



Sunrise Birding LLC

# COSTA RICA

February 10 – 16, 2019

## TRIP REPORT



*Photos: Collared Whitestart, Golden-browed Chlorophonia, Resplendent Quetzal, Snowcap, American Dipper.*



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## Quetzal and Hummingbird Special

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# TRIP REPORT

**Leaders: Frank Mantlik & Vernon Campos**

Report and photos by Frank Mantlik

### Highlights and top sightings of the trip as voted by participants:

- Resplendent Quetzals every day in the highlands
- Golden-browed Chlorophonia
- White-nosed Coatimundi
- Black-faced Solitaire (and song)
- Owl-Eye Butterfly
- Snowcap
- Scarlet-thighed Dacnis
- Costa Rican Pygmy-Owl
- Flocks of Toucans & Aracaris
- Tropical Screech Owl
- Crimson-fronted Parakeets
- Flame-colored Tanager
- Tayra !!!
- Wrenthrush pair
- Great Potoo
- Fiery-throated Hummingbird
- White-throated Mountain-gem
- 18 Species of Hummingbirds
- Purple-crowned Fairy, bathing
- 38 Regional Endemics
- Sunbittern
- Frank's finger perch for Hummers
- Spotted Wood-Quail
- Birding the Rancho balcony
- Yellow-thighed Finch ("yellow pantaloons")
- Great Costa Rican food & coffee

### Day 1 - Arrival San Jose

This was a travel day as participants arrived on flights to the capital city of San Jose. (Note: some arrived a day or two early to hedge against winter weather delays or to pursue other activities. Some made a pre-tour day-trip to Carara National Park). After transfer to the fabulous Hotel Bougainvillea, we unwound from a long travel day by birding the lush onsite gardens. We saw our first Red-billed Pigeons, Hoffmann's Woodpeckers, Rufous-tailed Hummingbirds, and Clay-colored Thrushes, the national bird of Costa Rica. Soon we gathered for a beverage and then a scrumptious dinner, as Frank welcomed the group and outlined the upcoming tour.

### Day 2 - San Jose to Talamanca Mountains/Savegre River Valley

We gathered shortly after sunrise for a birding stroll in the Hotel gardens. We found quite a lot of birds including Lesson's Motmot, Plain-capped Starthroat, Blue-gray Tanagers, Yellow-naped Parrots feeding, Great Kiskadee, Social Flycatcher, Philadelphia Vireo, Rufous-naped Wrens, Baltimore Orioles (8 males in one tree!), Melodious Blackbird, Rufous-capped

Warbler, and a pair of White-eared Ground-Sparrows. Also seen were Variegated Squirrels and an amazing assortment of plants.

After a breakfast feast, we loaded the van and headed southeast toward the Talamanca Mountains. Up we climbed in elevation. We arrived at Paraiso Quetzales in time to enjoy the many hummingbirds coming to feeders as well as to bird the lodge grounds before lunch. Highlights seen here included Lesser Violetear, Talamanca, **Fiery-throated**, and Volcano **Hummingbirds**, Blue-and-white Swallows, Rufous-collared Sparrows, Sooty Thrush, Slaty Flowerpiercer, Black-and-yellow Silky-Flycatcher, Large-footed



Finches, and Black-billed Nightingale-Thrush. But the species that elicited the most “oohs and ahhs” were the Collared Whitestart and the pair of Golden-browed Chlorophonias.

Next we birded a nearby side road off the PanAmerican Highway, within Los Quetzales National Park. We had the place to ourselves in the impressive moss-covered cloud forest. Vernon soon spotted our first Resplendent Quetzal. Scopes afforded full views of this extremely long-tailed male. Excitement was in the air as cameras clicked. A young male and



a female were also seen. Some consider this the most beautiful bird in the world. The Quetzal was deemed divine by the ancient Aztecs and Mayans, who considered it the “god of the air” and as a symbol of goodness and light, as well as a symbol of liberty. Also seen here were an Ochraceous Wren and some Band-tailed Pigeons. We then tried another side road (to Providencia), where we succeeded in seeing two Timberline Wrens, two Ruddy Treerunners, and a Buffy Tuftedcheek. Don’t you just love those names!

We then headed downslope toward our next lodge in the Savegre River valley town of San Gerardo de Dota. Trogon Lodge was like a paradise nestled among the high elevation (9,000 feet) cloud forest. We couldn’t help but bird the grounds during and after check-in. Species included **White-throated Mountain-gem**, Volcano Hummingbird, and Sooty-capped Chlorospingus. Frank and Jane encountered another pair of Resplendent Quetzals outside their cabins and a pair of Black-cheeked

Warblers along the river. We all gathered at the bar for a complimentary beverage and to review the day's list, when Chuck spotted a Black Guan in a nearby tree. After a delicious gourmet dinner, we were ready to hit our cozy warm beds on a cool mountain evening.

### Day 3 - Savegre Area

After some hot coffee at sunrise, we took an optional bird walk on the Trogon Lodge property including along the Savegre River. We saw Louisiana Waterthrush, Sooty and Mountain Thrushes, Volcano Hummingbird, Gray-breasted Wood-Wren, Mountain Elaenia, and the ubiquitous Rufous-collared Sparrows. Near the bridge we took photos and video of a pair of American Dippers gathering moss off a rock for their nest. Walking back up the driveway, Frank spotted a male Resplendent Quetzal across the river; more scope views of this amazing bird! During breakfast, a flock of Black Guans flew from tree to tree. Soon we rode the van downslope to Hotel Savegre, where Vernon obtained permission to birdwatch the grounds. We birded on foot all morning past the cabins, and down to the Cataract (waterfall) Trail. In addition to seeing another pair of Quetzals, we racked up many new species. These included Dark Pewee, Spot-crowned Woodcreeper, Spangle-cheeked Tanager, Yellowish and Tufted Flycatchers, Mistletoe Tyrannulet, Yellow-winged Vireo, Flame-throated Warbler, Common Chlorospingus, Lineated Foliage-gleaner, Barred Becard, Chestnut-capped Brushfinch, female Collared Trogon, and the uncommon Black-thighed Grosbeak. With persistence we had fine scope views of a **singing Black-faced Solitaire!** During the return walk we saw Torrent Tyrannulets (pair feeding a fledgling), Sulphur-winged Parakeets, Stripe-tailed and Scintillant Hummingbirds, Osprey, and our first Flame-colored Tanager. Back at the Hotel woods, we succeeded in seeing a few Spotted Wood-Quail.



