
116	Keel-billed Toucan	<i>Ramphastos sulfuratus</i>	12	6	
117	Yellow-throated Toucan	<i>Ramphastos ambiguus</i>	5	1	
118	Black-cheeked Woodpecker	<i>Melanerpes pucherani</i>	3	3	1
119	Red-crowned Woodpecker	<i>Melanerpes rubricapillus</i>	11	3	
120	Smoky-brown Woodpecker	<i>Dryobates fumigatus</i>	1	1	
121	Cinnamon Woodpecker	<i>Celeus loricatus</i>	2	1	2
122	Lineated Woodpecker	<i>Dryocopus lineatus</i>	2	2	2

123	Crimson-crested Woodpecker	<i>Campephilus melanoleucos</i>	4	2	
124	Barred Forest-Falcon	<i>Micrastur ruficollis</i>	1	1	
125	Collared Forest-Falcon	<i>Micrastur semitorquatus</i>			2
126	Crested Caracara	<i>Caracara plancus</i>	5	1	
127	Yellow-headed Caracara	<i>Milvago chimachima</i>	12	6	
128	American Kestrel	<i>Falco sparverius</i>	1	1	
129	Merlin	<i>Falco columbarius</i>	5	1	
130	Bat Falcon	<i>Falco ruficularis</i>	5	2	
131	Peregrine Falcon	<i>Falco peregrinus</i>	1	1	
132	Orange-chinned Parakeet	<i>Brotogeris jugularis</i>	14	30	
133	Brown-hooded Parrot	<i>Pyrilia haematotis</i>	1	2	2
134	Blue-headed parrot	<i>Pionus menstruus</i>	6	4	2
135	Red-lore Amazon	<i>Amazona autumnalis</i>	8	20	
136	Mealy Amazon	<i>Amazona farinosa</i>	1	4	
137	Lance-tailed Manakin	<i>Chiroxiphia lanceolata</i>	1	1	1
138	White-ruffed Manakin	<i>Corapipo altera</i>	1	1	
139	Velvety Manakin	<i>Lepidothrix velutina</i>	4	6	
140	Golden-collared Manakin	<i>Manacus vitellinus</i>	4	3	1
141	Red-capped Manakin	<i>Ceratopira mentalis</i>	4	4	
142	Purple-throated Fruitcrow	<i>Querula purpurata</i>	1	7	
143	Blue Cotinga	<i>Cotinga nattererii</i>	2	2	
144	Russet-winged Schiffornis	<i>Schiffornis stenorhyncha</i>	1	1	
145	Masked Tityra	<i>Tityra semifasciata</i>	8	4	
146	Black-crowned Tityra	<i>Tityra inquisitor</i>	2	2	
147	Cinnamon Becard	<i>Pachyramphus cinnamomeus</i>	2	1	
148	White-winged Becard	<i>Pachyramphus polychopterus</i>	2	1	
149	Ruddy-tailed Flycatcher	<i>Terentriacus erythrus</i>	3	1	
150	Sulphur-rumped Myiobius	<i>Myiobius sulphureipygius</i>	1	1	
151	Black-tailed Myiobius	<i>Myiobius atricaudus</i>	1	1	
152	White-throated Spadebill	<i>Platyrinchus mystaceus</i>	1	1	
153	Golden-crowned Spadebill	<i>Platyrinchus coronatus</i>	1	1	
154	Olive-striped Flycatcher	<i>Mionectes galbinus</i>	3	1	
155	Ochre-bellied Flycatcher	<i>Mionectes oleagineus</i>	3	1	
156	Black-capped Pygmy-Tyrant	<i>Myiornis atricapillus</i>			1
157	Scale-crested Pygmy-Tyrant	<i>Lophotriccus pileatus</i>	2	1	2
158	Southern Bentbill	<i>Oncostoma olivaceum</i>	3	2	1
159	Common Tody-Flycatcher	<i>Todirostrum cinereum</i>	4	2	2
160	Black-headed Tody-Flycatcher	<i>Todirostrum nigriceps</i>			1
