

PANAMA

TRIP REPORT July 27 – August 9, 2025



Photos: Harpy Eagle and Black-crowned Antpitta by Nancy McIntyre, Gray-cheeked Nunlet and Long-billed Starthroat by Scott Beattie, group on top of Canopy Tower by Diego Calderón

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TOUR SUMMARY:

Our Panama CANOPY triffecta was simply superb! We started with an amazing pre-trip extension to the Canopy Camp Darien where we enjoyed a GREAT SHOW by a couple of nesting Harpy Eagles and nailed down some really fabulous species including Blue Cotinga, White-eared Conebill, Double-banded Graytail, Gray-cheeked Nunlet, Barred Puffbird, Spectacled Parrotlet and my only lifer of the trip: Yellow-green Tyrannulet! All of this while enjoying the safari-style tents in the middle of the jungle with open top showers and great service.

We then met the rest of the group and started our main tour in the famed Canopy Tower, a former US army radar installation that has been converted into a great lodge with a canopy birding view and an excellent gateway to so many great locations nearby the Panama Canal. Special sightings abounded including Velvety and Red-capped Manakins, point-blank-views of Streak-chested Antpitta, an unexpected Purple Martin while some Wattled Jacanas were having sex, and plenty of mammals nearby like tamarins, sloths, kinkajou, a cute coati big family and even an olingo. The Canopy Tower food was indeed the best of the trip!

We then travelled towards the west and a bit higher to the comfy Canopy Lodge nested in El Valle de Anton (where the famous bird fruit cam from Cornell is located and broadcasting live! <https://canopytower.com/fruit-feeder-cam>). We had so many cool birds at the feeders like Dusky-faced Tanager, Rufous Motmot, and Red-legged Honeycreeper. Outings nearby the lodge gave us Tody Motmot twice, amazing nesting Crimson-bellied Woodpecker, a relaxed Sunbittern, a not-that-common-in-the-gardens local Black-and-white Owl, and our bird of the trip: Black-crowned AMAZING-BEAST Pittasoma/Antpitta. We scored more than 330 species during the whole trip (*and more than 250 on main trip!*), visited amazing localities, and chased some good rarities and enjoyed some relaxed birding at feeders.

The top 10 birds of the trip voted by all participants were:

1. **Black-crowned Pittasoma/Antpitta** because of the amazing experience with so close point-blank-views we got of this rare secretive species!
2. A no brainer, our **Harpy Eagle** experience with the boat, pickup truck, and hike in the remote Darien jungle.
3. **Crimson-bellied Woodpecker** that even did not offered prolonged views, was cool and charismatic enough to enchant everyone.
4. The obliging **Sunbittern** above the Canopy Lodge that allowed us to study it in detail.
5. The weirdo-looking **Brown-billed Scythebill** that eventually after some hard work it was posing for our lenses.
6. The cute **Tody Motmots** that required a 2nd outing to have better closer views.
7. The steaking-out amazing **Emerald Tanagers** for their remarkable plumage pattern.
8. The -locally- not so common in Panama **Spectacled Parrotlets**.
9. A tie between the showy and colorful **Rufous-tailed Jacamars**, the not so easy **Purple-throated Fruitcrows**, the **Barred Puffbird** show and Diego's fav: **Bananaquit**.

10. And an even bigger tie between the showy **Northern Emerald Toucanets**, the colorful **Bay-headed Tanager** and **Scarlet-thighed Dacnis**, the obliging **Cinnamon Woodpeckers**, literally “any f*&%\$# **manakin**” as voted by Elena, the huge **White Hawk**, my unexpected **Eye-ringed Flatbill** and the always amazing **Red-capped Manakin**.

Some special mentions also were done for a ton of good mammals we got, all birds and critters seen at night including great frogs and thermal-scoped sleeping/roosting birds, the electric **Blue Cotinga**, **Spotted Antbird** nesting just there, unexpected **Black-and-white Owl**, obliging **Chestnut-fronted Macaws**, the usual lovely **Blue-gray Tanagers**, a cool **Tiny Hawk**, the incredible **Violet-bellied Hummingbird**, the rare **White-eared Conebills**, the most obliging **Streaked-chested Antpitta** ever and my life **Yellow-green Tyrannulet**.

HIGHLIGHTS

Either for rarity value, excellent views or simply a group favorite:



This White-necked Puffbird was one of the first birds we got at Bayano Lake while driving to Canopy Camp (Diego Calderon-Franco)



We started the tour migrating from Panama province into Darien province for our stay at Canopy Camp (Nancy McIntyre)



The feeders at Canopy Camp were busy always and Sapphire-throated Hummingbird showed off (Nancy McIntyre) & Everyone enjoyed **MOTHING** at Canopy Camp (Diego Calderon-Franco)



The Canopy Camp Darien tents are the perfect way to enjoy the jungle while super comfy (Diego Calderon-Franco)



A male Black-tailed Trogon on a weird angle showing its black tail (Diego Calderon-Franco) & Crazy hairy *Podalia orsilochus* moth larvae (Nancy McIntyre) & *Heliconius hecale*, or Tiger Longwing, was one of the many amazing butterflies we got (Nancy McIntyre)



The Chocó-endemic Gray-cheeked Nunlet was a group favorite at a stake-out in the Canopy Camp (Scott Beattie)



The Yellow-headed Gecko was common during our outings in the lowlands (Diego Calderon-Franco) & We got several encounters with the MAGIC Blue Cotinga during this trip (Diego Calderon-Franco) & King Vulture was attending a feeding station at Canopy Camp (Nancy McIntyre)

We started our Harpy Eagle expedition on a very rainy morning in the Chucunaque River (Diego Calderon-Franco)





The Harpy Eagle male was particularly active during our visit. Here showing off spreading his huge wings (Nancy McIntyre) and see how we enjoyed the show:

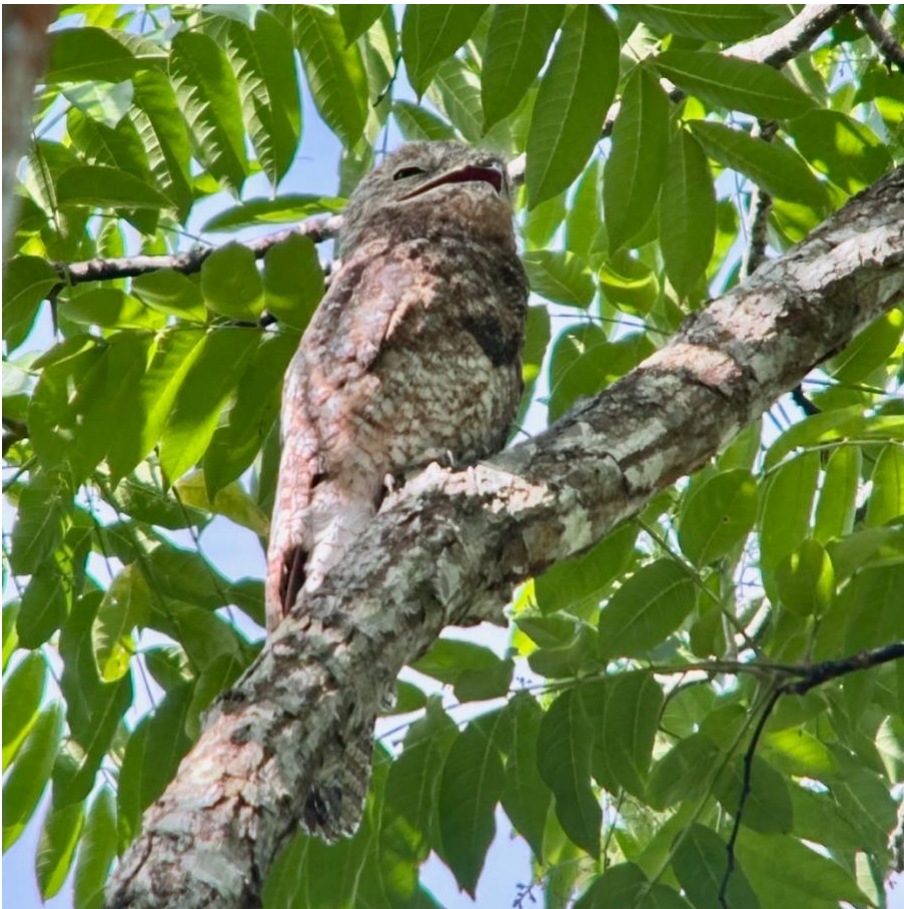
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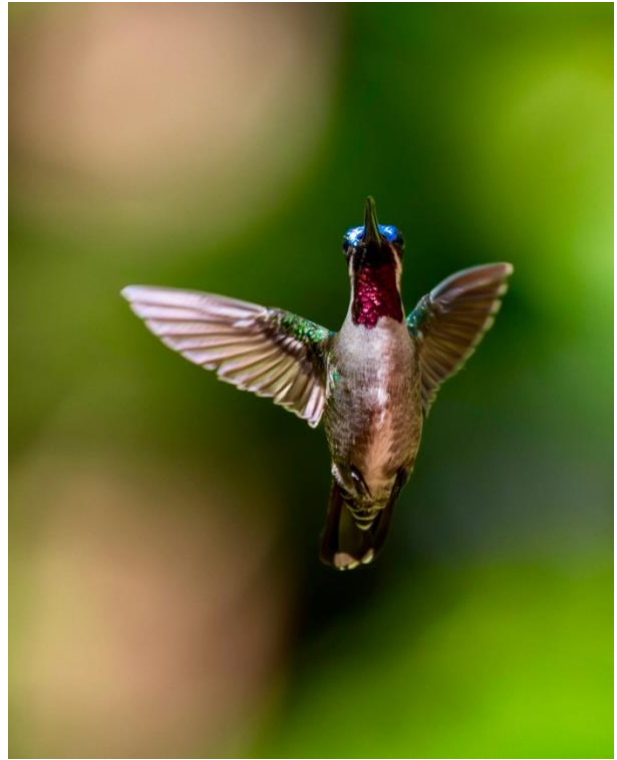
A not-always-you-get-in-the-scope Russet-winged Schiffornis (only Panama, Colombia and Venezuela) was posing in the scope for everyone (Diego Calderon-Franco) & Rufous-tailed Jacamar posing a few meters from our lenses gave us a superb show after Harpy Eagles (Diego Calderon-Franco)



Birding great habitat at El Salto Road near Canopy Camp (Diego Calderon-Franco)



This Great Potoo was roosting just there next to the Canopy Camp dining area (Diego Calderon-Franco)



We got great photo ops at feeders on all our lodges as shown by this amazing White-necked Jacobin (Scott Beattie) & Scott had the time to play with his tripod and try photos in flight of hummers at the Canopy Camp. Look here his amazing Long-billed Starthroat (Scott Beattie)



Restricted to only Colombia and Panama, the Geoffroy's Tamarins were numerous during the trip and offered quality views (Scott Beattie)

The Barred Puffbird near Canopy Camp were the afternoon favorites (Nancy McIntyre) & The group digiscoped focusing on Barred Puffbirds (Diego Calderon-Franco)



Spectacled Parrotlets are not that common in Panama and only occurring there, in Colombia and in Venezuela (Scott Beattie)



Chestnut-fronted Macaws posing for us close to our open-top vehicles (Nancy McIntyre)



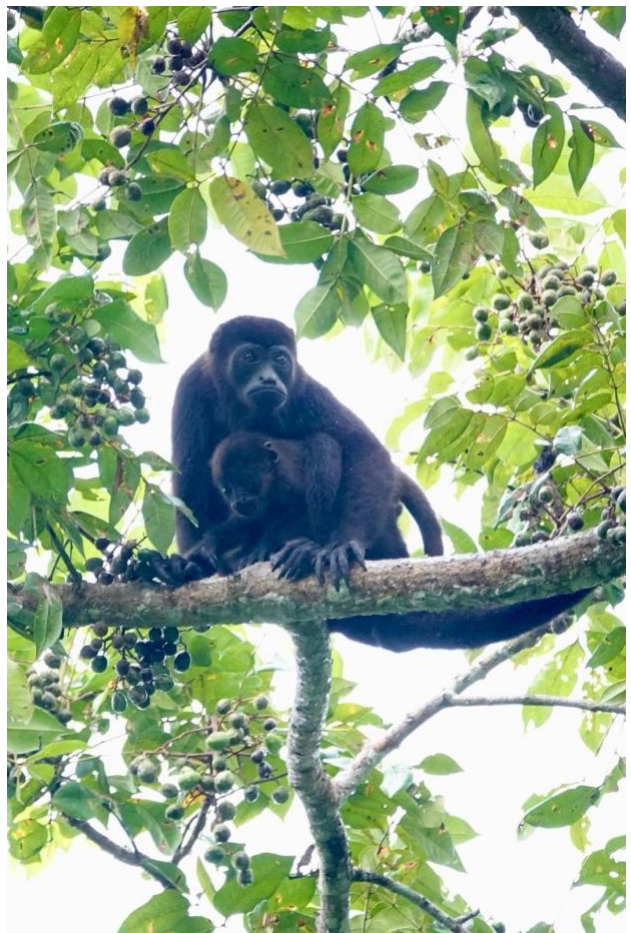
Great Jacamar took us a while but eventually cooperated in the San Francisco Reserve (Diego Calderon-Franco) & Happy birders after Diego's lifer (Yellow-green Tyrannulet) and an amazing Great Jacamar (Diego Calderon-Franco)



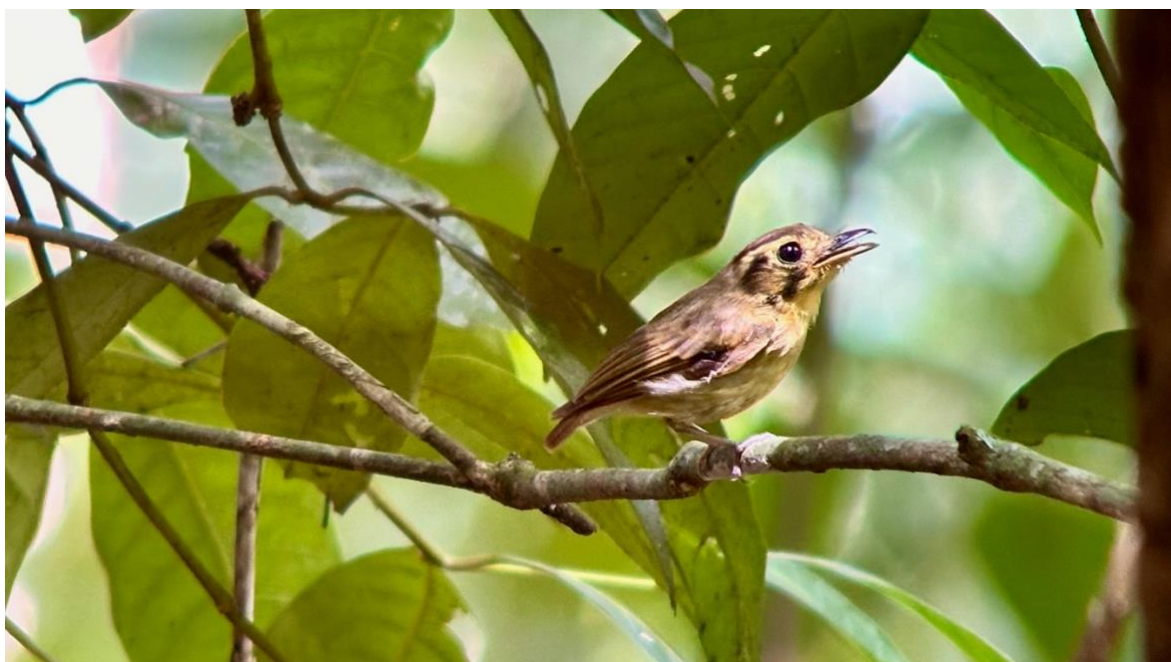
We got the rest of our crew and our full Main Tour group (plus Pilar my girlfriend) assembled here at the famous Canopy Tower top observation deck (Diego Calderon-Franco)