By now we were tired, hungry and thirsty. A delicious lunch was followed by some down time to relax. Silver-throated Tanagers flitted just outside the window. Mid-afternoon we visited Miriam's Restaurant to bird her balcony and feeders, while sipping hot cocoa. The photo-ops here are amazing. Cameras clicked away at a variety of hummingbirds: Talamanca, Fiery-throated, Volcano, Lesser Violetear, and White-throated Mountain-gem. Frank held out his finger, which some hummers used as a perch to drink from a feeder. Also, we had superb views of Sooty and Mountain Thrushes, comical Acorn Woodpeckers, Sharp-shinned Hawk, Long-tailed Silky-flycatcher, Yellow-bellied Siskins, Rufous-collared Sparrows, Sooty-capped Chlorospingus, Large-footed Finch, and Flame-colored Tanagers. We heard a singing Rufous-browed Peppershrike while watching Band-tailed Pigeons wing up and down the valley. Next we drove to a different area and as darkness fell we tried to locate some owls, unsuccessfully. We did, however, hear and see some Dusky Nightjars, which are endemic to Costa Rica and western Panama.



#### Day 4 - Savegre / Cerro de la Muerte

We took a pre-breakfast bird hike on the Lodge's riverside trails. We saw a pair of Black-cheeked Warblers and a pair of Wrenthrushes, a species often difficult to see due to their skulking behavior in dense ground vegetation. A main highlight of the day was finding a Costa Rican Pygmy-Owl, which was first heard then spotted high in a tree. It was calling and numerous passerines were agitated by its presence. After a delicious breakfast, we rode the van up the Pan American Highway then up a side road to the top of Cerro de la Muerte (elev. 11,400 feet). Despite the thin air, the weather was clear and pleasant. The views were spectacular, including of the distant forested mountains with clouds below, as well as of the fuming volcano Turrialba. Our purpose here was to search for some high-elevation specialties. We succeeded with great

views of several **Volcano Juncos** and flocks of White-collared Swifts. We dipped however on finding the elusive Peg-billed Finch.

Afterwards, we stopped at the nearby Restaurant la Georgina for coffees and to enjoy the swarms of hummingbirds at their feeders. We then explored another side road, Villa Mills. Here we encountered a variety of birds, including our first Black-capped Flycatcher. The native plants were equally impressive; a stand of Thistles grew to twelve feet high.

Back at Trogon Lodge, we enjoyed some down time after lunch. We then took an afternoon hike through the local forest, returning along the road. We saw many familiar species, such as another male Resplendent Quetzal, a Buffy Tuftedcheek flipping leaves out of a bromeliad, and a pair of Tufted Flycatchers. We added a pair of Golden-bellied Flycatchers to the list. But the main highlight was getting prolonged scope views of the morning's Costa Rican Pygmy-Owl, which was tooting away high on a moss-covered limb. The pair of American Dippers exhibited their unique feeding behavior in the river near the Lodge. We concluded the day by tallying our list, followed by another fine buffet dinner.





## Day 5 - Savegre to Rancho

After another fabulous breakfast buffet, we packed up and checked out of Trogon Lodge, thanking our fine hosts. After a gas stop, we drove through the outskirts of Cartago, spotting a dark Short-tailed Hawk along the van. A brief roadside stop at a wet area of Finca Las Concavas netted us Blue-winged Teal, Common Gallinules, Southern Lapwing, Killdeer, and Northern Jacana. Another brief stop at Paraiso Park in the city provided amazing views of a roosting **Tropical Screech Owl**, as well as a Palm Tanager and a few pairs of Crimson-fronted (Finsch's) Parakeets. A stop to buy locally-grown and roasted organic coffee at Finca Cristina allowed Vernon and Frank to say hello to old friends Ernesto and Linda. Here a few birds were seen as well as a Variegated Squirrel and a Giant Owl Butterfly.

We continued our journey, arriving at the fabulous Rancho Naturalista Ecolodge in time for lunch. Host Lisa Erb greeted us and her staff helped us to our rooms. We birded the gardens and feeders

from the balcony, adding a whole new set of birdlife. Hummingbirds swarming the feeders included White-necked Jacobin, Crowned Woodnymph, Rufous-tailed Hummingbird, Violet Sabrewing, Green-breasted Mango, and Green Hermit. Other birds seen included **Montezuma Oropendola**, Gray-headed Chachalaca, Red-billed Pigeon, White-tipped Dove, Brown Jays, Tennessee Warblers, Orange-billed Sparrow, and Yellow-faced Grassquit. Next we birded on foot around the lodge lot, finding male and female Snowcaps, Golden-hooded

and Silver-throated Tanagers, Chestnut-sided and Blackburnian Warblers, Yellow-bellied Flycatcher, Mistletoe Tyrannulet, Chestnut-headed Oropendola, and White-vented Euphonia.



Next we took a short hike through the forest to the Hummingbird Pools, small pools along a stream where hummingbirds come to bathe at day's end. It was amazing to watch these little jewels, illuminated by our flashlights, dipping into the water. Crowned Woodnymphs glowed! A male Snowcap showed his bright white "headlamp", and a Purple-crowned Fairy shined iridescent lime-green. A bonus was a White-tipped Sicklebill. Other birds coming in to bathe included Dull-mantled and Zeledon's Antbirds, Buff-throated Foliage-gleaner, Ochre-bellied and Slaty-capped

Flycatchers, Kentucky Warbler, and a flock of Carmiol's Tanagers. We concluded another great day with dinner and reviewing the day's list. Some heard a Mottled Owl during the night.

### **Day 6 - Rancho, San Antonio, CATIE**

Predawn hot coffee on the balcony helped wake us. Some folks heard the Mottled Owl hooting just hours before. We visited the lighted moth-sheet which attracts insects, which in turn attract hungry birds. Here we saw Red-throated Ant-Tanagers, White-breasted Wood-Wren, Plain-brown and Spotted Woodcreepers, Yellow-bellied Flycatcher, and Buff-throated Foliage-gleaner. Back at the lodge for breakfast, we saw a Mourning Warbler, Ovenbird, and Blue-gray Tanager. But the most amazing visitor was a **Tayra** - a sleek black member of the weasel family - that stole some bananas! Soon after, a White-nosed Coati came to get the remainder. Lodge guide Harry showed Frank a Pale-billed Woodpecker; others in the group at least heard it tapping on tree trunks.