161	Eye-ringed Flatbill	<i>Rhynchocyclus brevirostris</i>	1	1	
162	W. Olivaceous Flatbill	<i>Aequinoctialis olivaceus</i>	2	1	
163	Yellow-olive Flatbill	<i>Tolmomyias sulphurescens</i>	3	1	1
164	Yellow-winged Flatbill	<i>Tolmomyias flavotectus</i>	3	1	1
165	Brown-capped Tyrannulet	<i>Ornithion brunneicapillus</i>	3	4	
166	Southern Beardless-Tyrannulet	<i>Camptostoma obsoletum</i>	4	1	1
167	Yellow-crowned Tyrannulet	<i>Tyrannulus elatus</i>	2	1	2
168	Forest Elaenia	<i>Myiopagis gaimardii</i>	3	1	1
169	Choco Elaenia	<i>Myiopagis caniceps</i>			1
170	Greenish Elaenia	<i>Myiopagis viridicata</i>	3	1	
171	Yellow-bellied Elaenia	<i>Elaenia flavogaster</i>	3	1	

172	Mistletoe Tyrannulet	<i>Zimmerius parvus</i>	7	2	
173	Bright-rumped Attila	<i>Attila spadiceus</i>	1	1	3
174	Rufous Mourner	<i>Rhytipterna holerythra</i>	2	1	
175	Dusky-capped Flycatcher	<i>Myiarchus tuberculifer</i>	2	1	3
176	Panama Flycatcher	<i>Myiarchus panamensis</i>	5	2	
177	Great Crested Flycatcher	<i>Myiarchus crinitus</i>	7	2	
178	Lesser Kiskadee	<i>Pitangus lictor</i>	5	2	
179	Great Kiskadee	<i>Pitangus sulphuratus</i>	9	2	
180	Boat-billed Flycatcher	<i>Megarynchus pitangua</i>	2	1	1
181	Rusty-margined Flycatcher	<i>Myiozetetes cayanensis</i>	4	2	
182	Social Flycatcher	<i>Myiozetetes similis</i>	9	4	
183	Streaked Flycatcher	<i>Myiodynastes maculatus</i>	5	3	
184	Piratic Flycatcher	<i>Legatus leucophaeus</i>	1	1	
185	Tropical Kingbird	<i>Tyrannus melancholicus</i>	14	10+	
186	Eastern Kingbird	<i>Tyrannus tyrannus</i>	4	20	
187	Fork-tailed Flycatcher	<i>Tyrannus savana</i>	3	8	
188	Northern Tufted Flycatcher	<i>Mitrephanes phaeocercus</i>	1	2	
189	Olive-sided Flycatcher	<i>Contopus cooperi</i>	6	2	
190	Western Wood-Pewee	<i>Contopus sordidulus</i>	1	1	
191	Eastern Wood-Pewee	<i>Contopus virens</i>	14	10+	
192	Acadian Flycatcher	<i>Empidonax virescens</i>	3	1	3
193	Black Phoebe	<i>Sayornis nigricans</i>	1	3	
194	Black-crowned Antpitta	<i>Pittasoma michleri</i>	1	1	
195	Fasciated Antshrike	<i>Cymbilaimus lineatus</i>	3	2	1
196	Great Antshrike	<i>Taraba major</i>			1
197	Barred Antshrike	<i>Thamnophilus doliatus</i>	2	2	1
198	Black-crowned Antshrike	<i>Thamnophilus atrinucha</i>	4	2	1
199	Russet Antshrike	<i>Thamnistes anabatinus</i>	1	1	
200	Plain Antvireo	<i>Dysithamnus mentalis</i>	2	1	1
201	Spot-crowned Antvireo	<i>Dysithamnus puncticeps</i>	2	2	
202	Moustached Antwren	<i>Myrmotherula ignota</i>	1	1	2
203	White-flanked Antwren	<i>Myrmotherula axillaris</i>	4	2	
204	Slaty Antwren	<i>Myrmotherula</i>	1	1	
205	Checker-throated Stipplethroat	<i>Epinecrophylla fulviventris</i>	4	1	
