



Sunrise Birding, LLC
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COSTA RICA SPECIES LIST: January 5 – 17, 2008

LEADERS: Gina Nichol & Steve Bird
369 Bird Species Recorded; 363 Seen; 6 Heard only

SPECIES		Scientific Name	No of days out of 12 recorded	Comments on best or most interesting sightings. Bold + E = Endemic
1	Great Tinamou	<i>Tinamus major</i>	2	1 in Carara and another very close in La Selva
2	Neotropic Cormorant	<i>Phalacrocorax brasilianus</i>	2	Up to 30 seen on Rio Tarcoles boat trip.
3	Anhinga	<i>Anhinga anhinga</i>	3	Seen on Rio Tarcoles boat trip
4	Brown Pelican	<i>Pelecanus occidentalis</i>	1	Up to 100 on sand spit at Tarcoles river mouth from boat trip.
5	Magnificent Frigatebird	<i>Fregata magnificens</i>	2	Easily seen around Tarcoles area and from boat trip.
6	Reddish Egret	<i>Egretta rufescens</i>	1	1 seen on Tarcoles boat trip.
7	Tricolored Heron	<i>Egretta tricolor</i>	2	Maximum 8 from Tarcoles boat trip.
8	Little Blue Heron	<i>Egretta caerulea</i>	4	Up to 10 on Tarcoles boat trip.
9	Snowy Egret	<i>Egretta thula</i>	3	6 seen on Tarcoles boat trip.
10	Great Blue Heron	<i>Ardea herodias herodias [cinerea]</i>	3	Maximum 6 on Tarcoles boat trip.
11	Great Egret	<i>Egretta alba</i>	5	Seen in small numbers in suitable wetlands.
12	Cattle Egret	<i>Bubulcus ibis</i>	5	Typically seen in flocks with cattle.
13	Green Heron	<i>Butorides virescens [striatus]</i>	4	Best views of up to 4 on Tarcoles boat trip.
14	Yellow-crowned Night-heron	<i>Nyctanassa violacea</i>	1	Excellent views of at least 8 during Tarcoles boat trip.
15	Black-crowned Night-heron	<i>Nycticorax nycticorax</i>	1	1 adult roosting high in tree from Tarcoles boat trip.
16	Boat-billed Heron	<i>Cochlearius cochlearia</i>	1	Superb close views of at least 10 birds from Tarcoles boat trip.
17	Bare-throated Tiger-heron	<i>Tigrisoma mexicanum</i>	3	Close views of 6 birds on Tarcoles boat trip and 2 nesting in tree at Villa Lapas.
18	Wood Stork	<i>Mycteria americana</i>	1	Flock of six flew over forest above Villa Lapas.
19	White Ibis	<i>Eudocimus albus</i>	2	Up to 12 seen in tree on Tarcoles boat trip.
20	Green Ibis	<i>Mesembrinibis cayennensis</i>	2	2 in field by entrance to La

				Selva and 1 from Sarapiquí boat trip.
21	Roseate Spoonbill	<i>Ajaia ajaja</i>	1	2 seen from Tarcoles boat trip.
22	Black Vulture	<i>Coragyps atratus</i>	12	Common and seen every day
23	Turkey Vulture	<i>Cathartes aura</i>	11	Common and seen almost every day.
24	King Vulture	<i>Sarcoramphus papa</i>	1	4 birds seen very well in flight above Villa Lapas
25	Grey-headed Kite	<i>Leptodon cayanensis</i>	1	Immature bird seen very well perched near Arenal dam.
26	Hook-billed Kite	<i>Chondrohierax uncinatus</i>	1	Unfortunately a close perched bird flew off before most people got to see it at Bosque de Paz.
27	White-tailed Kite	<i>Elanus leucurus [caeruleus]</i>	1	2 seen hovering from vehicle near to San Jose.
28	Black-chested Hawk	<i>Leucopternis princeps</i>	1	2 seen well in flight over Virgen del Socorro.
	Semiplumbeous Hawk	<i>Leucopternis semiplumbea</i>	1	1 was heard but only glimpsed in flight at La Selva.
29	White Hawk	<i>Leucopternis albicollis</i>	1	Wonderful views of a bird in flight over Arenal Dam.
30	Mangrove Black-hawk	<i>Buteogallus subtilis [anthracinus]</i>	2	Up to 4 seen well on Tarcoles boat trip.
31	Grey Hawk	<i>Asturina plagiata [nitida]</i>	4	Maximum 2 on 2 of the days around Arenal and Carara NP
32	Roadside Hawk	<i>Buteo magnirostris</i>	2	Best one in tree near La Selva
33	Broad-winged Hawk	<i>Buteo platypterus</i>	5	At least 4 seen when leaving Bosque de Paz.
34	Short-tailed Hawk	<i>Buteo brachyurus</i>	2	In flight near Arenal Dam.
35	Zone-tailed Hawk	<i>Buteo albonotatus</i>	2	2 above Villa Lapas and 2 on Tarcole River boat trip
36	Red-tailed Hawk	<i>Buteo jamaicensis</i>	1	One in flight on drive to Bosque de Paz
37	Black Hawk-Eagle	<i>Spizaetus tyrannus</i>	1	Good looks at bird flying over lodge at Bosque de Paz
38	Osprey	<i>Pandion haliaetus</i>	2	Easily seen with at least 3 on Tarcoles boat trip.
39	Crested Caracara	<i>Polyborus plancus</i>	2	1 on the road to Selva Verde, and 1 on route to Arenal
40	Yellow-headed Caracara	<i>Milvago chimachima</i>	1	4 seen very well from Tarcoles boat trip.
41	Laughing Falcon	<i>Herpetotheres cachinnans</i>	1	One brief sighting of a bird flying over near Virgen del Socorro
42	Grey-headed Chachalaca	<i>Ortalis cinereiceps [garrula]</i>	2	Good close views at Arenal
43	Crested Guan	<i>Penelope purpurascens</i>	3	4 birds showed very well on road near Arenal.
44	Black Guan	<i>Chamaepetes unicolor</i>	4	High count was 28 on feeders at Bosque de Paz.
45	Great Curassow	<i>Crax rubra</i>	1	1 female seen by most of the group in undergrowth at La Selva.