We boarded the van to explore a side road that leads to Silence Mountain near the village of San Antonio. Trucks carrying harvested sugar cane arrived at the nearby mill. Birding here was fantastic! Along the stream we saw a Sunbittern, Green Heron, Roadside Hawk, Black Phoebe, Spotted Sandpiper, Southern Rough-winged Swallows, and Torrent Tyrannulet. We worked our way along the road, stopping to see Yellow-faced Grassquits, Crimson-collared Tanager, Groove-billed Ani, and Thick-billed Seedfinch. Birding on foot netted us many goodies such as Ruddy Ground-Dove, Rufous Motmot, Yellow-bellied Elaenia, Tropical Pewee, Dusky-capped and Gray-capped Flycatchers, Common Tody-Flycatcher, Tropical Parula, Variable Seedeater, Bananaquit, female Snowcap, Green Hermit, Black-crowned Tityra, a pair of Bay Wrens, and Buff-throated, Black-headed, and Grayish Saltators. Some fruiting trees attracted mixed flocks of colorful Tanagers, including Emerald, Speckled, Golden-hooded, Silver-throated, Bay-headed, Scarlet-rumped, and Black-and-Yellow. Male and female Green Honeycreepers showed well, as did Yellow-throated and Tawny-capped Euphonias. Talk about colorful birds! Montezuma Oropendolas flew to and from their nest colony. A wide variety of Butterflies delighted us as well. While Vernon went to get the van, Frank spotted a Collared Aracari in the forest across the river. Scoping it, we realized there

was a Keel-billed Toucan next to it. What happened next was simply amazing. These birds flew out and directly over our heads, followed by a steady stream of both species. We estimated 18 Toucans and 11 Ararcaris. Some people attempted flight shots.

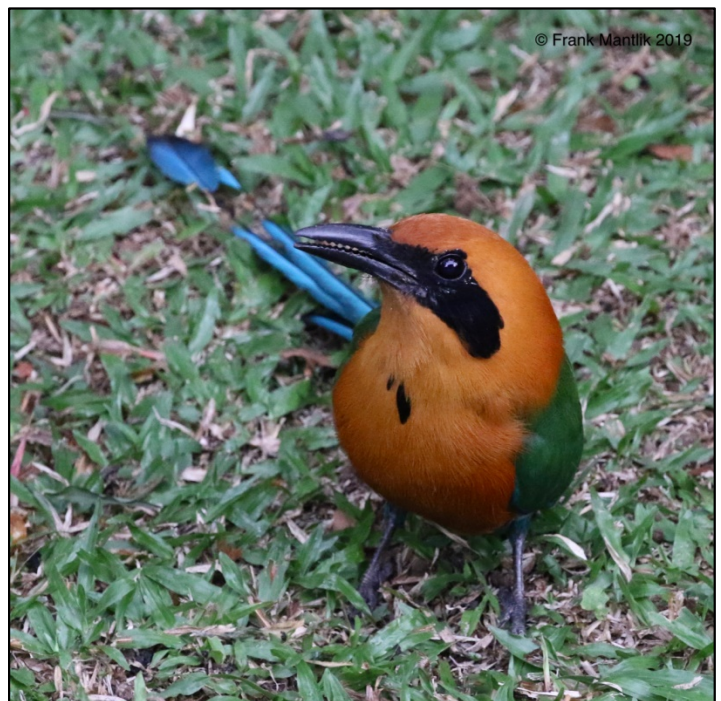
After a tasty lunch and some down time, we walked to a nearby site of a White-collared Manakin lek. While hearing the snapping sounds of the males' wings, most of us obtained views through the dense vegetation. Next we rode the van to CATIE, a university-related tropical agriculture and research facility with nice bird habitat. Here at the pond we viewed Purple Gallinules, Northern Jacanas (with babies), Great and Cattle Egrets, Black-crowned and Boat-billed Herons, Anhingas, and Ringed Kingfisher. Birding on foot along the roads, we found Yellow-headed Caracara, Scarlet-thighed Dacnis, Band-backed Wren, Olive-backed and Yellow-throated Euphonias, White-crowned Parrots, male Gartered Trogon, Hoffmann's and Lineated Woodpeckers, a flock of Collared Aracaris, and a variety of Tanagers. Frank, determined to find a King Vulture, kept scanning through the many soaring Black and Turkey Vultures. No luck this day. A short ride to the Jardin Botanical Garden resulted in Vernon spotting a surprise creature: a Great Potoo. Scope views of this local nocturnal rarity, roosting in a tree, were enjoyed by all. Laurie obtained video of the behemoth yawning, showing its huge mouth. Back at the Lodge, we celebrated another productive day with cold beer and a delicious dinner.

### Day 7 - Rancho to San Jose

Meeting on the balcony at first light for coffee and hummingbirds, we happily found a **Rufous Motmot** perched at the feeding station. We then walked to the bamboo patch and the beginning of the forest trail. The lush forest held Golden-crowned Warbler, Tawny-chested Flycatcher, and a pair of elusive but vocal Bicolored Hawks. During breakfast, the marauding Tayra and Coati came for bananas, and a Central American Agouti scarfed up cooked rice on the ground. Then we took a few minutes to allow each person to announce their favorite birds and other sightings of the trip. We checked out and loaded the van before taking a group photo. Farewell to Rancho, but we'll be back! Driving back toward San Jose, we stopped briefly to bird the Birris Reservoir. Here we saw flocks of Lesser Scaup, Blue-winged Teal, a few shorebirds, a Blue-black Grassquit, and some Northern Rough-winged and Blue-and-white Swallows.

Without encountering traffic delays, we returned to San Jose, dropping some off at the Airport for flights home, and others to their nearby hotels for one more night in Costa Rica. Farewells and fond memories capped off a terrific week of birding this scenic and friendly country.

Many thanks to Vernon, who served as both our very capable local bird expert and terrific driver. And thanks especially to all the participants for choosing Sunrise Birding. It was truly a joy meeting you, and sharing Costa Rica's natural riches with you. We hope to see you on another tour sometime soon.