206	Dot-winged Antwren	<i>Microrhopias quixensis</i>	5	4	
207	Dusky Antbird	<i>Cercomacroides tyrannina</i>	5	3	1
208	Jet Antbird	<i>Cercomacra nigricans</i>	1	1	1
209	White-bellied Antbird	<i>Myrmeciza longipes</i>	1	1	1
210	Chestnut-backed Antbird	<i>Poliocrania exsul</i>	3	2	1
211	Dull-mantled Antbird	<i>Sipia laemosticta</i>	1	1	
212	Spotted Antbird	<i>Hylophylax naevioides</i>	4	3	
213	Bicolored Antbird	<i>Gymnopithys bicolor</i>	1	1	1
214	Streak-chested Antpitta	<i>Hylopezus perspicillatus</i>	1	1	
215	Black-faced Antthrush	<i>Formicarius analis</i>	1	1	3
216	Scaly-throated Leaf Tosser	<i>Sclerurus guatemalensis</i>	2	1	
217	Olivaceous Woodcreeper	<i>Sittasomus griseicapillus</i>	1	1	
218	Plain-brown Woodcreeper	<i>Dendrocincia fuliginosa</i>	3	1	
219	Wedge-billed Woodcreeper	<i>Glyphorhynchus spirurus</i>	1	2	
220	Cocoa Woodcreeper	<i>Xiphorhynchus susurrans</i>	11	3	2

221	Black-striped Woodcreeper	<i>Xiphorhynchus lachrymosus</i>	1	1	
222	Spotted Woodcreeper	<i>Xiphorhynchus erythropygius</i>	2	2	1
223	Plain Xenops	<i>Xenops minutus</i>	4	2	1
224	Spotted Barbtail	<i>Premnoplex brunnescens</i>	1	1	
225	Red-faced Spinetail	<i>Cranioleuca erythroptus</i>			1
226	Scrub Greenlet	<i>Hylophilus flavipes</i>			1
227	Green Shrike-Vireo	<i>Vireolanius pulchellus</i>	1	2	4
228	Lesser Greenlet	<i>Pachysylvia decurtata</i>	4	6	2
229	Golden-fronted Greenlet	<i>Pachysylvia aurantiifrons</i>	3	6	1
230	Red-eyed Vireo	<i>Vireo olivaceus</i>	3	2	
231	Black-chested Jay	<i>Cyanocorax affinis</i>	3	5	
232	Bank (Sand Martin) Swallow	<i>Riparia riparia</i>	3	3	
233	Mangrove Swallow	<i>Tachycineta albilinea</i>	5	10	
234	Blue-and-white Swallow	<i>Pygochelidon cyanoleuca</i>	2	2	
235	Southern Rough-winged Swallow	<i>Stelgidopteryx ruficollis</i>	4	6	
236	Gray-breasted Martin	<i>Progne subis</i>	8	300	
237	Barn Swallow	<i>Hirundo rustica</i>	7	10+	
238	Cliff Swallow	<i>Petrochelidon pyrrhonota</i>	1	5	
239	Trilling (Long-billed) Gnatwren	<i>Ramphocaenus melanurus</i>	3	1	2
240	Tawny-faced Gnatwren	<i>Microbates cinereiventris</i>	1	2	
241	White-browed Gnatcatcher	<i>Polioptila bilineata</i>	4	1	
242	House Wren (Southern)	<i>Troglodytes aedon</i>	10	2	2
243	Ochraceous Wren	<i>Troglodytes ochraceus</i>	1	2	
244	Rufous-breasted Wren	<i>Pheugopedius rutilus</i>	6	2	2
245	Black-bellied Wren	<i>Pheugopedius fasciatoventris</i>	2	2	2
246	Rufous-and-white Wren	<i>Thryophilus rufalbus</i>	1	1	
247	Isthmian Wren	<i>Cantorchilus elutus</i>	2	2	1
248	Bay Wren	<i>Cantorchilus nigricapillus</i>	2	2	1
249	Buff-breasted Wren	<i>Cantorchilus leucotis</i>	2	2	