46	Spot-bellied Bobwhite	<i>Colinus cristatus</i>	1	4 spotted by Dave from coach and seen amongst long grass before flying off.
	Black-breasted Wood-quail	<i>Odontophorus leucolaemus</i>	H	A group heard calling in woods at Bosque de Paz
	White-throated Crake	<i>Laterallus albigularis</i>	H	Heard on 2 days
47	Grey-necked Wood-rail	<i>Aramides cajanea</i>	1	2 seen well by puddle on track in Carara NP.
	Uniform Crake	<i>Amaurolimnas concolor</i>	H	1 heard calling near Selva Verde.
48	Purple Gallinule	<i>Porphyrio martinicus</i>	1	1 seen from boat trip on Tarcoles.
49	Sungrebe	<i>Heliornis fulica</i>	1	1 seen really well from boat trip on the Sarapiquí River
50	Sunbittern	<i>Eurypyga helias</i>	1	1 found by Doreen and seen by all at Selva Verde lodge.
51	Northern Jacana	<i>Jacana spinosa</i>	3	6 seen on Tarcoles boat trip.
52	Black-necked Stilt	<i>Himantopus mexicanus himantopus</i>	2	Up to 20 seen on Tarcoles river.
53	Double-striped Thick-knee	<i>Burhinus bistriatus</i>	1	1 seen in long grass from Tarcoles boat trip.
54	Hudsonian Curlew	<i>Numenius phaeopus hudsonicus</i>	1	4 seen on Tarcoles boat trip.
55	Spotted Sandpiper	<i>Actitis macularia</i>	5	Over twenty seen on Tarcoles boat trip.
56	Sanderling	<i>Calidris alba</i>	1	1 seen in estuary from Tarcoles boat trip.
57	Least Sandpiper	<i>Calidris minutilla</i>	1	10 seen well from Tarcoles boat trip.
58	Laughing Gull	<i>Larus atricilla</i>	1	Several hundred in estuary mouth on Tarcoles boat trip.
59	Royal Tern	<i>Sterna maxima</i>	1	Up to 80 seen in estuary mouth on Tarcoles boat trip.
60	Feral Pigeon	<i>Columba livia 'feral'</i>	3	Seen anywhere in and around San Jose.
61	Band-tailed Pigeon	<i>Columba fasciata</i>	2	Up to 15 seen around Savegre.
62	Red-billed Pigeon	<i>Columba flavirostris</i>	5	Small numbers seen in many areas.
63	Ruddy Pigeon	<i>Columba subvinacea</i>	1	2 seen well from coach in Savegre.
64	Short-billed Pigeon	<i>Columba nigrirostris</i>	2	2 seen on 2 days with best views at La Selva
65	White-winged Dove	<i>Zenaida asiatica</i>	6	Common in many urban areas
66	Inca Dove	<i>Columbina inca squammata</i>	3	Easily seen around Villa Lapas
67	Common Ground-dove	<i>Columbina passerina</i>	2	Easy near Carara and Guacimo
68	Ruddy Ground-dove	<i>Columbina talpacoti</i>	5	Most common around Sarapiquí
69	White-tipped Dove	<i>Leptotila verreauxi</i>	4	Easily seen at Bosque de Paz
70	Grey-chested Dove	<i>Leptotila cassini</i>	4	Best views in Carara river trail
71	Purplish-backed Quail-	<i>Geotrygon lawrencii</i>	2	1 seen by Dave and Dianne on

	Dove			trails below Braulio Aerial Tram.
72	Buff-fronted Quail-Dove		1	1 a bird seen by Dave and myself at Bosque de Paz almost certainly this species.
73	Ruddy Quail-Dove	<i>Geotrygon montana</i>	2	One seen briefly in La Selva
74	Great Green Macaw	<i>Ara ambigua militaris</i>	1	2 flew overhead head calling while watching Sunbittern at Selva Verde
75	Scarlet Macaw	<i>Ara macao</i>	2	Many seen in Tarcoles area including nice views of an active nest hole
76	Crimson-fronted Parakeet	<i>Aratinga finschi</i>	2	Large flocks seen around San Jose
77	Orange-fronted Parakeet	<i>Aratinga canicularis</i>	1	Group of 10 seen near Guacimo
78	Sulphur-winged Parakeet	<i>Pyrrhura hoffmanni</i>	3	Flock of 40+ seen around Savegre
79	Orange-chinned Parakeet	<i>Brotogeris jugularis</i>	2	Best seen around La Selva
80	Brown-hooded Parrot	<i>Pionopsitta haematotis</i>	1	Six birds perched on a tree near the road as we headed away from Bosque de Paz
81	White-crowned Parrot	<i>Pionus senilis</i>	1	Best seen around Selva Verde.
82	Red-lored Parrot	<i>Amazona autumnalis</i>	3	Maximum of 6 seen in La Selva
83	Yellow-naped Parrot	<i>Amazona auropalliata</i>	1	Seen during boat trip on Tarcoles
84	Mealy Parrot	<i>Amazona farinosa</i>	2	1 seen very well in La Selva
85	Mangrove Cuckoo	<i>Coccyzus minor</i>	1	1 seen well during boat trip on Tarcoles
86	Squirrel Cuckoo	<i>Piaya cayana</i>	4	Fairly easy to see.
87	Groove-billed Ani	<i>Crotophaga sulcirostris</i>	7	Easily seen in group up to 10 along roadsides
88	Black-and-white Owl	<i>Strix nigrolineata [huhula]</i>	1	Pair seen well in park in Orotina
89	Central American Pygmy-owl	<i>Glaucidium griseiceps</i>	1	1 seen and scoped well near Braulio
90	Lesser Nighthawk	<i>Chordeiles acutipennis</i>	2	30 seen over Tarcoles river at dusk.
91	Pauraque	<i>Nyctidromus albicollis</i>	1	1 watched 10ft away in evening near Selva Verde
92	White-collared Swift	<i>Streptoprocne zonaris</i>	6	Seen flocks up to 50 in many areas
93	Costa Rican Swift	<i>Chaetura fumosa</i>	2	Up to 40+ in Carara area
94	Grey-rumped Swift	<i>Chaetura cinereiventris</i>	3	20+ around La Selva
95	Vaux's Swift	<i>Chaetura vauxi richmondi</i>	1	2 seen from Orchideas grounds
96	Green Hermit	<i>Phaethornis guy</i>	4	Most easily seen Bosque e Paz and Cinchona
97	(Western) Long-tailed Hermit	<i>Phaethornis superciliosus</i>	1	Seen working Heliconias at OTS Station at La Selva
98	Stripe-throated Hermit	<i>Phaethornis striigularis</i>	2	Singles seen on flowers at