Sincerely,  
Frank Mantlik  
Sunrise Birding Guide



**Photos: Tawny-capped Euphonia, Acorn Woodpecker, Happy Group!**

## BIRD LIST FOR COSTA RICA: Quetzal & Hummingbird Special 2019

#	SPECIES	Scientific Name	4 prev. tours	Comments
1	Blue-winged Teal	<i>Spatula discors</i>	3	20 at Concavas 2/14. 60 at Birris Reservoir 2/16.
2	Lesser Scaup	<i>Aythya affinis</i>	2	30 at Birris Reservoir 2/16
3	Grey-headed Chachalaca	<i>Ortalis cinereiceps</i>	4	One or more each day at Rancho; 3 at CATIE
4	Black Guan <b>Nt R-E</b>	<i>Chamaepetes unicolor</i>	3	One to 5 each day at Trogon/Savegre valley
5	Spotted Wood Quail	<i>Odontophorus guttatus</i>	2	Three at Hotel Savegre woods 2/12
6	Boat-billed Heron	<i>Cochlearius cochlearius</i>	1	One seen well at CATIE 2/15
7	Black-crowned Night Heron	<i>Nycticorax nycticorax</i>		Three at CATIE 2/15
8	Green Heron	<i>Butorides virescens</i>	2	One in river at San Antonio 2/15
9	Western Cattle Egret	<i>Bubulcus ibis</i>	4	One or more seen four days, various locations
10	Great Egret	<i>Ardea alba</i>	3	3 perched in tree at Catie 2/15
11	Little Blue Heron	<i>Egretta caerulea</i>	2	One adult seen in ditch in La Suiza 2/15
12	Snowy Egret	<i>Egretta thula</i>	2	One seen in ditch in La Suiza 2/16
13	Anhinga	<i>Anhinga anhinga</i>		Three seen on CATIE pond 2/15
14	Turkey Vulture	<i>Cathartes aura</i>	4	Abundant and widespread, seen daily
15	Black Vulture	<i>Coragyps atratus</i>	4	Abundant and widespread, seen daily
16	Western Osprey	<i>Pandion haliaetus</i>	2	One seen perched near Cataratas Trail 2/12
17	Sharp-shinned Hawk	<i>Accipiter striatus</i>	1	One adult in flight over Miriam's 2/12
18	Bicolored Hawk	<i>Accipiter bicolor</i>	4	Vocal pair glimpsed in Rancho forest
19	Roadside Hawk	<i>Rupornis magnirostris</i>	3	One immature seen perched at start of Silence Mt. Road 2/15
20	Gray Hawk	<i>Buteo plagiatus</i>		One hunting adult in flight seen from van near San Jose 2/11
21	Short-tailed Hawk	<i>Buteo brachyurus</i>	4	One dark morph seen from van near Cartago 2/14
22	Red-tailed Hawk	<i>Buteo jamaicensis</i>	4	Up to 2/day 2/12-2/15, various sites - all resident race

23	Sunbittern	<i>Eurypyga helias</i>	2	One preening in river seen well San Antonio 2/15
24	Purple Gallinule	<i>Porphyrio martinica</i>	2	4 adults at CATIE pond 2/15
25	Common Gallinule	<i>Gallinula galeata</i>	1	8 in small Concavas wetland 2/14
26	Southern Lapwing	<i>Vanellus chilensis</i>	2	One seen from van at Concavas wetland 2/14
27	Killdeer	<i>Charadrius vociferus</i>	3	2 at Concavas 2/14; 3 at Birris Reservoir 2/16
28	Northern Jacana	<i>Jacana spinosa</i>	4	1 at Concavas 2/14; 20 (adults and chicks) at CATIE 2/15
29	Spotted Sandpiper	<i>Actitis macularius</i>	3	1 in river San Antonio 2/15; 1 at Birris Reservoir 2/16
30	Rock Dove I	<i>Columba livia</i>	4	A few seen in cities during transit
31	Band-tailed Pigeon	<i>Patagioenas fasciata</i>	4	Up to 5/day in Talamanca Mts (only 1 perched)
32	Red-billed Pigeon	<i>Patagioenas flavirostris</i>	4	3 each day at Hotel Bougainvillea; 4/day at Rancho
33	Ruddy Pigeon V	<i>Patagioenas subvinacea</i>	3	Heard only along road near Cataract Trail 2/12
34	Short-billed Pigeon	<i>Patagioenas nigrirostris</i>	2	Heard only (hollow "woop woop woop") at Rancho early morning 2/16
35	Inca Dove	<i>Columbina inca</i>	4	Singles heard (and seen?) at Bougainvillea
36	Ruddy Ground Dove	<i>Columbina talpacoti</i>	2	Several seen along Silence Mtn. Road 2/15
37	White-tipped Dove	<i>Leptotila verreauxi</i>	4	1 or more seen or heard each day at Rancho and vicinity
38	Buff-fronted Quail-Dove R-E	<i>Zentrygon costaricensis</i>	2	Two heard only Talamanca Mtn side roads 2/11
39	White-winged Dove	<i>Zenaida asiatica</i>	4	Many seen 5 days Bougainvillea, San Jose, & during travel
40	Groove-billed Ani	<i>Crotophaga sulcirostris</i>	4	1 seen from van by Frank & others Silence Mtn.
41	Squirrel Cuckoo	<i>Piaya cayana</i>	4	1 heard only (seen by Jane?) at Birris Reservoir 2/16
42	Tropical Screech Owl	<i>Megascops choliba</i>		Seen well roosting Paraiso Park 2/14
43	Mottled Owl	<i>Strix virgata</i>	4	Heard each night by many at Rancho; did not try to see it
44	Costa Rican Pygmy Owl R-E	<i>Glaucidium costaricanum</i>	4	Heard and seen well Trogon Lodge forest 2/13
45	Great Potoo	<i>Nyctibius grandis</i>		Good scope views roosting CATIE/Jardin Gardens 2/15