Jo wanted to see Cinnamon Woodpecker and she had this amazing view -and photo!- on first morning atop Canopy Tower (Jo Fasciolo)



A family of some 20 White-nosed Coatis surprised us all in Canopy Tower (Nancy McIntyre) & A momma Mantled Howler and her baby (Jo Fasciolo)



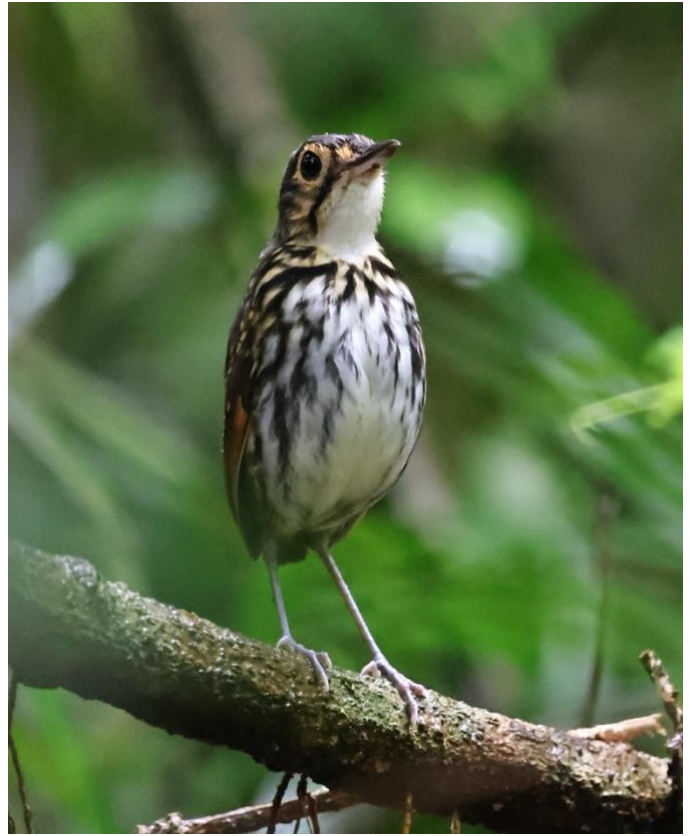
Golden-crowned Spadebills are not that easy to find on trips and this time this one was just there a few meters from the group (Diego Calderon-Franco)



This Crane HAWK gave us a little window at Semaphore Hill road in Canopy Tower (Jo Fasciolo) & Thermaling at night gave us so many good birds including this Black-faced Antthrush (Nancy McIntyre)



Birding at the entrance of Pipeline Road and the Panama Rainforest Discovery Center near Gamboa (Diego Calderon-Franco) where Diego never seen a most cooperating White-bellied Antbird than this at Pipeline Road, so much he could make his first digiscoping of the species (Diego Calderon-Franco): <https://macaulaylibrary.org/asset/640003487>



Streaked-chested Antpitta gave us this time a cracking point-blank-view show at Pipeline Road (Jo Fasciolo & Nancy McIntyre)



American Pygmy-Kinffisher is the ddwarfest of our New World few kingfisher species and we got to see it well well well (Diego Calderon-Franco)



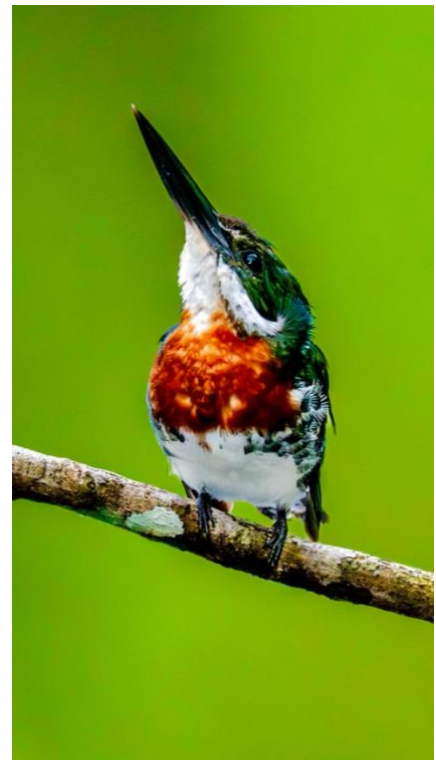
The group being welcomed to the Canopy Tower by Carlos Bethancour (Diego Calderon-Franco)



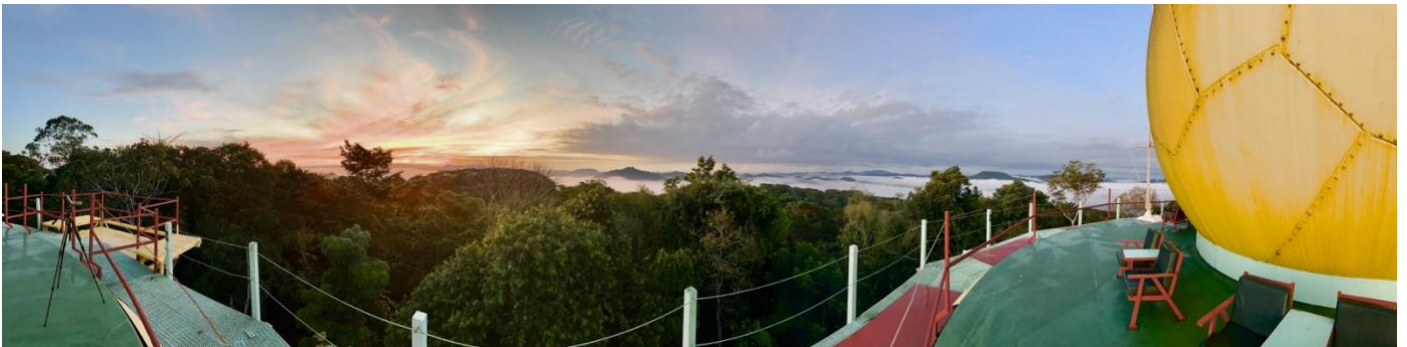
Restricted to only Colombia and Panama, the Geoffroy's Tamarins were numerous during the trip and offered quality views (Diego Calderon-Franco) & Both Olingos and Kinkajous were coming at night for bananas at The Canopy Tower (Jo Fasciolo)



The group posing at the base of the Panama Rainforest Discovery Center tower (Diego Calderon-Franco) where our group got so many good birds eye level -Several Blue Cotingas, Tiny Hawk, Yellow-throated & Keel-billed Toucans- and was posing happily (Pilar Restrepo)



Tent Making Bats are always a pleasure to find... these at the Summit Gardens (Diego Calderon-Franco) & Green Kingfisher was posing nicely with amazing blurry background at the Summit Ponds near Canopy Tower (Scott Beattie)