				Arenal
99	Scaly-breasted Hummingbird	<i>Phaeochroa cuvierii</i>	2	In gardens of Villa Lapas
100	Violet Sabrewing	<i>Campylopterus hemileucurus</i>	3	Easy at Cinchona and Bosque de Paz
101	White-necked Jacobin	<i>Florisuga mellivora</i>	2	Seen in garden at Arenal
102	Brown Violet-ear	<i>Colibri delphinae</i>	1	1 visiting the road side feeders at Cinchona
103	Green Violet-ear	<i>Colibri thalassinus</i>	4	Very common at Savegre
104	Green-breasted Mango	<i>Anthracothorax prevostii</i>	1	1 seen on flowering tree at Guacimo
105	Violet-headed Hummingbird	<i>Klais guimeti</i>	3	Seen well at Arenal and site near Braulio
106	Black-crested Coquette	<i>Lophornis helenae</i>	1	Male feeding on Vervain in gardens at Arenal
107	Green Thorntail	<i>Popelairia conversii</i>	1	2 seen on feeders at Cinchona
108	Canivet's Emerald	<i>Chlorostilbon canivetii</i>	1	1 feeding on a flowering tree with numerous others hummers on Guacimo Road
109	Violet-crowned Woodnymph	<i>Thalurania colombica</i>	6	Seen well at many sites
110	Fiery-throated Hummingbird	<i>Panterpe insignis</i>	1	Several seen on Providencia Road
111	Blue-throated Goldentail	<i>Hylocharis eliciae</i>	1	One seen perched in the sunlight just off the trail at Carara
112	Mangrove Hummingbird E	<i>Amazilia boucardi</i>	1	2 seen well from Tarcoles boat trip
113	Charming Hummingbird	<i>Amazilia decora</i>	1	1 watched by mirador above Villa Lapas
114	Cinnamon Hummingbird	<i>Amazilia rutila</i>	2	2 showed well on Guacimo Road
115	Steely-vented Hummingbird	<i>Amazilia saucerrottei</i>	2	Found on nest in Orquideas Hotel also up to 4 at Villa Lapas
116	Rufous-tailed Hummingbird	<i>Amazilia tzacatl</i>	8	Most widespread of the hummers
117	Black-bellied Hummingbird	<i>Eupherusa nigriventris</i>	1	1 male at Cinchona and 2 males at La Paz waterfall gardens
118	Coppery-headed Emerald E	<i>Elvira cupreiceps</i>	1	Up to 4 seen well at Cinchona
119	Snowcap	<i>Microchera albocoronata</i>	1	Male and immature male at site near Braulio
120	Bronze-tailed Plumeleteer	<i>Chalybura urochrysis</i>	1	1 seen well in La Selva OTS
121	White-bellied Mountain-gem	<i>Lampornis hemileucus</i>	1	Male at Cinchona
122	White-throated Mountain-gem	<i>Lampornis cinereicauda</i>	3	5+ seen well at Savegre Lodge
123	Purple-throated Mountain-gem	<i>Lampornis calolaema s</i>	3	Easily seen at Bosque de Paz