46	Dusky Nightjar <b>R-E</b>	<i>Antrostomus saturatus</i>	4	5 heard, 1-2 seen upper Savegre Valley 2/12
47	White-collared Swift	<i>Streptoprocne zonaris</i>	4	Flocks in flight 3 days Talamanca Mtns, incl. 200 over PanAm Hwy 2/13
48	White-tipped Sicklebill	<i>Eutoxeres aquila</i>		Seen bathing & perching at Rancho pools 2/14
49	Green Hermit	<i>Phaethornis guy</i>	4	1 seen daily at Rancho feeder; 1 along Silence Mtn road 2/15
50	Stripe-throated Hermit	<i>Phaethornis striigularis</i>	3	1 seen several times Rancho, at flowers and hummer pools
51	Violet Sabrewing	<i>Campylopterus hemileucurus</i>	4	Up to 3 seen daily at Rancho
52	White-necked Jacobin	<i>Florisuga mellivora</i>	4	Many seen daily at Rancho feeders
53	Lesser (Green) Violetear	<i>Colibri cyanotus</i>	4	Many seen & heard daily at Talamanca Mtns/Savegre valley
54	Green-breasted Mango	<i>Anthracothorax prevostii</i>	4	Male, female seen daily at Rancho
55	Fiery-throated Hummingbird <b>R-E</b>	<i>Panterpe insignis</i>	4	Many seen daily Talamanca Mtns, including Paraiso Quetzales
56	Stripe-tailed Hummingbird	<i>Eupherusa eximia</i>	4	1 seen among flowers near Cataract Trail 2/12
57	Crowned (Violet) Woodnymph	<i>Thalurania colombica</i>	4	Many seen daily at Rancho & vicinity
58	Rufous-tailed Hummingbird	<i>Amazilia tzacatl</i>	4	Many daily at Bougainvillea and Rancho
59	White-throated Mountain-gem <b>R-E</b>	<i>Lampornis castaneiventris</i>	4	Males, females seen daily at Trogon/Savegre valley/Miriam's
60	Snowcap <b>R-E</b>	<i>Microchera albocoronata</i>	4	Male, females seen daily Rancho, Silence Mtn
61	Talamanca Hummingbird	<i>Eugenes spectabilis</i>	4	Many seen daily in Talamanca Mtns (various sites)
62	Purple-crowned Fairy	<i>Heliodytes barroti</i>	4	One seen bathing Rancho pools 2/14; 1 at Silence Mtn 2/15
63	Plain-capped Starthroat	<i>Heliomaster constantii</i>		One seen well (perched) Bougainvillea garden 2/11
64	Volcano Hummingbird <b>R-E</b>	<i>Selasphorus flammula</i>	4	Several seen daily Talamanca Mtns (various sites)
65	Scintillant Hummingbird <b>R-E</b>	<i>Selasphorus scintilla</i>	4	At least one seen daily Savegre valley
66	Resplendent Quetzal <b>Nt</b>	<i>Pharomachrus mocinno</i>	4	One to five seen daily in Talamanca Mtns. (various sites)
67	Gartered (Violaceous)	<i>Trogon caligatus</i>	3	Male at CATIE 2/15; male at Rancho

	Trogon			2/16
68	Collared Trogon	<i>Trogon collaris</i>	3	One female along Savegre River at Cataract Trail 2/12
69	Ringed Kingfisher	<i>Megaceryle torquata</i>		One seen at CATIE pond 2/15
70	Lesson's (Blue-crowned) Motmot	<i>Momotus lessonii</i>	4	One seen well by all at Bougainvillea 2/11
71	Rufous Motmot	<i>Baryphthengus martii</i>	3	One seen in scope Silence Mt Rd 2/15; 1 at Rancho feeder 2/16
72	Collared Aracari	<i>Pteroglossus torquatus</i>	3	11 at Silence Mtn 2/15; 8 at CATIE 2/15; 4 at Rancho 2/16
73	Keel-billed Toucan	<i>Ramphastos sulfuratus</i>	4	2+ at Rancho each day; flock of 18 at Silence Mtn 2/15
74	Acorn Woodpecker	<i>Melanerpes formicivorus</i>	4	Many in Savegre valley, incl. 6+ at Miriam's 2/12
75	Hoffmann's Woodpecker <b>R-E</b>	<i>Melanerpes hoffmannii</i>	4	Nesting at Bougainvillea, San Antonio; others elsewhere
76	Smoky-brown Woodpecker	<i>Leuconotopicus fumigatus</i>	1	One heard (seen by Jane) at Birris Reservoir 2/16
77	Hairy Woodpecker	<i>Leuconotopicus villosus</i>	4	One heard and glimpsed km 71 side road 2/11
78	Lineated Woodpecker	<i>Dryocopus lineatus</i>	2	One male seen well at CATIE 2/15
79	Pale-billed Woodpecker	<i>Campephilus guatemalensis</i>		One seen (by Frank) and heard (by others) at Rancho 2/15
80	Northern Crested Caracara	<i>Caracara cheriway</i>	2	Two singles seen by some during van travel Savegre to Rancho 2/14
81	Yellow-headed Caracara	<i>Milvago chimachima</i>	3	One seen flying & perched at CATIE 2/15
82	Orange-chinned Parakeet	<i>Brotogeris jugularis</i>	1	Two seen Hotel Bougainvillea 2/11
83	White-crowned Parrot	<i>Pionus senilis</i>	4	Seen/heard daily at Rancho; 7 seen at CATIE 2/15
84	Yellow-naped Amazon (Parrot)	<i>Amazona auropalliata</i>		Up to 3 seen daily at Hotel Bougainvillea 2/10, 2/11
85	Sulphur-winged Parakeet <b>R-E</b>	<i>Pyrrhura hoffmanni</i>	4	4 seen at start of Cataract trail 2/12
86	Finsch's (Crimson-fronted) Parakeet <b>R-E</b>	<i>Psittacara finschi</i>	3	Flocks seen/heard at Bougainvillea, Paraiso Park, Rancho
87	Spotted Barbtail	<i>Premnoplex brunnescens</i>	3	1 seen along river Cataract Trail; 1 seen elsewhere 2/13
88	Ruddy Treerunner <b>R-E</b>	<i>Margarornis rubiginosus</i>	4	2 seen on same trunk Providencia Rd. 2/11