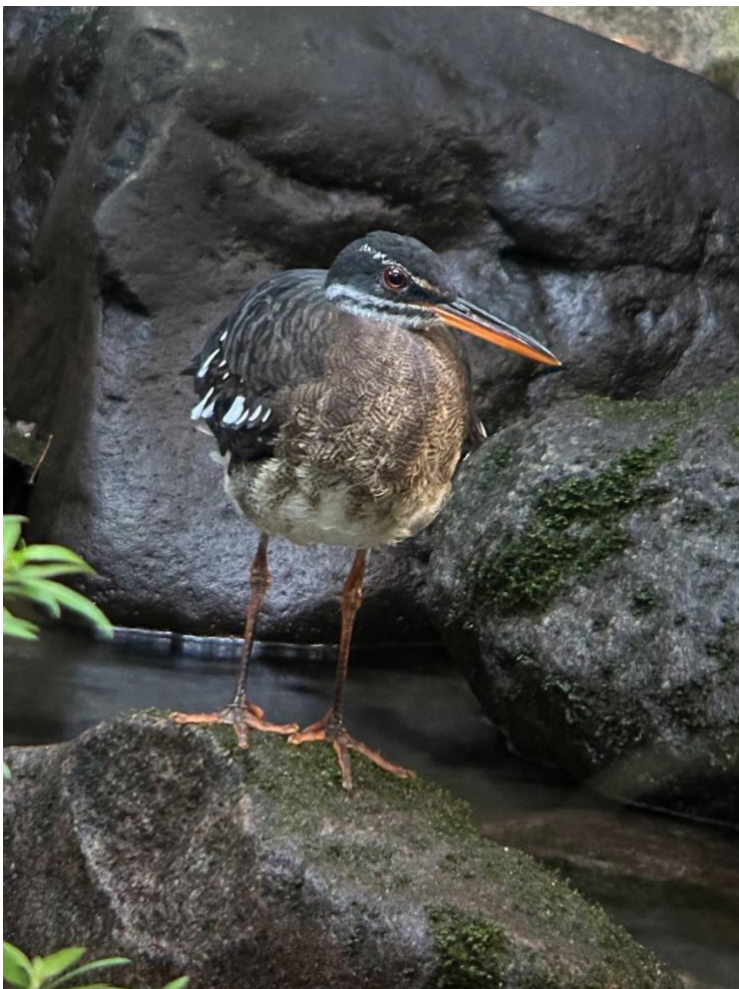
The FAMOUS Canopy Tower by itself was simply a pleasure: before Sunrise (birding!), the early morning views atop (... here Panama city and superb panama canal forest digiscoped), and the sunrises were always spectacular (Diego Calderon-Franco)

We couldn't had a better guide than Eliecer from Canopy Family - bird-mega-sharp, always paying attention to clients needs & great fun to travel with (Diego Calderon-Franco) & We got probably more than a dozen Brown-throated Sloths during the whole trip (Diego Calderon-Franco)





Last Group photo with the Canopy Tower mural before migrating to the Canopy Lodge (Diego Calderon-Franco)



Upon arrival to Canopy Lodge, we were greeted by this! – a no brainer why Sunbittern was one of the birds of the trip and a great welcome to Canopy Lodge (Nancy McIntyre)



Dusky-faced Tanagers is one of the only 2 species in the Mitrospingidae family... they were common at Canopy Lodge (Nancy McIntyre)



Seeing roosting owls with daylight is always a pleasure even if it's a grumpy and wet Tropical Screech-Owl (Diego Calderon-Franco) & The Orange-bellied split of Collared Trogon is endemic to only Costa Rica and Panama (Jo Fasciolo)



This blue-throated subspecies of the Northern Emerald Toucanet is restricted to mountains only in Costa Rica and Panama and we got amazing views at Altos del Maria (Diego Calderon-Franco)



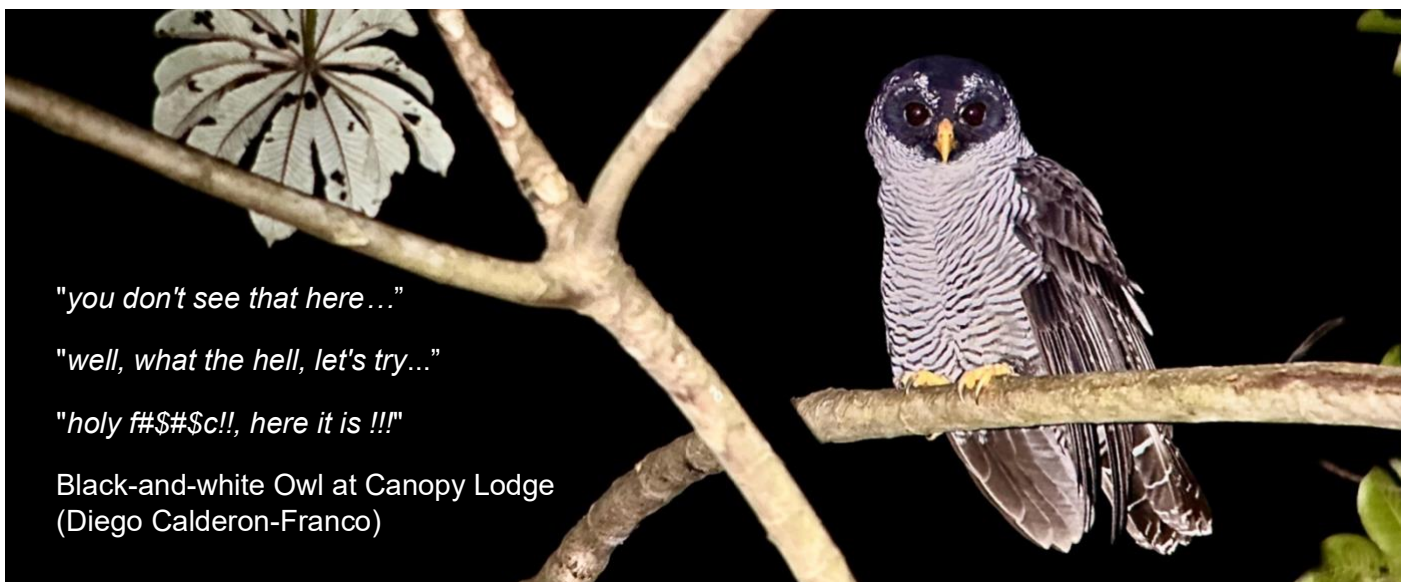
Everyone quite focused working on the Blue-throated race of the Northern Emerald Toucanet in Altos del Maria (Diego Calderon-Franco) & Danilo & Danilo Jr. from Canopy Family helping us with some birding and local guiding at Altos del Maria (Diego Calderon-Franco)



Brown-billed Scythebill is one of those specialties we had to go to the higher section of Altos del Maria to connect with (Diego Calderon-Franco) & here a Canopy Lodge perfect advertising with some of our team working on the Scythebill (Diego Calderon-Franco)



Fleischmann's or Northern Glass-Frog (*Hyalinobatrachium fleischmanni*) was common in the Canopy Lodge gardens (Nancy McIntyre)



"you don't see that here ..."

"well, what the hell, let's try..."

"holy f#\$%\$c!!, here it is !!!"

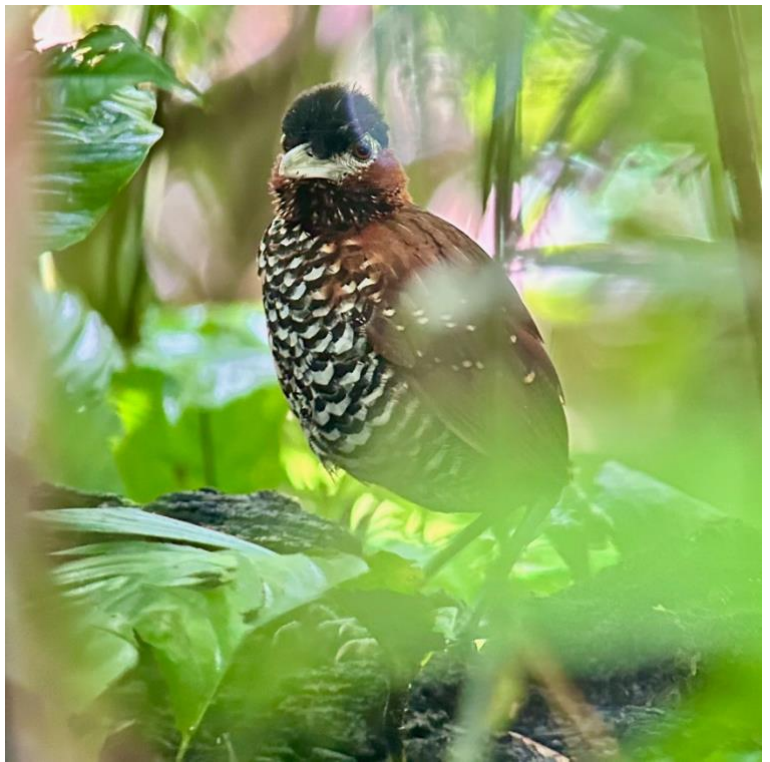
Black-and-white Owl at Canopy Lodge (Diego Calderon-Franco)