124	Green-crowned Brilliant	<i>Heliodoxa jacula</i>	3	Easy at Cinchona & Bosque de Paz
125	Magnificent Hummingbird	<i>Eugenes fulgens</i>	6	Easy at Savegre & Bosque de Paz
126	Purple-crowned Fairy	<i>Heliothryx barroti</i>	3	Best views on flowering tree at Arenal Lodge
127	Plain-capped Starthroat	<i>Heliomaster constantii</i>	1	1 seen on flowering tree at Guacimo road
128	Magenta-throated Woodstar	<i>Philodice bryantae</i>	2	Male and female on feeders at Bosque de Paz
129	Ruby-throated Hummingbird	<i>Archilochus colubris</i>	1	1 male seen above Villa Lapas
130	Volcano Hummingbird	<i>Selasphorus flammula torridus</i>	2	Several seen well at Savegre
131	Scintillant Hummingbird	<i>Selasphorus scintilla</i>	3	Seen very well at Savegre
132	Resplendent Quetzal	<i>Pharomachrus mocinno</i>	4	Up to 8 birds together in spot at Savegre and single male at Bosque de Paz
133	Slaty-tailed Trogon	<i>Trogon massena</i>	1	A male seen well on road near Dam
134	Collared Trogon	<i>Trogon collaris</i>	1	A male seen well by stream at Bosque de Paz
135	Orange-bellied Trogon	<i>Trogon aurantiiventris</i>	2	Fantastic views of male and female at Bosque de Paz
136	Black-throated Trogon	<i>Trogon rufus</i>	1	A male showed well above Tarantula Bridge on Arenal Hanging Bridges
137	Violaceous Trogon	<i>Trogon violaceus</i>	2	2 seen each day at Carara and La Selva
138	Belted Kingfisher	<i>Ceryle alcyon</i>	1	1 seen on Tarcoles boat trip
139	Ringed Kingfisher	<i>Ceryle torquata</i>	4	Best views were on Sarapiquí boat trip.
140	Amazon Kingfisher	<i>Chloroceryle amazona</i>	4	Seen well on Tarcoles and Sarapiquí river trips.
141	Green Kingfisher	<i>Chloroceryle americana</i>	3	Seen well on Tarcoles and Sarapiquí river trips.
142	American Pygmy Kingfisher	<i>Chloroceryle aenea</i>	2	3 birds seen on Tarcoles boat trip and 1 confiding bird on stream in Carara
143	Broad-billed Motmot	<i>Electron platyrhynchum</i>	3	Seen at La Selva and Arenal area
144	Turquoise-browed Motmot	<i>Eumomota superciliosa</i>	1	2 seen along roadside driving towards Tarcoles
145	Rufous Motmot	<i>Baryphthengus martii</i>	2	2 seen well in La Selva and another seen well Braulio
146	Blue-crowned Motmot	<i>Momotus momota</i>	2	3 in grounds of Orquideas Lodge
147	Rufous-tailed Jacamar	<i>Galbula ruficauda</i>	1	1 seen on Arenal Hanging Bridges
148	White-whiskered Puffbird	<i>Malacoptila panamensis</i>	2	Best one seen at Carara singing!
149	White-fronted Nunbird	<i>Monasa morphoeus</i>	1	3 birds seen well from roadside stop near Arenal
150	Red-headed Barbet	<i>Eubucco bourcierii</i>	1	A pair down to 2ft at

				Cinchona
151	Prong-billed Barbet	<i>Semnornis frantzii</i>	2	4 seen at well Cinchona and 3 at Bosque de Paz
152	Blue-throated Toucanet	<i>Aulacorhynchus prasinus</i>	2	1 at Savegre but a great show of 8 close at Cinchona
153	Collared Aracari	<i>Pteroglossus torquatus</i>	3	4 showed well on feeders at Arenal
154	Keel-billed Toucan	<i>Ramphastos sulfuratus</i>	4	Fairly easy in La Selva and Arenal
155	Chestnut-mandibled Toucan	<i>Ramphastos swainsonii</i>	6	Easily seen in many locations
156	Acorn Woodpecker	<i>Melanerpes formicivorus</i>	3	Easy to see at Savegre
157	Black-cheeked Woodpecker	<i>Melanerpes pucherani</i>	3	Easy at Arenal
158	Hoffmann's Woodpecker	<i>Melanerpes hoffmannii</i>	3	In gardens around Orquideas and Villa Lapas.
159	Hairy Woodpecker	<i>Picoides villosus</i>	1	See by a few near gates of Bosque de Paz
160	Smoky-brown Woodpecker	<i>Veniliornis fumigatus</i>	1	Brief views on road above Bosque de Paz
161	Golden-olive Woodpecker	<i>Piculus rubiginosus</i>	1	2 seen Arenal with 1 bird excavating nest hole
162	Lineated Woodpecker	<i>Dryocopus lineatus</i>	1	2 seen before breakfast at Orquideas Inn.
163	Pale-billed Woodpecker	<i>Campephilus guatemalensis</i>	2	A nice one looking out of nest hole on Sarapiqui boat
164	Plain-brown Woodcreeper	<i>Dendrocincla fuliginosa</i>	1	1 seen in La Selva
165	Tawny-winged Woodcreeper	<i>Dendrocincla anabatina</i>	1	1 seen in Carara
166	Ruddy Woodcreeper	<i>Dendrocincla homochroa</i>	1	1 seen well in Carara
167	Wedge-billed Woodcreeper	<i>Glyphorhynchus spirurus</i>	3	Seen in La Selva and Arenal area
168	Northern Barred Woodcreeper	<i>Dendrocolaptes certhia</i>	2	2 seen at La Selva and 1 at Bosque de Paz
169	Cocoa Woodcreeper	<i>Xiphorhynchus guttatus</i>	1	2 seen in Carara
170	Spotted Woodcreeper	<i>Xiphorhynchus erythropygius</i>	1	1 seen briefly at Arenal Hanging Bridges
171	Streak-headed Woodcreeper	<i>Lepidocolaptes souleyetii</i>	3	Up to 3 a day at La Selva
172	Spot-crowned Woodcreeper	<i>Lepidocolaptes affinis</i>	4	Seen in Savegre and Bosque de Paz
173	Red-faced Spinetail	<i>Cranioleuca erythrops</i>	2	Up to 3 seen in Bosque de Paz
174	Spotted Barbtail	<i>Premnoplex brunnescens</i>	1	2 seen very well in Bosque de Paz
175	Ruddy Treerunner	<i>Margarornis rubiginosus</i>	3	Up to 4 in a day at Savegre
176	Lineated Foliage-gleaner	<i>Syndactyla subalaris</i>	1	1 proved difficult at Bosque de Paz
177	Streak-breasted Treehunter	<i>Thripadectes rufobrunneus</i>	1	2 birds seen very well at Bosque de Paz
178	Plain Xenops	<i>Xenops minutus</i>	1	3 seen well in Carara
179	Fasciated Antshrike	<i>Cymbilaimus lineatus</i>	1	A pair seen well in La Selva