89	Buffy Tuftedcheek	<i>Pseudocolaptes lawrencii</i>	3	1 seen Providencia Rd 2/11; 1 upper Savegre valley 2/12; 1 above Trogon L 2/13
90	Lineated Foliage-gleaner	<i>Syndactyla subalaris</i>		One seen by most/all along Cataract Trail 2/12
91	Buff-throated Foliage-gleaner	<i>Automolus ochrolaemus</i>	1	1 at Rancho pools 2/14; 1 at Rancho moth-sheet 2/15
92	Ruddy Woodcreeper	<i>Dendrocincla homochroa</i>		One heard only at Rancho moth-sheet 2/15
93	Plain-brown Woodcreeper	<i>Dendrocincla fuliginosa</i>	2	1 seen well at Rancho moth-sheet 2/15
94	Cocoa Woodcreeper	<i>Xiphorhynchus susurrans</i>	3	1 heard only at Rancho moth-sheet 2/15
95	Spotted Woodcreeper	<i>Xiphorhynchus erythropygius</i>	2	1 seen well at Rancho moth-sheet 2/15
96	Spot-crowned Woodcreeper	<i>Lepidocolaptes affinis</i>	4	Singles seen at Hotel Savegre & Cataract Trail 2/12
97	Dull-mantled Antbird	<i>Myrmeciza laemosticta</i>	1	1 or 2 at Rancho hummer pools 2/14
98	Zeledon's Antbird	<i>Hafferia zeledoni</i>		One male seen at Rancho hummer pools 2/14
99	Yellow-bellied Elaenia	<i>Elaenia flavogaster</i>	4	Two together along Silence Mtn Rd 2/15
100	Mountain Elaenia	<i>Elaenia frantzii</i>	4	1-3 seen daily in Talamanca Mtns (various sites)
101	Torrent Tyrannulet	<i>Serpophaga cinerea</i>	4	Pair feeding young lower Savegre 2/12; 1 at river San Antonio 2/15
102	Mistletoe (Paltry) Tyrannulet	<i>Zimmerius parvus</i>	4	1-3 on 4 days -Talamanca Mtns & Rancho vicinity
103	Ochre-bellied Flycatcher	<i>Mionectes oleagineus</i>	3	one seen at Rancho hummer pools 2/14
104	Slaty-capped Flycatcher	<i>Leptopogon superciliaris</i>	3	one seen at Rancho hummer pools 2/14
105	Common Tody-Flycatcher	<i>Todirostrum cinereum</i>	4	1 or 2 seen Silence Mtn Rd 2/15
106	Tawny-chested Flycatcher <b>V R-E</b>	<i>Aphanotriccus capitalis</i>	4	1 seen at Rancho bamboo 2/16
107	Black Phoebe	<i>Sayornis nigricans</i>	4	4 seen San Antonio/Silence Mtn 2/15
108	Northern Tufted Flycatcher	<i>Mitrephanes phaeocercus</i>	4	2 seen Cataract Trail 2/12; pair seen road above Trogon Lodge 2/13
109	Dark Pewee <b>R-E</b>	<i>Contopus lugubris</i>	3	1 seen near Savegre cabins 2/12

110	Tropical Pewee	<i>Contopus cinereus</i>	3	1 seen Silence Mtn Rd 2/15
111	Yellow-bellied Flycatcher	<i>Empidonax flaviventris</i>	3	1 seen Rancho pools 2/14 and car park 2/15
112	Yellowish Flycatcher	<i>Empidonax flavescens</i>	4	4 seen lower Savegre & Cataract trail 2/12
113	Black-capped Flycatcher <b>R-E</b>	<i>Empidonax atriceps</i>	4	One seen Villa Mills 2/13
114	Piratic Flycatcher	<i>Legatus leucophaeus</i>	1	1 seen perched along Rancho driveway 2/15
115	Social Flycatcher	<i>Myiozetetes similis</i>	4	Several seen Bougainvillea and San Antonio/Silence Mtn
116	Grey-capped Flycatcher	<i>Myiozetetes granadensis</i>	3	1 seen Silence Mtn Rd 2/15
117	Great Kiskadee	<i>Pitangus sulphuratus</i>	4	Several seen Bougainvillea, Paraiso Park, CATIE, etc.
118	Golden-bellied Flycatcher <b>R-E</b>	<i>Myiodynastes hemichrysus</i>	3	Vocal pair seen road above Trogon Lodge 2/13
119	Boat-billed Flycatcher	<i>Megarynchus pitangua</i>	3	1 seen well (scope) CATIE 2/15
120	Tropical Kingbird	<i>Tyrannus melancholicus</i>	4	Common & widespread through trip
121	Dusky-capped Flycatcher	<i>Myiarchus tuberculifer</i>	4	Pair seen Silence Mtn 2/15; 1 at Rancho 2/16
122	White-ruffed Manakin	<i>Corapipo altera</i>	3	1 heard only at Rancho pools 2/14
123	White-collared Manakin	<i>Manacus candei</i>	3	Several lekking males seen & heard Rancho 2/15
124	Black-crowned Tityra	<i>Tityra inquisitor</i>	2	1 female seen Silence Mtn Rd 2/15
125	Barred Becard	<i>Pachyramphus versicolor</i>	3	Male seen Cataract Trail 2/12; 1 heard km 71 Road 2/11
126	Rufous-browed Peppershrike	<i>Cyclarhis gujanensis</i>	4	1 heard only at Miriam's 2/12
127	Yellow-winged Vireo <b>R-E</b>	<i>Vireo carmioli</i>	4	3 seen Cataract Trail 2/12; 2 more in area 2/13
128	Philadelphia Vireo	<i>Vireo philadelphicus</i>	4	2 seen Bougainvillea 2/11; 1 seen Savegre Hotel 2/12
129	Brown Jay	<i>Psilorhinus morio</i>	4	Noisy flocks seen Bougainvillea, Rancho & vicinity
130	Long-tailed Silky-flycatcher <b>R-E</b>	<i>Ptiliogonys caudatus</i>	4	3/day seen Savegre valley; 6 at Cerro de la Muerte 2/13
131	Black-and-yellow Phainoptila <b>R-E</b>	<i>Phainoptila melanoxant</i>	2	2 seen Paraiso Quetzales, 2 more KM 71 road 2/11