250	White-breasted Wood-Wren	<i>Henicorhina leucosticta</i>	1	1	2
251	Gray-breasted Wood-Wren	<i>Henicorhina leucophrys</i>	1	1	
252	Song Wren	<i>Cyphorhinus phaeocephalus</i>	1	1	2
253	Tropical Mockingbird	<i>Mimus gilvus</i>	9	2	
254	Swainson's Thrush	<i>Catharus ustulatus</i>	6	4	
255	Wood Thrush	<i>Hylocichla mustelina</i>	1	1	1
256	Pale-vented Thrush	<i>Turdus obsoletus</i>	1	1	
257	Clay-colored Thrush	<i>Turdus grayi</i>	12	8	
258	Yellow-crowned Euphonia	<i>Euphonia luteicapilla</i>	2	2	1
259	White-vented Euphonia	<i>Euphonia minuta</i>			1
260	Thick-billed Euphonia	<i>Euphonia lanirostris</i>	8	6	
261	Fulvous-vented Euphonia	<i>Euphonia fulvicrissa</i>	4	4	
262	Tawny-capped Euphonia	<i>Euphonia anaeae</i>	4	4	
263	Lesser Goldfinch	<i>Spinus psaltria</i>	2	4	
264	Rosy Thrush-Tanager	<i>Rhodinocichla rosea</i>	2	1	4
265	Common Chlorospingus	<i>Chlorospingus flavopectus</i>	1	3	
266	Black-striped Sparrow	<i>Arremonops conirostris</i>	2	2	
267	Orange-billed Sparrow	<i>Arremon aurantirostris</i>	4	1	
268	Chestnut-capped Brushfinch	<i>Arremon brunneinucha</i>	2	2	
269	Yellow-billed Cacique	<i>Amblycercus holosericeus</i>			1

270	Crested Oropendola	<i>Psarocolius decumanus</i>	2	2	
271	Chestnut-headed Oropendola	<i>Psarocolius wagleri</i>	2	12	
272	Scarlet-rumped Cacique	<i>Cacicus uropygialis</i>	1	2	1
273	Yellow-rumped Cacique	<i>Cacicus cela</i>	4	4	2
274	Orchard Oriole	<i>Icterus spurius</i>	1	4	
275	Yellow-backed Oriole	<i>Icterus chrysater</i>	2	2	1
276	Yellow-tailed Oriole	<i>Icterus mesomelas</i>	1	2	
277	Baltimore Oriole	<i>Icterus galbula</i>	6	8	
278	Giant Cowbird	<i>Molothrus oryzivorus</i>	1	1	
279	Great-tailed Grackle	<i>Quiscalus mexicanus</i>	13	N/C	
280	Carib Grackle	<i>Quiscalus lugubris</i>	2	300	
281	Northern Waterthrush	<i>Parkesia noveboracensis</i>	8	2	1
282	Golden-winged Warbler	<i>Vermivora chrysoptera</i>	5	1	
283	Black-and-white Warbler	<i>Mniotilta varia</i>	3	1	
284	Prothonotary Warbler	<i>Protonotaria citrea</i>	6	2	
285	Tennessee Warbler	<i>Leiothlypis peregrina</i>	9	8	
286	Mourning Warbler	<i>Geothlypis philadelphia</i>	3	2	
287	American Redstart	<i>Setophaga ruticilla</i>	1	1	
288	Magnolia Warbler	<i>Setophaga magnolia</i>	1	1	
289	Bay-breasted Warbler	<i>Setophaga castanea</i>	14	10	
290	Blackburnian Warbler	<i>Setophaga fusca</i>	4	1	
291	American Yellow Warbler	<i>Setophaga aestiva</i>	9	3	
292	Chestnut-sided Warbler	<i>Setophaga pensylvanica</i>	7	1	
293	Black-throated Green Warbler	<i>Setophaga virens</i>	1	2	
294	Buff-rumped Warbler	<i>Myiothlypis fulvicauda</i>	5	2	
295	Chestnut-capped Warbler	<i>Basileuterus delatirii</i>	6	2	