180	Great Antshrike	<i>Taraba major</i>	1	1 seen on road near Arenal Dam
181	Barred Antshrike	<i>Thamnophilus doliatus</i>	3	Seen in Carara and La Selva
182	Black-hooded Antshrike	<i>Thamnophilus bridgesi</i>	1	Up to 4 seen well in Carara
183	Western Slaty Antshrike	<i>Thamnophilus atrinucha</i>	1	A male seen well in La Selva
184	Russet Antshrike	<i>Thamnistes anabatinus</i>	1	1 showed very well on road near Arenal Dam
185	Dot-winged Antwren	<i>Microrhopias quixensis</i>	1	At least 6 seen in Carara
186	Dusky Antbird	<i>Cercomacra tyrannina</i>	1	3 seen well in Carara
187	Bare-crowned Antbird	<i>Gymnocichla nudiceps</i>	1	1 seen well but briefly by some of the group near Arenal Dam
188	Chestnut-backed Antbird	<i>Myrmeciza exsul</i>	1	4 seen very close in Carara
189	Immaculate Antbird	<i>Myrmeciza immaculata</i>	1	1 seen but very mobile at Bosque de Paz
190	Spotted Antbird	<i>Hylophylax naevioides</i>	1	2 seen very well at Arenal Lodge
	Ocellated Antbird	<i>Phaenostictus mcleannani</i>	1	Heard only at Arenal Hanging Bridges
191	Black-faced Antthrush	<i>Formicarius analis</i>	2	Seen well at Carara
	Streak-chested Antpitta	<i>Hylopezus perspicillatus</i>	1	Heard only at Carara
192	Fulvous-bellied Antpitta	<i>Hylopezus dives</i>	1	1 seen close by most of group at Arenal Lodge
193	Snowy Cotinga	<i>Carpodectes nitidus</i>	1	1 seen distantly from boat trip on Sarapiquí
194	Bare-necked Umbrellabird	<i>Cephalopterus glabricollis</i>	1	1 a superb male was seen 12ft away from one of the Aerial Trams at Braulio.
195	Blue-crowned Manakin	<i>Pipra coronata</i>	1	1 female seen at Carara.
196	Long-tailed Manakin	<i>Chiroxiphia linearis [pareola]</i>	1	1 female seen in Guacimo area
197	White-ruffed Manakin	<i>Corapipo altera</i>	2	Excellent looks at displaying males in Selva Verde
198	White-collared Manakin	<i>Manacus candei [manacus]</i>	1	1 male seen well in La Selva
199	Orange-collared Manakin	<i>Manacus aurantiacus</i>	1	2 birds showed only briefly in Carara
200	Olive-striped Flycatcher	<i>Mionectes olivaceus</i>	1	1 seen in Savegre
201	Ochre-bellied Flycatcher	<i>Mionectes oleagineus</i>	1	3 seen well in Villa Lapas
202	Slate-headed Tody-tyrant	<i>Todirostrum sylvia</i>	1	1 seen very well in Carara
203	Common Tody-flycatcher	<i>Todirostrum cinereum</i>	4	Seen several places but easy in La Selva.
	Black-headed Tody-Flycatcher	<i>Todirostrum nigriceps</i>	1	Heard only at La Selva
204	Paltry Tyrannulet	<i>Zimmerius vilissimus</i>	4	Easy in Savegre
205	Yellow-bellied Elaenia	<i>Elaenia flavogaster</i>	3	1 in Savegre and a couple in Arenal area
206	Mountain Elaenia	<i>Elaenia frantzii</i>	4	Easy in Savegre & Bosque de Paz
207	Torrent Tyrannulet	<i>Serpophaga cinerea</i>	2	2 seen at Savegre and 2 superbly at Virgen d Socorro
208	Scale-crested Pygmy-tyrant	<i>Lophotriccus pileatus</i>	1	1 seen close and well at Arenal Hanging Bridges