132	Blue-and-white Swallow	<i>Notiochelidon cyanoleuca</i>	4	Most common swallow in Talamanca Mtns & Rancho area
133	Northern Rough-winged Swallow	<i>Stelgidopteryx serripennis</i>	4	3 seen at Birris Reservoir 2/16
134	Southern Rough-winged Swallow	<i>Stelgidopteryx ruficollis</i>	4	2 seen near river San Antonio 2/15
135	Band-backed Wren	<i>Campylorhynchus zonatus</i>	2	1 seen well at CATIE 2/15
136	Rufous-naped Wren	<i>Campylorhynchus rufinucha</i>	4	2-3 seen/heard daily at Hotel Bougainvillea
137	Bay Wren	<i>Cantorchilus nigricapillus</i>	3	Pair seen along Silence Mtn Rd 2/15
138	House Wren	<i>Troglodytes aedon</i>	4	1 seen 2/11 (where?); 1 seen & heard Rancho 2 days
139	Ochraceous Wren <b>R-E</b>	<i>Troglodytes ochraceus</i>	4	1 seen by some 2/11 (where?); 1 seen Savegre valley 2/12
140	Timberline Wren <b>R-E</b>	<i>Thryorchilus browni</i>	3	2 seen Providencia Rd 2/11; 1 heard Cerro de la Muerte 2/13
141	White-breasted Wood Wren	<i>Henicorhina leucosticta</i>	4	1 seen well Rancho moth-sheet 2/15
142	Grey-breasted Wood Wren	<i>Henicorhina leucophrys</i>	3	1 seen & heard Trogon 2/12; others seen or heard Savegre valley
143	Black-faced Solitaire <b>R-E</b>	<i>Myadestes melanops</i>	3	1 seen well & heard Cataract Trail 2/12; others heard in Savegre valley
144	Black-billed Nightingale-Thrush <b>R-E</b>	<i>Catharus gracilirostris</i>	4	1 at Pariaso Quetzales 2/11; others elsewhere in the Talamanca Mtns
145	Ruddy-capped Nightingale-Thrush	<i>Catharus frantzii</i>	4	Several seen in Savegre valley 2-3 days
146	Sooty Thrush <b>R-E</b>	<i>Turdus nigrescens</i>	4	many seen daily in Savegre valley/Talamanca Mtns
147	Mountain Thrush	<i>Turdus plebejus</i>	4	Up to 4 seen daily in Savegre valley, Talamancas
148	Clay-colored Thrush	<i>Turdus grayi</i>	4	National bird. Many seen each day, all areas
149	American Dipper	<i>Cinclus mexicanus</i>	3	Nesting pair seen Savegre River, Trogon Lodge 3 days
150	House Sparrow <b>I</b>	<i>Passer domesticus</i>	4	A few seen in cities during travel
151	Yellow-bellied Siskin	<i>Spinus xanthogastrus</i>	4	1+ at Cataract Trail, 3 + at Miriam's, both 2/12
152	Yellow-throated Euphonia	<i>Euphonia hirundinacea</i>	3	1 Silence Mtn Rd, 1 CATIE; both 2/15
153	Olive-backed Euphonia	<i>Euphonia gouldi</i>	1	1 seen at CATIE 2/15



154	White-vented Euphonia	<i>Euphonia minuta</i>	1	1 seen at Rancho car park 2/14; 2 males there 2/16
155	Tawny-capped Euphonia	<i>Euphonia anneeae</i>	4	2 seen at Silence Mtn Rd 2/15
156	Golden-browed Chlorophonia <b>R-E</b>	<i>Chlorophonia callophrys</i>	3	Pair seen well Paraiso Quetzales 2/11; 1 heard next day
157	Ovenbird	<i>Seiurus aurocapilla</i>		One seen at Rancho 2/15, 2/16
158	Louisiana Waterthrush	<i>Parkesia motacilla</i>	3	1 seen several days Savegre R., Trogon Lodge
159	Golden-winged Warbler <b>Nt</b>	<i>Vermivora chrysoptera</i>	4	a few seen Savegre valley and at Rancho
160	Black-and-white Warbler	<i>Mniotilta varia</i>	4	One at Cataract Trail 2/12; one at Rancho pools 2/14
161	Flame-throated Warbler <b>R-E</b>	<i>Oreothlypis gutturalis</i>	4	a few seen daily in Savegre valley
162	Tennessee Warbler	<i>Leiothlypis peregrina</i>	4	Several seen (5 days) Bougainvillea, Rancho, elsewhere
163	Mourning Warbler	<i>Geothlypis philadelphia</i>	4	Seen or heard at Rancho 2 days
164	Kentucky Warbler	<i>Geothlypis formosa</i>	1	One seen 2 days at Rancho 2/14, 2/15
165	Tropical Parula	<i>Setophaga pitiayumi</i>	4	one seen Silence Mtn Rd 2/15
166	Blackburnian Warbler	<i>Setophaga fusca</i>	2	1 at Rancho 2/14; 1 at Silence Mtn 2/15
167	Yellow Warbler	<i>Setophaga petechia</i>	4	a few seen at Bougainvillea; one at CATIE 2/15
168	Chestnut-sided Warbler	<i>Setophaga pensylvanica</i>	4	Up to 3/day at Rancho & vicinity
169	Black-throated Green Warbler	<i>Setophaga virens</i>	4	1-3 seen each day in Talamanca Mtns (various)
170	Rufous-capped Warbler	<i>Basileuterus rufifrons</i>	4	1 seen well at Hotel Bougainvillea 2/11
171	Black-cheeked Warbler <b>R-E</b>	<i>Basileuterus melanogenys</i>	4	2-3 seen Trogon Lodge forest 2 days
172	Golden-crowned Warbler	<i>Basileuterus culicivorus</i>	4	One seen by some 2 days at Rancho forest
173	Wilson's Warbler	<i>Cardellina pusilla</i>	4	a few each day in Talamancas; 1 at Rancho pools 2/14
174	Collared Whitestart (Redstart) <b>R-E</b>	<i>Myioborus torquatus</i>	4	Up to 6/day in Talamanca Mtns
175	Wrenthrush <b>R-E</b>	<i>Zeledonia coronata</i>	4	Great views of a pair Trogon Lodge forest 2/13
176	Chestnut-headed	<i>Psarocolius wagleri</i>	4	flocks seen 2 days at Rancho