296	Canada Warbler	<i>Cardellina canadensis</i>	2	1	
297	Hepatic/Tooth-billed Tanager	<i>Piranga flava</i>	2	2	
298	Summer Tanager	<i>Piranga rubra</i>	10	2	
299	Scarlet Tanager	<i>Piranga olivacea</i>	3	3	
300	Red-crowned Ant-Tanager	<i>Habia rubica</i>	3	2	1
301	Red-throated Ant-Tanager	<i>Habia fuscicauda</i>	3	3	
302	Carmoil's Tanager	<i>Chlorothraupis carmioli</i>	1	1	
303	Blue-black Grosbeak	<i>Cyanoloxia cyanoides</i>	2	1	
304	Dusky-faced Tanager	<i>Mitrospingus cassinii</i>	2	3	
305	Speckled Tanager	<i>Ixothraupis guttata</i>	1	3	
306	Blue-gray Tanager	<i>Thraupis episcopus</i>	14	8+	
307	Palm Tanager	<i>Thraupis palmarum</i>	12	6	
308	Golden-hooded Tanager	<i>Stilpnia larvata</i>	8	3	
309	Plain-colored Tanager	<i>Tangara inornata</i>	8	4	
310	Rufous-winged Tanager	<i>Tangara lavinia</i>	1	1	
311	Bay-headed Tanager	<i>Tangara gyrola</i>	5	2	
312	Emerald Tanager	<i>Tangara florida</i>	3	4	
313	Silver-throated Tanager	<i>Tangara icterocephala</i>	2	2	
314	Saffron Finch	<i>Sicalis flaveola</i>	3	2	
315	Green Honeycreeper	<i>Chlorophanes spiza</i>	9	4	
316	Black-and-yellow Tanager	<i>Chrysothlypis chrysomelas</i>	2	2	
317	Blue-black Grassquit	<i>Volatinia jacarina</i>	1	1	
318	Gray-headed Tanager	<i>Eucometis penicillata</i>	2	2	1

319	White-shouldered Tanager	<i>Loriotus luctuosus</i>	6	4	
320	Tawny-crested Tanager	<i>Tachyphonus delatrii</i>	2	8	1
321	White-lined Tanager	<i>Tachyphonus rufus</i>	1	3	
322	Yellow-rumped Tanager	<i>Ramphocelus icteronotus</i>	3	4	
323	Crimson-backed Tanager	<i>Ramphocelus dimidiatus</i>	14	6	
324	Shining Honeycreeper	<i>Cyanerpes lucidus</i>	2	4	
325	Red-legged Honeycreeper	<i>Cyanerpes cyaneus</i>	3	4	
326	Scarlet-thighed Dacnis	<i>Dacnis venusta</i>	4	2	
327	Blue Dacnis	<i>Dacnis cayana</i>	7	4	
328	Bananaquit	<i>Coereba flaveola</i>	4	2	
329	Yellow-faced Grassquit	<i>Tiaris olivaceus</i>	5	4	
330	Thick-billed Seed-Finch	<i>Sporophila funerea</i>	1	1	
331	Variable Seedeater	<i>Sporophila corvina</i>	11	10	
332	Black-headed Saltator	<i>Saltator atriceps</i>	1	1	
333	Buff-throated Saltator	<i>Saltator maximus</i>	5	3	2
334	Slate-colored Grosbeak	<i>Saltator grossus</i>	1	1	
335	Streaked Saltator	<i>Saltator striatipectus</i>	2	2	

Mammals and other sightings:

1	Derby's Woolly Opossum	<i>Caluromys derbianus</i>	3	1	
2	Northern Tamandua	<i>Tamandua mexicana</i>	1	1	
3	Hoffmann's Two-toed Sloth	<i>Choloepus hoffmanni</i>	6	2	
4	Brown-throated Three-toed Sloth	<i>Bradypus variegatus</i>	8	1	
5	Proboscis Bat	<i>Rhynchonycteris naso</i>	1	10	
6	Greater Sac-winged Bat	<i>Saccopteryx bilineata</i>			1