The RAREST mammal of the trip we found thermaling at Canopy Lodge - Rufous Tree Rat (Diego Calderon-Franco) & The thermal scope also revealed a few Common Opossums near Canopy Lodge (Nancy McIntyre)



We eventually had to try again and much better views of Tody Motmot on our second try (Jo Fasciolo)



Just before the end of our trip, we got the MOST OBLIGING Black-crowned Pittasoma/Anpitta ever!... it came to the open path, posed for digiscoping, behaved like never before (Nancy McIntyre & Diego Calderon-Franco)



A happy group after a successful trip (Nancy McIntyre)

WILDLIFE LIST for Panama 2025

This bird list is in line with eBird/Clement's taxonomy and as such names may be different than some of the field guides and other taxonomies.

#	SPECIES - Birds	SCIENTIFIC NAME
1	Great Tinamou	<i>Tinamus major</i>
2	Little Tinamou	<i>Crypturellus soui</i>
3	Black-bellied Whistling-Duck	<i>Dendrocygna autumnalis</i>
4	Gray-headed Chachalaca	<i>Ortalis cinereiceps</i>
5	Rock Pigeon (Feral Pigeon)	<i>Columba livia (Feral Pigeon)</i>
6	Pale-vented Pigeon	<i>Patagioenas cayennensis</i>
7	Scaled Pigeon	<i>Patagioenas speciosa</i>
8	Ruddy Ground Dove	<i>Columbina talpacoti</i>
9	Blue Ground Dove	<i>Claravis pretiosa</i>
10	White-tipped Dove	<i>Leptotila verreauxi</i>
11	Gray-chested Dove	<i>Leptotila cassinii</i>
12	Greater Ani	<i>Crotophaga major</i>
13	Smooth-billed Ani	<i>Crotophaga ani</i>
14	Striped Cuckoo	<i>Tapera naevia</i>
15	Rufous-vented Ground-Cuckoo	<i>Neomorphus geoffroyi</i>
16	Squirrel Cuckoo	<i>Piaya cayana</i>
17	Lesser Nighthawk	<i>Chordeiles acutipennis</i>
18	Great Potoo	<i>Nyctibius grandis</i>
19	Black Swift	<i>Cypseloides niger</i>
20	White-collared Swift	<i>Streptoprocne zonaris</i>
21	Band-rumped Swift	<i>Chaetura spinicaudus</i>
22	Short-tailed Swift	<i>Chaetura brachyura</i>
23	Lesser Swallow-tailed Swift	<i>Panyptila cayennensis</i>
24	White-necked Jacobin	<i>Florisuga mellivora</i>
25	White-tipped Sicklebill	<i>Eutoxeres aquila</i>
26	Rufous-breasted Hermit	<i>Glaucis hirsutus</i>
27	Green Hermit	<i>Phaethornis guy</i>
28	Long-billed Hermit	<i>Phaethornis longirostris</i>
29	Pale-bellied Hermit	<i>Phaethornis anthophilus</i>
30	Stripe-throated Hermit	<i>Phaethornis striigularis</i>
31	Brown Violetear	<i>Colibri delphinae</i>
32	Purple-crowned Fairy	<i>Heliodytes barroti</i>
33	Black-throated Mango	<i>Anthracothorax nigricollis</i>
34	Green Thorntail	<i>Discosura conversii</i>
35	Green-crowned Brilliant	<i>Heliodoxa jacula</i>
36	Long-billed Starthroat	<i>Heliomaster longirostris</i>
37	Violet-headed Hummingbird	<i>Klais guimeti</i>
38	Bronze-tailed Plumeleteer	<i>Chalybura urochrysis</i>
39	White-vented Plumeleteer	<i>Chalybura buffonii</i>
40	Crowned Woodnymph	<i>Thalurania colombica</i>
41	White-tailed Emerald	<i>Microchera chionura</i>
42	Scaly-breasted Hummingbird	<i>Phaeochroa cuvierii</i>

43	Snowy-bellied Hummingbird	<i>Saucerottia edward</i>
44	Rufous-tailed Hummingbird	<i>Amazilia tzacatl</i>
45	Sapphire-throated Hummingbird	<i>Chrysuronia coeruleogularis</i>
46	Blue-chested Hummingbird	<i>Polyerata amabilis</i>
47	Violet-bellied Hummingbird	<i>Chlorestes julie</i>
48	Gray-cowled Wood-Rail	<i>Aramides cajaneus</i>
49	Purple Gallinule	<i>Porphyrio martinica</i>
50	White-throated Crake	<i>Laterallus albigularis</i>
51	Limpkin	<i>Aramus guarauna</i>
52	Black-necked Stilt	<i>Himantopus mexicanus</i>
53	Southern Lapwing	<i>Vanellus chilensis</i>
54	Wattled Jacana	<i>Jacana jacana</i>
55	Whimbrel	<i>Numenius phaeopus</i>
56	Lesser/Greater Yellowlegs	<i>Tringa flavipes/melanoleuca</i>
57	Laughing Gull	<i>Leucophaeus atricilla</i>
58	Sunbittern	<i>Eurypyga helias</i>
59	Wood Stork	<i>Mycteria americana</i>
60	Magnificent Frigatebird	<i>Fregata magnificens</i>
61	Anhinga	<i>Anhinga anhinga</i>
62	Neotropic Cormorant	<i>Nannopterum brasilianum</i>
63	White Ibis	<i>Eudocimus albus</i>
64	Rufescent Tiger-Heron	<i>Tigrisoma lineatum</i>
65	Bare-throated Tiger-Heron	<i>Tigrisoma mexicanum</i>
66	Boat-billed Heron	<i>Cochlearius cochlearius</i>
67	Yellow-crowned Night Heron	<i>Nyctanassa violacea</i>
68	Black-crowned Night Heron	<i>Nycticorax nycticorax</i>
69	Capped Heron	<i>Pilherodius pileatus</i>
70	Little Blue Heron	<i>Egretta caerulea</i>
71	Green Heron	<i>Butorides virescens</i>
72	Western Cattle-Egret	<i>Ardea ibis</i>
73	Great Egret	<i>Ardea alba</i>
74	Cocoi Heron	<i>Ardea cocoi</i>
75	Brown Pelican	<i>Pelecanus occidentalis</i>
76	King Vulture	<i>Sarcoramphus papa</i>
77	Black Vulture	<i>Coragyps atratus</i>
78	Turkey Vulture	<i>Cathartes aura</i>
79	Turkey Vulture (Tropical)	<i>Cathartes aura ruficollis</i>
80	Lesser Yellow-headed Vulture	<i>Cathartes burrovianus</i>
81	Osprey	<i>Pandion haliaetus</i>
82	Hook-billed Kite	<i>Chondrohierax uncinatus</i>
83	Gray-headed Kite	<i>Leptodon cayanensis</i>
84	Swallow-tailed Kite	<i>Elanoides forficatus</i>
85	Black Hawk-Eagle	<i>Spizaetus tyrannus</i>
86	Harpy Eagle	<i>Harpia harpyja</i>
87	Tiny Hawk	<i>Microspizias superciliosus</i>
88	Double-toothed Kite	<i>Harpagus bidentatus</i>
89	Plumbeous Kite	<i>Ictinia plumbea</i>
90	Crane Hawk	<i>Geranospiza caerulescens</i>