	Oropendola			
177	Montezuma Oropendola	<i>Psarocolius montezuma</i>	4	1 at Bougainvillea 2/10; numerous at Rancho, Silence Mtn, CATIE
178	Baltimore Oriole	<i>Icterus galbula</i>	4	9 males at Bougainvillea 2/11; singles at Rancho & vicinity
179	Shiny Cowbird	<i>Molothrus bonariensis</i>	1	2 pairs at Silence Mtn Rd 2/15
180	Bronzed Cowbird	<i>Molothrus aeneus</i>	3	1 male on utility wire near Tuis (from van) 2/16
181	Melodious Blackbird	<i>Dives dives</i>	4	2 each day at Bougainvillea; 2 at lower Savegre valley 2/12
182	Great-tailed Grackle	<i>Quiscalus mexicanus</i>	4	Seen 5 days around cities and at Silence Mtn, CATIE
183	Bananaquit	<i>Coereba flaveola</i>	4	1 seen Silence Mtn Rd 2/15
184	Rufous-collared Sparrow	<i>Zonotrichia capensis</i>	4	Abundant in Talamanca Mtns
185	Volcano Junco <b>R-E</b>	<i>Junco vulcani</i>	4	5 seen on Cerro de la Muete 2/13
186	White-eared Ground Sparrow	<i>Melospiza leucotis</i>	1	Pair seen well at Bougainvillea 2/11
187	Orange-billed Sparrow	<i>Arremon aurantirostris</i>	4	1-2/day at Rancho
188	Chestnut-capped Brushfinch	<i>Arremon brunneinucha</i>	2	2 seen on Cataract Trail, 1 at Savegre 2/12
189	Large-footed Finch <b>R-E</b>	<i>Pezopetes capitalis</i>	4	2-6/day in Talamanca Mtns
190	Yellow-thighed Finch <b>R-E</b>	<i>Pselliophorus tibialis</i>	4	Up to 6/day in Talamanca Mtns
191	Common (Bush Tanager) Chlorospingus	<i>Chlorospingus flavopectus</i>	4	4-10/day in Savegre R. valley
192	Sooty-capped (Bush Tanager) Chlorospingus <b>R-E</b>	<i>Chlorospingus pileatus</i>	4	4-10/day in Savegre R. valley
193	White-shouldered Tanager	<i>Tachyphonus luctuosus</i>	2	1 female at Rancho hummer pools 2/14
194	Crimson-collared Tanager	<i>Ramphocelus sanguinolentus</i>	4	1 seen from van at Silence Mtn Rd 2/15
195	Scarlet-rumped (Passerini's) Tanager	<i>Ramphocelus passerinii</i>	4	a few seen at Rancho, Silence Mtn, CATIE
196	Blue-grey Tanager	<i>Thraupis episcopus</i>	4	Common; seen 5 days at various sites
197	Palm Tanager	<i>Thraupis palmarum</i>	4	Seen at Paraiso Park, CATIE, Birris Reservoir

198	Emerald Tanager	<i>Tangara florida</i>	2	1-2 seen well at Silence Mtn Rd 2/15
199	Silver-throated Tanager	<i>Tangara icterocephala</i>	4	Numerous seen Trogon, Savegre, Silence Mt, etc.
200	Speckled Tanager	<i>Tangara guttata</i>	2	3 seen well Silence Mtn Rd 2/15
201	Bay-headed Tanager	<i>Tangara gyrola</i>	4	2 seen Silence Mtn Rd 2/15
202	Golden-hooded Tanager	<i>Tangara larvata</i>	4	Several seen Rancho, Silence Mtn, CATIE
203	Spangle-cheeked Tanager <b>R-E</b>	<i>Tangara dowii</i>	4	1 seen Hotel Savegre cabins 2/12
204	Scarlet-thighed Dacnis	<i>Dacnis venusta</i>	1	Pairs seen at CATIE 2/15, Rancho 2/16
205	Green Honeycreeper	<i>Chlorophanes spiza</i>	2	Pairs seen Silence Mtn, CATIE; 1 at Rancho
206	Black-and-yellow Tanager <b>R-E</b>	<i>Chrysothlypis chrysomelas</i>	4	Pair seen at Silence Mtn Rd 2/15
207	Slaty Flowerpiercer <b>R-E</b>	<i>Diglossa plumbea</i>	3	Two seen Paraiso Quetzales 2/11; Up to 6/day elsewhere Talamancas
208	Black-headed Saltator	<i>Saltator atriceps</i>	4	1-2 seen Silence Mtn Rd 2/15
209	Buff-throated Saltator	<i>Saltator maximus</i>	4	1 seen Silence Mtn Rd 2/15
210	Greyish Saltator	<i>Saltator coerulescens</i>	2	1 seen (by some) Silence Mtn Rd 2/15
211	Blue-black Grassquit	<i>Volatinia jacarina</i>	2	Male seen in small tree Birris Reservoir 2/16
212	Variable Seedeater	<i>Sporophila corvina</i>	4	2+ seen Silence Mtn Rd 2/15
213	Thick-billed Seed Finch	<i>Oryzoborus funereus</i>	2	2 female seen from van Silence Mtn 2/15
214	Yellow-faced Grassquit	<i>Tiaris olivaceus</i>	4	1 at Rancho hedge 2/14; many along Silence Mtn Rd 2/15
215	Flame-colored Tanager	<i>Piranga bidentata</i>	4	Several in Savegre valley, incl 10 at Miriam's 2/12
216	Summer Tanager	<i>Piranga rubra</i>	4	1-2 at Bougainvillea, Savegre, Rancho
217	Red-throated Ant Tanager	<i>Habia fuscicauda</i>	4	males, females at Rancho 2/14, 2/15
218	Carmioli's (Olive) Tanager	<i>Chlorothraupis carmioli</i>	2	4 at Rancho pools 2/14; 5 in Rancho forest 2/16
219	Black-thighed Grosbeak <b>R-E</b>	<i>Pheucticus tibialis</i>	2	1 at start of Cataract Trail 2/12
220	Rose-breasted Grosbeak	<i>Pheucticus ludovicianus</i>	3	1 at start of Cataract Trail 2/12

#	OTHER SPECIES	Scientific Name	4 prev. tours	
	Variagated Squirrel	<i>Sciurus variegatoides</i>	4	Common at Bougainvillea, Rancho
	Red-tailed Squirrel	<i>Sciurus granatensis</i>	4	Seen 5 days in Savegre valley, Rancho area
	Tayra	<i>Eira barabara</i>		Seen at Rancho feeders 2/15 & 16
	White-nosed Coati	<i>Nasua narica</i>	3	Seen at Rancho feeders 2/15 & 16
	Central American Agouti	<i>Dasyprocta punctata</i>		Seen at Rancho feeders 2/16
	Green Spiny Lizard	<i>Sceloporus malachiticus</i>		several seen Trogon Lodge, Savegre
	Cane Toad	<i>Rhinella marina</i>		1 in Alex's room at Rancho
	Tropical House Gecko	<i>Hemidactylus frenatus</i>	1	1 heard nightly in Rancho lodge
	Giant Owl Butterfly	<i>Caligo memnon</i>	1	1 seen at Finca Cristina; 1 at Rancho
	Monarch butterfly	<i>Danaus plexippus</i>		Several seen Bougainvillea, Rancho area
	Julia Heliconia	<i>Dryas Iulia</i>		Several seen Silence Mtn Rd 2/15
	Doris Longwing	<i>Laparus doris</i>		One seen well nectaring at Hotel Savegre.
	Blue-gray Satyr	<i>Magneptychia libye</i>		One seen along Rancho driveway.



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