7	Lesser Sac-winged Bat	<i>Saccopteryx leptura</i>	1	2	1
8	Thomas's Shaggy Bat	<i>Centronycteris centralis</i>			1
9	Black Myotis	<i>Myotis nigricans</i>			1
10	Western Red Bat	<i>Lasiurus frantzii</i>			1
11	Geoffroy's Tamarin	<i>Saguinus geoffroyi</i>	5	6	
12	White-throated Capuchin	<i>Cebus capucinus</i>	3	6	
13	Colombian Night Monkey	<i>Aotus lemurinus</i>	2	2	
14	Mantled Howler Monkey	<i>Alouatta palliata</i>	3	2	4
15	Variiegated Squirrel	<i>Sciurus variegatoides</i>	4	2	
16	Red-tailed Squirrel	<i>Sciurus granatensis</i>	7	1	
17	Lesser Capybara	<i>Hydrochoerus isthmius</i>	1	3	
18	Central American Agouti	<i>Dasyprocta punctata</i>	11	4	
19	White-nosed Coati	<i>Nasua narica</i>	4	4	
20	Kinkajou	<i>Potos flavus</i>	2	1	
21	Western Lowland Olingo * see notes below	<i>Bassaricyon medius</i>	2	1	
22	White-tailed Deer	<i>Odocoileus virginianus</i>	1	1	
23	Common Basilisk	<i>Basiliscus basiliscus</i>	4	N/C	
24	Green Iguana	<i>Iguana iguana</i>	2	1	
26	American Crocodile	<i>Crocodylus acutus</i>	1	1	
27	Spectacled Caiman	<i>Caiman crocodilus</i>	2	N/C	
28	Meso-american Slider	<i>Trachemys venusta</i>	2	4	
29	Striped (Talamanca) Rocket Frog	<i>Allobates talamancae</i>	1	1	3
30	Green-and-black Poison Dart Frog	<i>Dendrobates auratus</i>	1	2	

31	Scarab Beetle species	<i>Hadrosticta viridiflua</i>			
32	Yellow-banded Coreid	<i>Paryphes flavocinctus</i>	1	1	
33	Giant Red-winged Grasshopper	<i>Tropidacris cristata</i>	1	1	
34	Long-tailed Helicopterr	<i>Mecistogaster linearis</i>	1	1	
	BUTTERFLIES				
1	White Satyr	<i>Pareuptychia ocirrhoe</i>	Seen		
2	Hermes Satyr	<i>Hermeuptychia hermes</i>	Seen		
3	Renata's Satyr	<i>Ypthimoides renata</i>	Seen		
4	Julia Heliconian	<i>Dryas iulia</i>	Seen		
5	Cattleheart White	<i>Archonias brassolis</i>	Seen		
6	Clio Crescent	<i>Eresia clio</i>	Seen		
7	Banded Peacock	<i>Anartia fatima</i>	Seen		
8	Menelaus Morpho	<i>Morpho menelaus</i>	Seen		
9	Stub-tailed Morpho	<i>Morpho theseus</i>	Seen		
10	Godman's Sarota	<i>Sarota myrtea</i>	Seen		
11	Fine-lined Longwing	<i>Eueides aliphera</i>	Seen		
12	Green Longwing	<i>Philaethria dido panamensis</i>	Seen		
13	Cydno Longwing	<i>Heliconius cydno</i>	Seen		
14	Tiger Longwing	<i>Heliconius hecale</i>	Seen		
15	Heraldica Clearwing	<i>Ithomia heraldica</i>	Seen		
16	Hezia Clearwing	<i>Callithomia hezia</i>	Seen		
17	Diasia Clearwing	<i>Ithomia diasia</i>	Seen		
18	Mimic Crescent	<i>Castilia eranites</i>	Seen		
19	Clio Crescent	<i>Eresia clio</i>	Seen		
20	Guatemalan Sarota	<i>Sarota psaros</i>	Seen		
21	Canna Skipper	<i>Quinta cannae</i>	Seen		