91	Black-collared Hawk	<i>Busarellus nigricollis</i>
92	Snail Kite	<i>Rostrhamus sociabilis</i>
93	Common Black Hawk	<i>Buteogallus anthracinus</i>
94	Savanna Hawk	<i>Buteogallus meridionalis</i>
95	Roadside Hawk	<i>Rupornis magnirostris</i>
96	White Hawk	<i>Pseudastur albicollis</i>
97	Gray-lined Hawk	<i>Buteo nitidus</i>
98	Short-tailed Hawk	<i>Buteo brachyurus</i>
99	Tropical Screech-Owl	<i>Megascops choliba</i>
100	Choco Screech-Owl	<i>Megascops centralis</i>
101	Crested Owl	<i>Lophostrix cristata</i>
102	Mottled Owl	<i>Strix virgata</i>
103	Black-and-white Owl	<i>Strix nigrolineata</i>
104	Slaty-tailed Trogon	<i>Trogon massena</i>
105	Black-tailed Trogon	<i>Trogon melanurus</i>
106	White-tailed Trogon	<i>Trogon chionurus</i>
107	Gartered Trogon	<i>Trogon caligatus</i>
108	Northern Black-throated Trogon	<i>Trogon tenellus</i>
109	Collared Trogon (Orange-bellied)	<i>Trogon collaris aurantiiventris</i>
110	Tody Motmot	<i>Hylomanes momotula</i>
111	Whooping Motmot	<i>Momotus subrufescens</i>
112	Rufous Motmot	<i>Baryphthengus martii</i>
113	Broad-billed Motmot	<i>Electron platyrhynchum</i>
114	Ringed Kingfisher	<i>Megaceryle torquata</i>
115	Amazon Kingfisher	<i>Chloroceryle amazona</i>
116	American Pygmy Kingfisher	<i>Chloroceryle aenea</i>
117	Green Kingfisher	<i>Chloroceryle americana</i>
118	White-necked Puffbird	<i>Notharchus hyperrhynchus</i>
119	Black-breasted Puffbird	<i>Notharchus pectoralis</i>
120	Pied Puffbird	<i>Notharchus tectus</i>
121	Barred Puffbird	<i>Nystalus radiatus</i>
122	White-whiskered Puffbird	<i>Malacoptila panamensis</i>
123	Gray-cheeked Nunlet	<i>Nonnula frontalis</i>
124	Rufous-tailed Jacamar	<i>Galbula ruficauda</i>
125	Great Jacamar	<i>Jacamerops aureus</i>
126	Spot-crowned Barbet	<i>Capito maculicoronatus</i>
127	Northern Emerald-Toucanet (Blue-throated)	<i>Aulacorhynchus prasinus caeruleogularis</i>
128	Collared Aracari	<i>Pteroglossus torquatus</i>
129	Yellow-throated Toucan	<i>Ramphastos ambiguus</i>
130	Yellow-throated Toucan (Chestnut-mandibled)	<i>Ramphastos ambiguus swainsonii</i>
131	Keel-billed Toucan	<i>Ramphastos sulfuratus</i>
132	Black-cheeked Woodpecker	<i>Melanerpes pucherani</i>
133	Red-crowned Woodpecker	<i>Melanerpes rubricapillus</i>
134	Red-rumped Woodpecker	<i>Dryobates kirkii</i>
135	Crimson-bellied Woodpecker	<i>Campephilus haematogaster</i>
136	Crimson-crested Woodpecker	<i>Campephilus melanoleucos</i>
137	Lineated Woodpecker	<i>Dryocopus lineatus</i>
138	Cinnamon Woodpecker	<i>Celeus loricatus</i>

139	Golden-green Woodpecker	<i>Piculus chrysochloros</i>
140	Spot-breasted Woodpecker	<i>Colaptes punctigula</i>
141	Laughing Falcon	<i>Herpetotheres cachinnans</i>
142	Collared Forest-Falcon	<i>Micrastur semitorquatus</i>
143	Crested Caracara	<i>Caracara plancus</i>
144	Red-throated Caracara	<i>Ibycter americanus</i>
145	Yellow-headed Caracara	<i>Daptrius chimachima</i>
146	American Kestrel	<i>Falco sparverius</i>
147	Bat Falcon	<i>Falco rufigularis</i>
148	Orange-chinned Parakeet	<i>Brotogeris jugularis</i>
149	Brown-hooded Parrot	<i>Pyrrhula haematotis</i>
150	Blue-headed Parrot	<i>Pionus menstruus</i>
151	Red-lore Amazon	<i>Amazona autumnalis</i>
152	Mealy Amazon	<i>Amazona farinosa</i>
153	Spectacled Parrotlet	<i>Forpus conspicillatus</i>
154	Chestnut-fronted Macaw	<i>Ara severus</i>
155	Fasciated Antshrike	<i>Cymbilaimus lineatus</i>
156	Barred Antshrike	<i>Thamnophilus doliatus</i>
157	Black-crowned Antshrike	<i>Thamnophilus atrinucha</i>
158	Black Antshrike	<i>Thamnophilus nigriceps</i>
159	Russet Antshrike	<i>Thamnistes anabatinus</i>
160	Plain Antwreos	<i>Dysithamnus mentalis</i>
161	Spot-crowned Antwreos	<i>Dysithamnus puncticeps</i>
162	Checker-throated Stipplethroat	<i>Epinecrophylia fulviventris</i>
163	Moustached Antwren	<i>Myrmotherula ignota</i>
164	White-flanked Antwren	<i>Myrmotherula axillaris</i>
165	Slaty Antwren	<i>Myrmotherula schisticolor</i>
166	Rusty-winged Antwren	<i>Herpsilochmus frater</i>
167	Dot-winged Antwren	<i>Microrhopias quixensis</i>
168	Dusky Antbird	<i>Cercomacroides tyrannina</i>
169	Bare-crowned Antbird	<i>Gymnocichla nudiceps</i>
170	White-bellied Antbird	<i>Myrmeciza longipes</i>
171	Chestnut-backed Antbird	<i>Poliocrania exsul</i>
172	Dull-mantled Antbird	<i>Sipia laemosticta</i>
173	Bicolored Antbird	<i>Gymnopathys bicolor</i>
174	Spotted Antbird	<i>Hylophylax naevioides</i>
175	Black-crowned Antpitta	<i>Pittasoma michleri</i>
176	Streak-chested Antpitta	<i>Hylopezus perspicillatus</i>
177	Black-faced Antthrush	<i>Formicarius analis</i>
178	Plain-brown Woodcreeper	<i>Dendrocincla fuliginosa</i>
179	Wedge-billed Woodcreeper	<i>Glyphorhynchus spirurus</i>
180	Northern Barred-Woodcreeper	<i>Dendrocolaptes sanctithomae</i>
181	Cocoa Woodcreeper	<i>Xiphorhynchus susurrans</i>
182	Black-striped Woodcreeper	<i>Xiphorhynchus lachrymosus</i>
183	Spotted Woodcreeper	<i>Xiphorhynchus erythropygius</i>
184	Brown-billed Scythebill	<i>Campylorhamphus pusillus</i>
185	Streak-headed Woodcreeper	<i>Lepidocolaptes souleyetii</i>
186	Northern Plain-Xenops	<i>Xenops mexicanus</i>