209	Northern Bentbill	<i>Oncostoma cinereigulare</i>	1	2 seen well at Carara
210	Yellow-olive Flycatcher	<i>Tolmomyias sulphurescens</i>	3	Best seen around Carara
211	White-throated Spadebill	<i>Platyrinchus mystaceus</i>	1	2 seen at Bosque de Paz
212	Tufted Flycatcher	<i>Mitrephanes phaeocercus</i>	4	Easy at Savegre and Arenal area
213	Dark Pewee	<i>Contopus lugubris</i>	1	3 seen at Savegre
214	Tropical Pewee	<i>Contopus cinereus</i>	1	Arenal Dam area
215	Yellow-bellied Flycatcher	<i>Empidonax flaviventris</i>	4	Carara, La Selva and Arenal
216	White-throated Flycatcher	<i>Empidonax albigularis</i>	1	1 bird scoped at undisclosed site
217	Yellowish Flycatcher	<i>Empidonax flavescens [difficilis]</i>	5	Very easy to see at Savegre
218	Black-capped Flycatcher	<i>Empidonax atriceps</i>	1	2 seen well at Savegre
219	Black Phoebe	<i>Sayornis nigricans</i>	6	Seen on any fast flowing river
220	Bright-rumped Attila	<i>Attila spadiceus</i>	1	2 seen at La Selva
221	Rufous Mourner	<i>Rhytipterna holerythra</i>	1	2 seen very close at La Selva
222	Dusky-capped Flycatcher	<i>Myiarchus tuberculifer</i>	2	Seen best at Arenal Lodge
223	Nutting's Flycatcher	<i>Myiarchus nuttingi</i>	1	Up to 4 birds seen well at Guacimo
224	Brown-crested Flycatcher	<i>Myiarchus tyrannulus</i>	2	Seen at Guacimo and in Carara
225	Tropical Kingbird	<i>Tyrannus melancholicus</i>	11	Very Common on wires and fences
226	Boat-billed Flycatcher	<i>Megarynchus pitangua</i>	4	Easy around La Selva area
227	White-ringed Flycatcher	<i>Conopias albivittata</i>	1	3 birds seen well at La Selva
228	Golden-bellied Flycatcher	<i>Myiodynastes hemichrysus</i>	1	4 seen well at Virgen d Socorro
229	Social Flycatcher	<i>Myiozetetes similis</i>	7	Common in many areas
230	Grey-capped Flycatcher	<i>Myiozetetes granadensis</i>	3	La Selva, Arenal & Bosque de Paz
231	Great Kiskadee	<i>Pitangus sulphuratus</i>	9	Common in many areas
232	Cinnamon Becard	<i>Pachyramphus cinnamomeus</i>	1	2 seen on La Selva approach road
233	White-winged Becard	<i>Pachyramphus polychopterus</i>	1	1 seen nr Arenal
234	Rose-throated Becard	<i>Pachyramphus aglaiae</i>	2	Best at Carara
235	Masked Tityra	<i>Tityra semifasciata</i>	2	Sarapiqui Area
236	Mangrove Swallow	<i>Tachycineta albilinea</i>	3	Up to 30 seen well on Tarcoles boat trip
237	Grey-breasted Martin	<i>Progne chalybea [subis]</i>	3	Best around town near La Selva
238	Blue-and-white Swallow	<i>Notiochelidon cyanoleuca</i>	9	Common and seen many places
239	Northern Rough-winged Swallow	<i>Stelgidopteryx serripennis</i>	1	Seen towards La Selva area
240	Southern Rough-winged Swallow	<i>Stelgidopteryx ruficollis</i>	2	Close view from Sarapiqui boat
241	Barn Swallow	<i>Hirundo rustica</i>	1	A few from coach
242	Long-tailed Silky-flycatcher	<i>Ptilogonys caudatus</i>	5	Best views at Savegre and Bosque de Paz
243	Black-and-yellow Silky-flycatcher	<i>Phainoptila melanoxantha</i>	1	2 seen well on Providencia road

244	American Dipper	<i>Cinclus mexicanus</i>	4	Very close views at Bosque de Paz
245	Rufous-naped Wren	<i>Campylorhynchus rufinucha</i>	4	Common in many urban areas
246	Band-backed Wren	<i>Campylorhynchus zonatus</i>	2	4 showed well in Arenal Lodge
247	Black-throated Wren	<i>Thryothorus atrogularis</i>	1	1 seen at Arenal
248	Black-bellied Wren	<i>Thryothorus fasciatoventris</i>	1	1 showed fairly well in Carara
249	Riverside Wren	<i>Thryothorus semibadius</i>	1	2 seen well in Carara
250	Bay Wren	<i>Thryothorus nigricapillus</i>	2	Best views at Selva Verde
251	Stripe-breasted Wren	<i>Thryothorus thoracicus</i>	2	2 seen well at Arenal Lodge
252	Rufous-and-white Wren	<i>Thryothorus rufalbus</i>	1	2 seen well at Carara
253	Plain Wren	<i>Thryothorus modestus</i>	2	Excellent views at La Selva
254	Southern House Wren	<i>Troglodytes aedon musculus</i>	9	Seen in many different areas
255	Ochraceous Wren	<i>Troglodytes ochraceus</i>	2	1 at Bosque and 3 together very close at Savegre
256	Timberline Wren	<i>Thryorchilus browni</i>	1	2 seen by a few in the high Paramo
257	White-breasted Wood-wren	<i>Henicorhina leucosticta</i>	1	1 showed well in La Selva
258	Grey-breasted Wood-wren	<i>Henicorhina leucophrys</i>	5	Best at Savegre & Bosque de Paz
259	Northern Nightingale Wren	<i>Microcerculus philomela</i>	2	Reasonable views at Arenal Lodge
260	Black-faced Solitaire	<i>Myadestes melanops</i>	4	Very good views at both Bosque de Paz and Savegre
261	Black-billed Nightingale-thrush	<i>Catharus gracilirostris</i>	4	Excellent views at Savegre and Poas Volcano
262	Slaty-backed Nightingale-thrush	<i>Catharus fuscater</i>	1	6 seen around ant swarm at Bosque de Paz
263	Ruddy-capped Nightingale-thrush	<i>Catharus frantzii</i>	4	Easily seen around Savegre and Bosque de Paz
264	Black-headed Nightingale-thrush	<i>Catharus mexicanus</i>	2	Best views at Arenal Lodge
265	Swainson's Thrush	<i>Catharus ustulatus</i>	2	Best views on track at Carara
266	Wood Thrush	<i>Catharus mustelinus</i>	5	Seen very well in the Arenal area
267	Sooty Thrush	<i>Turdus nigrescens</i>	3	Maximum of 8 in a day at Savegre
268	Mountain Thrush	<i>Turdus plebejus [ignobilis]</i>	5	20+ at Savegre
269	Clay-coloured Thrush	<i>Turdus grayi</i>	11	Very common except highlands
270	White-throated Thrush	<i>Turdus assimilis</i>	1	4 together at Arenal Lodge
271	White-lored Gnatcatcher	<i>Polioptila albiloris</i>	1	2 seen well along Guacimo Rd
272	Tropical Gnatcatcher	<i>Polioptila plumbea</i>	2	Seen at Carara and La Selva
273	Brown Jay	<i>Psilorhinus morio</i>	4	Small groups at Bosque de Paz, Orquideas and Cinchona
274	White-throated Magpie-jay	<i>Calocitta Formosa</i>	2	6 when we got off boat at Tarcoles and 2 at Arenal
275	House Sparrow	<i>Passer domesticus</i>	4	Small numbers as we passed through towns
276	Rufous-browed	<i>Cyclarhis gujanensis</i>	2	Superb views at Savegre and