22	Tropical Checkered-Skipper	<i>Burnsius oileus</i>	Seen		
23	Lyra Metalmark	<i>Lyropteryx lyra</i>	Seen		
24	Two-barred Flasher	<i>Astraptes fulgerator</i>	Seen		
25	Starry Night Cracker	<i>Hamadryas laodamia</i>	Summit Hotel		
26	Pale Owl-Butterfly	<i>Caligo telamonius</i>			
	MOTHS (many of which do not have English Names)				
1		<i>Agyrta dux</i>	Canopy Lodge		
3		<i>Eulepidotis viridissima</i>	Canopy Lodge		
4	Mexican Tiger Moth	<i>Apantesis proxima</i>	Canopy Lodge		
5		<i>Ormetica sicilia</i>	Canopy Lodge		
6		<i>Rhabdatomis laudamia</i>	Canopy Lodge		
7		<i>Titaea tamerlan</i>	Canopy Lodge		
8		<i>Dyomyx psectrocera</i>	Canopy Lodge		
9		<i>Euglyphis leptia</i>	Canopy Lodge		
10		<i>Hypena nualis</i>	Canopy Lodge		
11		<i>Rosema deolis</i>	Canopy Lodge		
12	Spurious Sphinx	<i>Cautethia spuria</i>	Canopy Lodge		
13		<i>Synchlora gerularia</i>	Canopy Lodge		
14	Orange-spotted Wasp Moth	<i>Aclytia heber</i>	Canopy Tower		
15		<i>Balbura dorsisigna</i>	Canopy Tower		
16		<i>Gonodonta fulvangula</i>	Canopy Tower		
17		<i>Prepiella auroides</i>	Canopy Tower		
18		<i>Prepiella pexicera</i>	Canopy Tower		

19		<i>Adhemarius gannascus</i>	Canopy Tower
20	Ello Sphinx	<i>Erinnyis ello</i>	Canopy Tower
21		<i>Enyo gorgon</i>	Canopy Tower
22	Falcifera Sphinx Moth	<i>Callionima falcifera</i>	Canopy Tower
23	Hieroglyphic Moth	<i>Diphthera festiva</i>	Canopy Tower
24		<i>Lepidoneiva teuthras</i>	Canopy Tower
25		<i>Marthula rufescens</i>	Canopy Tower
26		<i>Opharus gemma</i>	Canopy Tower
27		<i>Psoloptera thoracica</i>	Canopy Tower
28		<i>Trosia semirufa</i>	Canopy Tower
29		<i>Xanthopastis timais</i>	Canopy Tower
30	Streaked Sphinx	<i>Protambulyx strigilis</i>	Summit Hotel
31		<i>Idalus dares</i>	Canopy Tower
32		<i>Cosmosoma semifulva</i>	Canopy Tower
33		<i>Hyperandra excavata</i>	Canopy Tower
34		<i>Robinsonia deiopea</i>	Canopy Tower
35	Emeraldine	<i>Ceroctena amynta</i>	Canopy Tower
36		<i>Euglyphis rundala</i>	Canopy Tower
37		<i>Dysschema magdala</i>	Canopy Tower
38		<i>Thagona sp (undescribed)</i>	Canopy Tower
39		<i>Automeris banus</i>	Canopy Tower
40	Walker's Moth	<i>Sosxetra grata</i>	Canopy Tower
41	Pale-edged Selenisa	<i>Selenisa sueroides</i>	Canopy Tower
42		<i>Celiptera levina</i>	Canopy Tower
43		<i>Semaeopus nisa</i>	Canopy Tower
44	Sunset (Urania Swallowtail) Moth	<i>Urania fulgens</i>	Seen daytime flier
45		<i>Asturodes bioalfae</i>	Canopy Lodge
46		<i>Therinia transversaria</i>	Canopy Tower
47		<i>Adhemarius gannascus</i>	Canopy Lodge
48		<i>Adeloneivaia jason</i>	Canopy Lodge
49		<i>Synchlora gerularia</i>	Canopy Lodge