187	Spotted Barbtail	<i>Premnoplex brunnescens</i>
188	Double-banded Graytail	<i>Xenerpestes minlosi</i>
189	Red-faced Spinetail	<i>Cranioleuca erythroptus</i>
190	Lance-tailed Manakin	<i>Chiroxiphia lanceolata</i>
191	White-ruffed Manakin	<i>Corapipo altera</i>
192	Velvety Manakin	<i>Lepidothrix velutina</i>
193	Golden-collared Manakin	<i>Manacus vitellinus</i>
194	Red-capped Manakin	<i>Ceratopipra mentalis</i>
195	Golden-headed Manakin	<i>Ceratopipra erythrocephala</i>
196	Purple-throated Fruitcrow	<i>Querula purpurata</i>
197	Blue Cotinga	<i>Cotinga nattererii</i>
198	Black-crowned Tityra	<i>Tityra inquisitor</i>
199	Masked Tityra	<i>Tityra semifasciata</i>
200	Northern Schiffornis	<i>Schiffornis veraepacis</i>
201	Russet-winged Schiffornis	<i>Schiffornis stenorhyncha</i>
202	Cinnamon Becard	<i>Pachyramphus cinnamomeus</i>
203	White-winged Becard	<i>Pachyramphus polychopterus</i>
204	Tropical Royal Flycatcher	<i>Onychorhynchus coronatus</i>
205	Ruddy-tailed Flycatcher	<i>Terentriccus erythrurus</i>
206	Black-tailed Flycatcher	<i>Myiobius atricaudus</i>
207	Golden-crowned Spadebill	<i>Platyrinchus coronatus</i>
208	Ochre-bellied Flycatcher	<i>Mionectes oleagineus</i>
209	Sepia-capped Flycatcher	<i>Leptopogon amaurocephalus</i>
210	Yellow-green Tyrannulet	<i>Phylloscartes flavovirens</i>
211	Rufous-browed Tyrannulet	<i>Phylloscartes superciliaris</i>
212	Southern Bentbill	<i>Oncostoma olivaceum</i>
213	Common Tody-Flycatcher	<i>Todirostrum cinereum</i>
214	Black-headed Tody-Flycatcher	<i>Todirostrum nigriceps</i>
215	Eye-ringed Flatbill	<i>Rhynchocyclus brevirostris</i>
216	Western Olivaceous Flatbill	<i>Rhynchocyclus aequinoctialis</i>
217	Yellow-olive Flatbill	<i>Tolmomyias sulphurescens</i>
218	Yellow-winged Flatbill	<i>Tolmomyias flavotectus</i>
219	Ochre-ored Flatbill	<i>Tolmomyias flaviventris</i>
220	Brown-capped Tyrannulet	<i>Ornithion brunneicapillus</i>
221	Southern Beardless-Tyrannulet	<i>Camptostoma obsoletum</i>
222	Yellow-crowned Tyrannulet	<i>Tyrannulus elatus</i>
223	Forest Elaenia	<i>Myiopagis gaimardii</i>
224	Yellow-bellied Elaenia	<i>Elaenia flavogaster</i>
225	Lesser Elaenia	<i>Elaenia chiriquensis</i>
226	Sooty-headed Tyrannulet	<i>Phyllomyias griseiceps</i>
227	Mistletoe Tyrannulet	<i>Zimmerius parvus</i>
228	Tufted Flycatcher	<i>Mitrephanes phaeocercus</i>
229	Western Wood-Pewee	<i>Contopus sordidulus</i>
230	Eastern Wood-Pewee	<i>Contopus virens</i>
231	Pied Water-Tyrant	<i>Fluvicola pica</i>
232	Long-tailed Tyrant	<i>Colonia colonus</i>
233	Bright-rumped Attila	<i>Attila spadiceus</i>
234	Choco Sirystes	<i>Sirystes albogriseus</i>

235	Dusky-capped Flycatcher	<i>Myiarchus tuberculifer</i>
236	Panama Flycatcher	<i>Myiarchus panamensis</i>
237	Lesser Kiskadee	<i>Philohydor lictor</i>
238	Great Kiskadee	<i>Pitangus sulphuratus</i>
239	Boat-billed Flycatcher	<i>Megarynchus pitangua</i>
240	Rusty-margined Flycatcher	<i>Myiozetetes cayanensis</i>
241	Social Flycatcher	<i>Myiozetetes similis</i>
242	Gray-capped Flycatcher	<i>Myiozetetes granadensis</i>
243	White-ringed Flycatcher	<i>Conopias albobittatus</i>
244	Streaked Flycatcher	<i>Myiodynastes maculatus</i>
245	Piratic Flycatcher	<i>Legatus leucophaeus</i>
246	Tropical Kingbird	<i>Tyrannus melancholicus</i>
247	Scrub Greenlet	<i>Hylophilus flavipes</i>
248	Green Shrike-Vireo	<i>Vireolanius pulchellus</i>
249	Lesser Greenlet	<i>Pachysylvia decurtata</i>
250	Golden-fronted Greenlet	<i>Pachysylvia aurantiifrons</i>
251	Yellow-green Vireo	<i>Vireo flavoviridis</i>
252	Black-chested Jay	<i>Cyanocorax affinis</i>
253	Black-capped Donacobius	<i>Donacobius atricapilla</i>
254	Mangrove Swallow	<i>Tachycineta albilinea</i>
255	Purple Martin	<i>Progne subis</i>
256	Gray-breasted Martin	<i>Progne chalybea</i>
257	Southern Rough-winged Swallow	<i>Stelgidopteryx ruficollis</i>
258	Barn Swallow	<i>Hirundo rustica</i>
259	Tawny-faced Gnatwren	<i>Microbates cinereiventris</i>
260	Long-billed Gnatwren	<i>Ramphocaenus melanurus</i>
261	White-browed Gnatcatcher	<i>Polioptila bilineata</i>
262	Scaly-breasted Wren	<i>Microcerculus marginatus</i>
263	Southern House Wren	<i>Troglodytes musculus</i>
264	Ochraceous Wren	<i>Troglodytes ochraceus</i>
265	Bicolored Wren	<i>Campylorhynchus griseus</i>
266	Black-bellied Wren	<i>Pheugopedius fasciatoventris</i>
267	Rufous-breasted Wren	<i>Pheugopedius rutilus</i>
268	Rufous-and-white Wren	<i>Thryophilus rufalbus</i>
269	Isthmian Wren	<i>Cantorchilus elutus</i>
270	Bay Wren	<i>Cantorchilus nigricapillus</i>
271	White-breasted Wood-Wren	<i>Henicorhina leucosticta</i>
272	Gray-breasted Wood-Wren	<i>Henicorhina leucophrys</i>
273	Song Wren	<i>Cyphorhinus phaeocephalus</i>
274	Tropical Mockingbird	<i>Mimus gilvus</i>
275	Pale-vented Thrush	<i>Turdus obsoletus</i>
276	Clay-colored Thrush	<i>Turdus grayi</i>
277	House Sparrow	<i>Passer domesticus</i>
278	Yellow-crowned Euphonia	<i>Euphonia luteicapilla</i>
279	White-vented Euphonia	<i>Euphonia minuta</i>
280	Thick-billed Euphonia	<i>Euphonia laniirostris</i>
281	Fulvous-vented Euphonia	<i>Euphonia fulvicrissa</i>
282	Tawny-capped Euphonia	<i>Euphonia anae</i>