	Peppershrike			2 from boat on Tarcoles river
277	Yellow-winged Vireo	<i>Vireo carmioli</i>	2	Maximum of 3 at Savegre
278	Mangrove Vireo	<i>Vireo pallens</i>	1	1 difficult bird eventually seen from Tarcoles boat trip
279	Yellow-throated Vireo	<i>Vireo flavifrons</i>	2	Seen at Guacimo and Carara
280	Philadelphia Vireo	<i>Vireo philadelphicus</i>	3	Seen at Savegre and Villa Lapas
281	Brown-capped Vireo	<i>Vireo leucophrys</i>	4	Singles at Savegre and Bosque de Paz
282	Lesser Greenlet	<i>Hylophilus decurtatus</i>	4	Best seen at Arenal & Carara
283	Yellow-bellied Siskin	<i>Carduelis xanthogastra</i>	1	1 seen by just a few at Bosque
284	Golden-winged Warbler	<i>Vermivora chrysoptera</i>	2	Great views at Bosque de Paz
285	Tennessee Warbler	<i>Vermivora peregrina</i>	7	Savegre, but most easy at La Paz Waterfall Garden
286	Tropical Parula	<i>Parula pitiayumi americana</i>	4	Best views at Arenal Lodge
287	Flame-throated Warbler	<i>Parula gutturalis</i>	2	Seen well at Savegre and Bosque de Paz
288	Yellow Warbler	<i>Dendroica petechia</i>	8	Seen in many areas
	<i>Mangrove Warbler</i>	<i>Dendroica petechia bryanti</i>	1	6 seen on Tarcoles boat trip
289	Chestnut-sided Warbler	<i>Dendroica pensylvanica</i>	7	A commonly seen species.
290	Townsend's Warbler	<i>Dendroica townsendi</i>	2	2 seen at Savegre and 1 at Bosque
291	Black-throated Green Warbler	<i>Dendroica virens</i>	3	Mostly seen around Savegre
292	Blackburnian Warbler	<i>Dendroica fusca</i>	1	1 seen at Bosque de Paz
293	Black-and-white Warbler	<i>Mniotilta varia</i>	3	1 at Arenal and others at Bosque
294	Prothonotary Warbler	<i>Protonotaria citrea</i>	2	On both Tarcoles and Sarapiquí boat trips
295	Ovenbird	<i>Seiurus aurocapillus</i>	1	1 seen by just a few at Arenal
296	Northern Waterthrush	<i>Seiurus noveboracensis</i>	3	Singles at Carara and Sarapiquí
297	Louisiana Waterthrush	<i>Seiurus motacilla</i>	4	Best at savegre and La Selva
298	Gray-crowned Yellowthroat	<i>Geothlypis poliocephala</i>	1	1 seen well beside small pond.
299	Wilson's Warbler	<i>Wilsonia pusilla</i>	6	Easy at Savegre and Bosque de Paz
300	Slate-throated Redstart	<i>Myioborus miniatus</i>	2	Great views at Bosque de Paz
301	Collared Redstart	<i>Myioborus torquatus</i>	4	Best seen around Savegre Lodge
302	Golden-crowned Warbler	<i>Basileuterus culicivorus</i>	1	Just 1 seen at Bosque de Paz
303	Rufous-capped Warbler	<i>Basileuterus rufifrons delatirii</i>	2	Excellent views at Orquideas Inn
304	Black-cheeked Warbler	<i>Basileuterus melanogenys</i>	4	Superb views of 6 at Bosque de Paz
305	Three-striped Warbler	<i>Basileuterus tristriatus</i>	1	Close views of 8 at Bosque de Paz
306	Buff-rumped Warbler	<i>Basileuterus fulvicauda</i>	4	Great views on Sarapiquí boat trip, plus Arenal
307	Zeledonia	<i>Zeledonia coronata</i>	1	A few people saw a bird flush into thick bamboo on high Paramo