50		<i>Cosmosoma stibosticta</i>	Canopy Lodge
51		<i>Perasia garnoti</i>	Canopy Lodge
52		<i>Parasa viridogrisea</i>	Canopy Lodge
53		<i>Hypercompe muzina</i>	Canopy Lodge
54		<i>Hemiceras muscosa</i>	Canopy Lodge
55		<i>Eois numida</i>	Canopy Lodge
56		<i>Gaudeator paidicus</i>	Canopy Lodge
57		<i>Rejectaria cocytalis</i>	Canopy Lodge
58		<i>Anticla antica</i>	Canopy Lodge
59		<i>Anomis luridula</i>	Canopy Lodge
60		<i>Desmia bajulalis</i>	Canopy Lodge
61		<i>Petrophila opulentalis</i>	Canopy Lodge
62	Bolivar's Mouse-eye	<i>Opisthoxia bolivari</i>	Canopy Lodge
63		<i>Athyrra dormitrix</i>	Canopy Tower
64		<i>Millerocampa laqueata</i>	Canopy Tower
65		<i>Pseudodirphia eumedidoides</i>	Canopy Tower
66		<i>Rhuda focula</i>	Canopy Tower
67		<i>Hapigia curvilinea</i>	Canopy Tower

68		<i>Mesoscia dumilla</i>	Canopy Tower
69		<i>Molippa latemedia</i>	Canopy Tower
70		<i>Phostria dohrnii</i>	Canopy Tower
71		<i>Dysgonia expediens</i>	Canopy Tower
72		<i>Semyra bella</i>	Canopy Tower
73		<i>Cisthene polyzona</i>	Canopy Tower
74		<i>Herminodes atosignata</i>	Canopy Tower
75		<i>Melese asana</i>	Canopy Tower
76		<i>Paectes fovifera</i>	Canopy Tower
77		<i>Antiblemma leucocyma</i>	Canopy Tower
78		<i>Cosmosoma xanthosticta</i>	Canopy Tower
79		<i>Amaxia osmophora</i>	Canopy Tower
80	Dot-lined White Moth	<i>Artace cribrarius</i>	Canopy Tower
81		<i>Moresa costalis</i>	Canopy Tower
82		<i>Rosema dorsalis</i>	Canopy Tower
83		<i>Phaeomolis lineatus</i>	Canopy Tower
84		<i>Malocampa albolineata</i>	Canopy Tower
85		<i>Hemiceras vecina</i>	Canopy Tower
86		<i>Hypsopygia amoenalis</i>	Canopy Tower
87	Jasmine Moth	<i>Palpita vitrealis</i>	Canopy Tower
88		<i>Tricentra euriopis</i>	Canopy Tower
89		<i>Norape ovina</i>	Canopy Tower
90	Walker's Sphinx	<i>Pachylioides resumens</i>	Canopy Tower
91		<i>Automeris dagmarae</i>	Canopy Tower
92		<i>Canodia difformis</i>	Canopy Tower
93		<i>Argyrosticta aurifundens</i>	Canopy Tower
94	Yellow Mocis Moth	<i>Mocis disseverans</i>	Canopy Tower
95		<i>Caviria vinasia</i>	Canopy Tower
96		<i>Rifargia apella</i>	Canopy Tower
97		<i>Rhuda difficilis to vcheck !!!!</i>	Canopy Tower
98		<i>Elysius conspersus</i>	Canopy Tower
99		<i>Hapigia curvilinia</i>	Canopy Tower
100		<i>Trosia incostata</i>	Canopy Tower
101	Hübner's Olive	<i>Sphacelodes vulneraria</i>	Canopy Tower
	Fungus		
1	Orange Cup Fungus	<i>Cookeina speciosa</i>	
2	Bristly Tropical Cup	<i>Cookeina tricholoma</i>	

Notes for the Olingo - <https://www.ncbi.nlm.nih.gov/pmc/articles/PMC3760134/>

There were lots of other butterflies, dragonflies, moths and flowers including orchids all seen.