283	Lesser Goldfinch	<i>Spinus psaltria</i>
284	Common Chlorospingus	<i>Chlorospingus flavopectus</i>
285	Orange-billed Sparrow	<i>Arremon aurantiirostris</i>
286	Chestnut-capped Brushfinch	<i>Arremon brunneinucha</i>
287	Yellow-billed Cacique	<i>Amblycercus holosericeus</i>
288	Crested Oropendola	<i>Psarocolius decumanus</i>
289	Chestnut-headed Oropendola	<i>Psarocolius wagleri</i>
290	Black Oropendola	<i>Psarocolius guatimozinus</i>
291	Scarlet-rumped Cacique	<i>Cacicus uropygialis</i>
292	Yellow-backed Oriole	<i>Icterus chrysater</i>
293	Orange-crowned Oriole	<i>Icterus auricapillus</i>
294	Shiny Cowbird	<i>Molothrus bonariensis</i>
295	Great-tailed Grackle	<i>Quiscalus mexicanus</i>
296	Carib Grackle	<i>Quiscalus lugubris</i>
297	Chestnut-capped Warbler	<i>Basileuterus delatirii</i>
298	Buff-rumped Warbler	<i>Myiothlypis fulvicauda</i>
299	Dusky-faced Tanager	<i>Mitrospingus cassinii</i>
300	Hepatic Tanager	<i>Piranga flava</i>
301	Red-crowned Ant-Tanager	<i>Habia rubica</i>
302	Red-throated Ant-Tanager	<i>Driophlox fuscicauda</i>
303	Blue-black Grosbeak	<i>Cyanoloxia cyanoides</i>
304	Gray-headed Tanager	<i>Eucometis penicillata</i>
305	White-shouldered Tanager	<i>Loriotus luctuosus</i>
306	Tawny-crested Tanager	<i>Tachyphonus delatirii</i>
307	White-lined Tanager	<i>Tachyphonus rufus</i>
308	Flame-rumped Tanager (Lemon-rumped)	<i>Ramphocelus flammigerus icteronotus</i>
309	Crimson-backed Tanager	<i>Ramphocelus dimidiatus</i>
310	Blue-gray Tanager	<i>Thraupis episcopus</i>
311	Palm Tanager	<i>Thraupis palmarum</i>
312	Golden-hooded Tanager	<i>Stilpnia larvata</i>
313	Plain-colored Tanager	<i>Tangara inornata</i>
314	Bay-headed Tanager	<i>Tangara gyrola</i>
315	Emerald Tanager	<i>Tangara florida</i>
316	Silver-throated Tanager	<i>Tangara icterocephala</i>
317	Scarlet-thighed Dacnis	<i>Dacnis venusta</i>
318	Blue Dacnis	<i>Dacnis cayana</i>
319	Shining Honeycreeper	<i>Cyanerpes lucidus</i>
320	Red-legged Honeycreeper	<i>Cyanerpes cyaneus</i>
321	Green Honeycreeper	<i>Chlorophanes spiza</i>
322	Black-and-yellow Tanager	<i>Chrysothlypis chrysomelas</i>
323	White-eared Conebill	<i>Conirostrum leucogenys</i>
324	Saffron Finch	<i>Sicalis flaveola</i>
325	Blue-black Grassquit	<i>Volatinia jacarina</i>
326	Ruddy-breasted Seedeater	<i>Sporophila minuta</i>
327	Thick-billed Seed-Finch	<i>Sporophila funerea</i>
328	Variable Seedeater	<i>Sporophila corvina</i>
329	Yellow-bellied Seedeater	<i>Sporophila nigricollis</i>
330	Slate-colored Seedeater	<i>Sporophila schistacea</i>

331	Bananaquit	<i>Coereba flaveola</i>
332	Yellow-faced Grassquit	<i>Tiaris olivaceus</i>
333	Buff-throated Saltator	<i>Saltator maximus</i>
334	Streaked Saltator	<i>Saltator striatipectus</i>

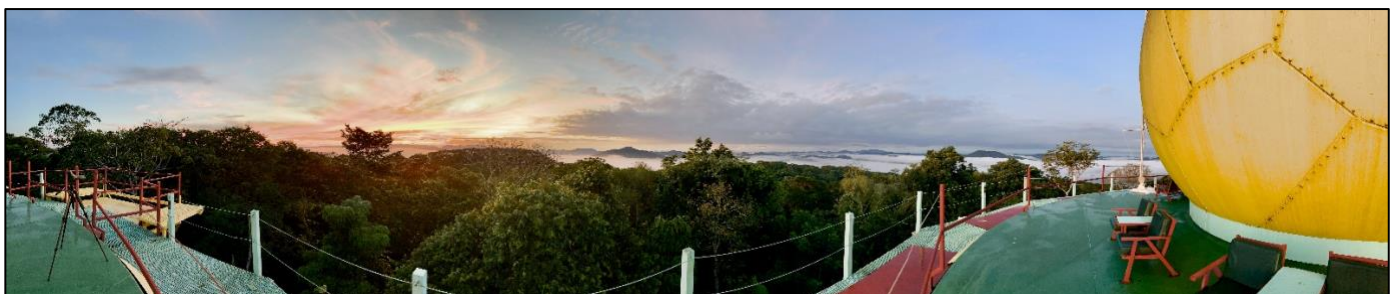
#	SPECIES - other critters	SCIENTIFIC NAME
1	Common Opossum	<i>Didelphis marsupialis</i>
2	Central American Woolly Opossum	<i>Caluromys derbianus</i>
3	Hoffmann's Two-toed Sloth	<i>Choloepus hoffmanni</i>
4	Brown-throated Three-toed Sloth	<i>Bradypus variegatus</i>
5	Nine-banded Armadillo	<i>Dasybus novemcinctus</i>
6	Lesser White-lined Bat	<i>Saccopteryx leptura</i>
7	Greater White-lined Bat	<i>Saccopteryx bilineata</i>
8	Greater Bulldog (Fishing) Bat	<i>Noctilio leporinus</i>
9	Common Tent-making Bat	<i>Uroderma bilobatum</i>
10	Little Mastiff Bat	<i>Molossus molossus</i>
11	Geoffroy's Tamarin	<i>Sanguinus geoffroyi</i>
12	White-faced Capuchin	<i>Cebus capucinus</i>
13	Mantled Howler	<i>Alouatta palliata</i>
14	Variegated Squirrel	<i>Sciurus variegatoides</i>
15	Red-tailed Squirrel	<i>Sciurus granatensis</i>
16	Alfaro's Pygmy Squirrel	<i>Microsciurus alfari</i>
17	Rufous Tree Rat	<i>Diplomys labilis</i>
18	Central American Agouti	<i>Dasyprocta punctata</i>
19	Kinkajou	<i>Potos flavus</i>
20	White-nosed Coati	<i>Nasua narica</i>
21	Allen's Olingo	<i>Bassaricyon alleni</i>
22	Collared Peccary	<i>Pecari tajacu</i>
23	White-tailed Deer	<i>Odocoileus virginianus</i>
24	Morpho FULLY blue species	<i>Morpho sp.</i>
25	Morpho blue with black edges species	<i>Morpho sp.</i>
26	Grenn Iguana	<i>Iguana iguana</i>
27	Ameiva species	<i>Ameiva sp.</i>
28	Yellow-headed Gecko	<i>Gonatodes albogularis</i>
29	Common Basilisk	<i>Basiliscus basiliscus</i>
30	Rain Frog species	<i>Pristimantis sp.</i>
31	Talamanca/Striped Rocket Frog	<i>Allobates talamancae</i>
32	Masked Tree Frog	<i>Smilisca phaeota</i>
33	Red-webbed/Canal Zone Tree Frog	<i>Boana/Hypsiboas rufitela</i>
34	Savage's thin-toed Frog/Smoky Jungle Frog	<i>Leptodactylus savagei</i>
35	Fleischmann's/Tatoyo's Glass Frog	<i>Hyalinobatrachium fleischmanni tatoyoi</i>

36	Tungara Frog	<i>Engystomops pustulosus</i>
37	Cane Toad	<i>Rhinella marina</i>
38	Slider species	<i>Trachemys sp.</i>
39	Rainbow Whiptail	<i>Cnemidophorus lemniscatus</i>
40	Four-lined Whiptail	<i>Holcosus quadrilineatus</i>
41	Mourning Gecko	<i>Lepidodactylus lugubris</i>

I certainly hope to be back to Panama soon and birding with all my Sunrise Birding clients soon on other countries... THANKS very much! – Diego Calderón-Franco (Colombia).



Group at Panama Rainforest Discovery Center tower (Pilar Restrepo)



Sunrise BIRDING at Canopy Tower (Diego Calderon Franco)