308	Bananaquit	<i>Coereba flaveola</i>	5	Easy at Arenal and La Selva
309	Common Bush-tanager	<i>Chlorospingus ophthalmicus</i>	6	Many on feeders at Bosque de Paz
310	Sooty-capped Bush-tanager	<i>Chlorospingus pileatus</i>	4	Many seen in high Paramo
311	Dusky-faced Tanager	<i>Mitrospingus cassinii</i>	1	1 seen briefly at La Selva
312	Olive Tanager	<i>Chlorothraupis carmioli</i>	1	3 seen very close at Arenal Lodge
313	Grey-headed Tanager	<i>Eucometis penicillata</i>	1	1 seen well perched in Carara
314	White-shouldered Tanager	<i>Tachyphonus luctuosus</i>	2	4 seen in Carara and 2 in Braulio
315	White-lined Tanager	<i>Tachyphonus</i>	1	1 in Carara
316	Red-throated Ant-tanager	<i>Habia fuscicauda</i>	2	Up to six seen at Selva Verde
317	Flame-coloured Tanager	<i>Piranga bidentata</i>	3	4 seen well each day at Savegre
318	Hepatic Tanager	<i>Piranga flava</i>	3	Males and Female showing well at Arenal
319	Summer Tanager	<i>Piranga rubra</i>	5	Seen in many different areas
320	Crimson-collared Tanager	<i>Ramphocelus sanguinolentus</i>	4	Best seen at Arenal Lodge and Cinchona
321	Passerini's Tanager	<i>Ramphocelus passerinii</i>	5	Common at La Selva area
322	Blue-grey Tanager	<i>Thraupis episcopus</i>	11	Seen everywhere
323	Palm Tanager	<i>Thraupis palmarum</i>	6	Best seen at Arenal Lodge
324	Scrub Euphonia	<i>Euphonia affinis</i>	1	4 seen along Guacimo road
325	Yellow-crowned Euphonia	<i>Euphonia luteicapilla</i>	1	4 seen in Carara
326	Yellow-throated Euphonia	<i>Euphonia hirundinacea</i>	3	Easy seen at Arenal Lodge
327	Blue-hooded Euphonia	<i>Euphonia elegantissima</i>	1	An unexpected female seen well on high Paramo
328	Olive-backed Euphonia	<i>Euphonia gouldi</i>	4	Easy at Arenal and La Selva
	Tawny-capped Euphonia	<i>Euphonia anaeae</i>	1	1 seen by John G
329	Emerald Tanager	<i>Tangara florida</i>	3	Very good views of pair at Arenal
330	Silver-throated Tanager	<i>Tangara icterocephala</i>	7	Easy on feeders at Arenal, Cinchona
331	Golden-hooded Tanager	<i>Tangara larvata</i>	3	On feeders at Arenal Lodge
332	Blue Dacnis	<i>Dacnis cayana</i>	2	2 at La Selva were best
333	Green Honeycreeper	<i>Chlorophanes spiza</i>	3	Superb views at Arenal Lodge
334	Shining Honeycreeper	<i>Cyanerpes lucidus</i>	3	Seen La Selva & Virgen de socorro
335	Red-legged Honeycreeper	<i>Cyanerpes cyaneus</i>	3	Up to 6 at Arenal Lodge on feeders
336	Rufous-collared Sparrow	<i>Zonotrichia capensis</i>	10	Common all over
337	Volcano Junco	<i>Junco vulcani</i>	1	1 confiding bird seen in Paramo
338	Stripe-headed Sparrow	<i>Aimophila ruficauda</i>	2	Best seen along Guacimo Road
339	Prevost's Ground-sparrow	<i>Melospiza biarcuatum</i>	1	1 seen very well in hotel gardens
340	White-eared Ground-	<i>Melospiza leucotis</i>	1	2 seen well in hotel gardens

	sparrow			
341	Orange-billed Sparrow	<i>Arremon aurantirostris</i>	1	1 seen well at La Selva
342	Black-striped Sparrow	<i>Arremonops conirostris</i>	3	Easy at Arenal Lodge gardens
343	Chestnut-capped Brush-finch	<i>Atlapetes brunneinucha</i>	4	Good views at Bosque de Paz
344	Large-footed Finch	<i>Pezopetes capitalis</i>	2	1 showed well near Savegre
345	Yellow-thighed Finch	<i>Pselliophorus tibialis</i>	5	Seen well at Savegre and Bosque de Paz
346	Sooty-faced Finch	<i>Lysurus crassirostris</i>	1	1 gave incredible views at Virgen del Socorro
347	Blue-black Grassquit	<i>Volatinia jacarina</i>	1	At least 10 in grasslands near Bosque de Paz
348	Variable Seedeater	<i>Sporophila americana</i>	4	Most easy around Arenal
349	Yellow-faced Grassquit	<i>Tiaris olivacea</i>	2	In grasslands near Bosque de Paz
350	Slaty Flowerpiercer	<i>Diglossa plumbea</i>	5	Best at Savegre
351	Black-thighed Grosbeak	<i>Pheucticus tibialis</i>	2	Seen well at La Selva & Savegre
352	Rose-breasted Grosbeak	<i>Pheucticus ludovicianus</i>	2	Seen at Savegre
353	Black-faced Grosbeak	<i>Caryothraustes poliogaster</i>	1	4 seen together at La Selva
354	Buff-throated Saltator	<i>Saltator maximus</i>	6	Easy at Arenal & Bosque de Paz
355	Greyish Saltator	<i>Saltator coerulescens</i>	1	2 seen in hotel garden
356	Montezuma Oropendola	<i>Gymnostinops montezuma</i>	5	Very easy at Arenal on feeders
357	Scarlet-rumped Cacique	<i>Cacicus uropygialis</i>	1	2 seen from bridge at la Selva
358	Baltimore Oriole	<i>Icterus galbula</i>	8	Seen in many areas
359	Black-cowled Oriole	<i>Icterus dominicensis</i>	1	Seen well at La Selva
360	Red-winged Blackbird	<i>Agelaius phoeniceus</i>	2	12 in grasslands near Bosque
361	Eastern Meadowlark	<i>Sturnella magna</i>	1	3 in grasslands near Bosque
362	Great-tailed Grackle	<i>Quiscalus mexicanus</i>	9	Common near towns
363	Bronzed Cowbird	<i>Molothrus aeneus</i>	3	Most in Arenal area

Mammals & Other Sightings:

1.	White-nosed Coati			
2.	Variegated Squirrel			
3.	Red-tailed Squirrel			
4.	Central American Woolly Opossum			
5.	Central American Agouti			
6.	Collared Peccary			
7.	Hoffmann's Two-toed Sloth			
8.	Brown-throated Three-toed Sloth			
9.	Tent-making Bat			
10.	Lesser Sac-winged Bat			
11.	Long-nosed Bat			
12.	Mantled Howler Monkey			
13.	White-faced Capuchin			
14.	Neotropic Otter			
15.	Paca			

16.	Nine-banded Armadillo			
17.	Ctenosaur			
18.	Green iguana			
19.	Pacific Basilisk			
20.	Tropical House Gecko			
21.	Marine Toad			
22.	Green and black Poison Dart Frog			
23.	Strawberry Poison Dart Frog			
24.	Central American Crocodile			
25.	Blue Morpho			
26.	Army Ant			
27.	Bullet Ant			
28.	Leaf-cutter Ants			

Please note that our checklists do not include species seen by the leaders only. We also do not include single observer sightings or poor views. We do not count heard only or subspecies, although they are noted. This we believe gives us a very honest and accurate group total.



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